



## III Trilho de S.Miguel



### Classificação Geral

### Trail 17 km

Pos.	Dor.	Nome	Cat.	Pos.Cat	Tempo	T/Km.	Dif.
1	83	Paulo Amaral,	M40	1	<b>1:14:03.45</b>	04:21	
2	36	Vitor Pleno,	SM	1	<b>1:14:06.92</b>	04:22	0:00:04
3	32	Gustavo Barandas,	SM	2	<b>1:15:46.94</b>	04:27	0:01:44
4	30	ORLANDO pIRES,	M45	1	<b>1:15:50.03</b>	04:28	0:01:47
5	26	Vítor Godinho,	M45	2	<b>1:16:22.79</b>	04:30	0:02:20
6	90	João Silva,	M40	2	<b>1:18:37.17</b>	04:37	0:04:34
7	113	José Josus,	M50	1	<b>1:18:52.78</b>	04:38	0:04:50
8	150	Eduardo Moreira,	M40	3	<b>1:19:10.61</b>	04:39	0:05:08
9	59	Tiago Rafael Mendes Duarte,	SM	3	<b>1:19:21.79</b>	04:40	0:05:19
10	137	Vitor Cardoso,	M40	4	<b>1:19:38.99</b>	04:41	0:05:36
11	38	Paulo Neves,	SM	4	<b>1:20:07.64</b>	04:43	0:06:05
12	89	Ricardo Santos,	SM	5	<b>1:20:52.44</b>	04:45	0:06:49
13	106	Pedro Cardoso,	M40	5	<b>1:22:44.80</b>	04:52	0:08:42
14	88	Valter Lopes,	SM	6	<b>1:22:47.09</b>	04:52	0:08:44
15	25	Alfredo Miguel Oliveira Gaspar,	SM	7	<b>1:24:26.02</b>	04:58	0:10:23
16	99	António Manuel Oliveira Ferrolho,	M45	3	<b>1:24:27.33</b>	04:58	0:10:24
17	3	André Magalhães,	SM	8	<b>1:24:27.93</b>	04:58	0:10:25
18	51	José Manuel Jesus Zananar,	M50	2	<b>1:24:33.32</b>	04:58	0:10:30
19	77	Joaquim Paulo Rodrigues Baltazar,	SM	9	<b>1:24:38.84</b>	04:59	0:10:36
20	42	Vasco Morais Pinheiro de Sousa,	M50	3	<b>1:26:35.16</b>	05:06	0:12:32
21	107	Jorge Simões,	SM	10	<b>1:26:43.43</b>	05:06	0:12:40
22	33	Tiago Silva,	SM	11	<b>1:27:39.49</b>	05:09	0:13:36
23	101	João Franco,	SM	12	<b>1:27:42.19</b>	05:10	0:13:39
24	12	Arnaldo Ferreira,	M40	6	<b>1:27:50.62</b>	05:10	0:13:48
25	8	Vitor Manuel da Silva Gonçalves,	M50	4	<b>1:27:54.73</b>	05:10	0:13:52
26	85	Pedro Filipe Dias Moreira,	SM	13	<b>1:28:40.43</b>	05:13	0:14:37
27	73	Artur Jorge Henriques Gândara,	SM	14	<b>1:28:42.52</b>	05:13	0:14:40
28	110	Lourenço,	SM	15	<b>1:28:57.09</b>	05:14	0:14:54
29	72	Vera Susana Gonçalves Ferreira Bernardo,	SF	1	<b>1:29:42.46</b>	05:17	0:15:39
30	78	Jose Manuel Amado Marques,	M50	5	<b>1:29:46.00</b>	05:17	0:15:43
31	138	Paulo Batista,	M45	4	<b>1:29:47.00</b>	05:17	0:15:44
32	100	Bruno Alexandre da Silva Marques,	SM	16	<b>1:29:49.00</b>	05:17	0:15:46
33	19	PAULO AÇAFRÃO,	M50	6	<b>1:29:51.00</b>	05:17	0:15:48
34	95	Filipe Saltão,	SM	17	<b>1:30:28.22</b>	05:19	0:16:25
35	20	Alex Pedro da Silva,	SM	18	<b>1:30:44.45</b>	05:20	0:16:41
36	39	Mário Neves,	M50	7	<b>1:31:09.43</b>	05:22	0:17:06
37	21	Amilcar José da Silva Ramos,	M40	7	<b>1:31:51.05</b>	05:24	0:17:48
38	62	Diogo Alheio,	SM	19	<b>1:32:47.48</b>	05:27	0:18:44
39	102	Paulo Acúrsio,	M50	8	<b>1:32:50.31</b>	05:28	0:18:47
40	140	João Vaz,	M40	8	<b>1:33:20.66</b>	05:29	0:19:18
41	34	Andreia Baptista,	SF	2	<b>1:33:34.12</b>	05:30	0:19:31
42	18	José Maçarria,	M50	9	<b>1:33:35.07</b>	05:30	0:19:32
43	75	Carlos Manuel Lopes Quinteiro,	M50	10	<b>1:33:37.07</b>	05:30	0:19:34

44	27 Nuno Filipe Correia Rodrigues,	M45	5	<b>1:34:41.05</b>	05:34	0:20:38
45	133 Rafael Figueiredo,	SM	20	<b>1:34:59.85</b>	05:35	0:20:57
46	44 José Carlos Simões,	M45	6	<b>1:35:53.70</b>	05:38	0:21:51
47	66 JOSE COCENAS,	M50	11	<b>1:36:24.42</b>	05:40	0:22:21
48	46 Nuno Almeida,	SM	21	<b>1:38:18.01</b>	05:47	0:24:15
49	86 Pedro Galhano,	SM	22	<b>1:39:42.24</b>	05:52	0:25:39
50	28 Fernando Fontes Marques dos Santos,	M50	12	<b>1:40:05.87</b>	05:53	0:26:03
51	15 Carlos Manuel de Oliveira Palaio,	M45	7	<b>1:41:59.18</b>	06:00	0:27:56
52	52 Ricardo Manuel Santos Pereira,	SM	23	<b>1:42:01.99</b>	06:00	0:27:59
53	11 Augusto Silva,	M50	13	<b>1:42:15.96</b>	06:01	0:28:13
54	70 Nancy Cantante,	SF	3	<b>1:42:20.48</b>	06:01	0:28:17
55	22 Lurdes Gil,	F45	1	<b>1:42:26.65</b>	06:02	0:28:24
56	37 Virgílio Neto,	M40	9	<b>1:43:21.58</b>	06:05	0:29:19
57	60 Elton Pinho,	SM	24	<b>1:43:34.05</b>	06:06	0:29:31
58	91 Antonio Silva,	M60	1	<b>1:43:57.49</b>	06:07	0:29:54
59	92 Cidália Maria dos Santos Oliveira,	F45	2	<b>1:45:26.86</b>	06:12	0:31:24
60	1 Pedro Figueiredo,	SM	25	<b>1:45:35.56</b>	06:13	0:31:33
61	122 José Nunes,	SM	26	<b>1:45:42.13</b>	06:13	0:31:39
62	55 Rui Daniel Cruz Reis,	SM	27	<b>1:48:01.61</b>	06:21	0:33:59
63	84 Luís António Pinto Pereira,	M50	14	<b>1:48:19.20</b>	06:22	0:34:16
64	68 Ricardo Emanuel Pereira,	SM	28	<b>1:48:39.10</b>	06:23	0:34:36
65	10 Paula coto,	F45	3	<b>1:48:40.16</b>	06:24	0:34:37
66	23 Paulo Sérgio Carvalho Freitas Pereira,	M45	8	<b>1:48:40.85</b>	06:24	0:34:38
67	134 Fernando Costa,	M50	15	<b>1:48:50.12</b>	06:24	0:34:47
68	24 Patrícia Isabel da Costa Simões,	SF	4	<b>1:49:00.72</b>	06:25	0:34:58
69	4 Marina Cabral Mota de Carvalho,	SF	5	<b>1:49:10.17</b>	06:25	0:35:07
70	9 Vitor Santos,	M40	10	<b>1:49:10.80</b>	06:25	0:35:08
71	149 Dany Mateus,	SM	29	<b>1:49:24.49</b>	06:26	0:35:21
72	103 Anabela Rodrigues Fonseca,	F45	4	<b>1:50:39.89</b>	06:31	0:36:37
73	58 Rosa Guardão,	F45	5	<b>1:50:57.48</b>	06:32	0:36:54
74	141 Urânia Chuva,	F40	1	<b>1:51:09.02</b>	06:32	0:37:06
75	104 Ana Reis,	SF	6	<b>1:51:43.74</b>	06:34	0:37:41
76	63 Sofia Alexandra Jorge Simões,	SF	7	<b>1:52:38.50</b>	06:38	0:38:36
77	45 Vanessa Reboca,	F40	2	<b>1:52:41.96</b>	06:38	0:38:39
78	6 Sandra Agra,	SF	8	<b>1:53:42.09</b>	06:41	0:39:39
79	5 Daniel Gonçalves Marcos,	SM	30	<b>1:53:42.67</b>	06:41	0:39:40
80	13 Fausto Henrique Matos Carvalho,	M60	2	<b>1:53:43.62</b>	06:41	0:39:41
81	81 Marisa Fernandes,	SF	9	<b>1:53:44.57</b>	06:41	0:39:42
82	87 Jorge Pereira,	SM	31	<b>1:55:00.93</b>	06:46	0:40:58
83	94 Vânia Paixão,	SF	10	<b>1:55:51.78</b>	06:49	0:41:49
84	14 Inês Santos,	SF	11	<b>1:56:28.17</b>	06:51	0:42:25
85	40 Moisés Nunes,	M50	16	<b>1:56:31.08</b>	06:51	0:42:28
86	105 Albino Leonardo,	M45	9	<b>1:58:04.98</b>	06:57	0:44:02
87	49 Isabel Trindade,	F50	1	<b>1:58:23.01</b>	06:58	0:44:20
88	80 Ivan Costa,	SM	32	<b>1:58:54.02</b>	07:00	0:44:51
89	139 Nuno Ribeiro,	SM	33	<b>1:59:52.89</b>	07:03	0:45:50
90	67 Hernâni Pedroso,	M45	10	<b>2:00:26.09</b>	07:05	0:46:23
91	57 Paulo Rocha,	M40	11	<b>2:03:34.04</b>	07:16	0:49:31
92	146 Anabela Colaço,	F40	3	<b>2:03:52.57</b>	07:17	0:49:50
93	47 Joao,	SM	34	<b>2:05:09.19</b>	07:22	0:51:06
94	71 Ana Carolina Jacob Melo,	SF	12	<b>2:05:26.34</b>	07:23	0:51:23
95	98 Sónia Lima,	F40	4	<b>2:05:33.29</b>	07:23	0:51:30
96	65 Marisa Amaral de Almeida,	SF	13	<b>2:05:41.46</b>	07:24	0:51:38
97	135 Dora Dourado,	F40	5	<b>2:06:42.00</b>	07:27	0:52:39
98	131 Carina Jordão,	SF	14	<b>2:06:43.43</b>	07:27	0:52:40
99	136 David Costa,	SM	35	<b>2:06:45.00</b>	07:27	0:52:42
100	111 Julia Legkova,	SF	15	<b>2:06:46.00</b>	07:27	0:52:43
101	74 Carla Susana Marques Freire,	F40	6	<b>2:08:51.40</b>	07:35	0:54:48
102	64 Orlando Almeida,	SM	36	<b>2:08:52.62</b>	07:35	0:54:50

103	53 Tiago Guiomar,	SM	37	<b>2:09:13.32</b>	07:36	0:55:10
104	124 Rita Carvalho,	SF	16	<b>2:09:14.64</b>	07:36	0:55:12
105	54 Alexandra Maia,	F40	7	<b>2:09:19.83</b>	07:36	0:55:17
106	35 Maria Dias Rodrigues,	SF	17	<b>2:09:41.10</b>	07:38	0:55:38
107	76 Cristina Isabel da Silva Melo,	F45	6	<b>2:15:28.74</b>	07:58	1:01:26
108	50 Fernando Luis,	M60	3	<b>2:15:30.22</b>	07:58	1:01:27
109	82 Telmo Rodrigues,	SM	38	<b>2:22:07.81</b>	08:22	1:08:05
110	97 Tiago Gonçalves,	SM	39	<b>2:22:13.24</b>	08:22	1:08:10
111	96 João Melanda,	SM	40	<b>2:22:14.85</b>	08:22	1:08:12
112	2 NUNO MIGUEL DIAS ALVES,	M45	11	<b>2:25:48.10</b>	08:35	1:11:45
113	16 Maria Fátima Rocha Oliveira,	F40	8	<b>2:27:26.93</b>	08:40	1:13:24
114	17 Diogo Miguel Oliveira Palaio,	SM	41	<b>2:27:28.02</b>	08:40	1:13:25
115	108 Luis Caridade,	M40	12	<b>2:43:29.53</b>	09:37	1:29:27