

## Classificação Geral

## Trail Curto

## 15,00 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	2035	Ricardo Mendes,	Ama(dores) Trail Team / ACRU	SM	1	1:21:40.69	05:27	
2	2209	Mário Firmino,	Dolce Furadouro	SM	2	1:24:34.12	05:38	0:02:53
3	2207	Miguel Pires,	AR Casaense / Escola de Atletismo de Co	V40M	1	1:26:22.73	05:46	0:04:42
4	2287	Carlos Manuel Dias Simões,	Ama(dores) Trail Team / ACRU	SM	3	1:27:03.08	05:48	0:05:22
5	2138	António Silvino,	A ENERGIA DA CORRIDA	V50M	1	1:27:17.77	05:49	0:05:37
6	2323	joão souza,	nucleo sporting de torres novas	V50M	2	1:27:49.24	05:51	0:06:08
7	2148	David Santos,	Trail do Chicharo da Serra	V40M	2	1:28:11.07	05:53	0:06:30
8	2327	Rui Pires,	Vespinga Saudável / FET	SM	4	1:29:44.35	05:59	0:08:03
9	2181	Hugo Nalha,	Clube Triatlo de Abrantes	V40M	3	1:30:36.20	06:02	0:08:55
10	2319	Fábio Filipe,	CA Barreira	SM	5	1:31:22.78	06:06	0:09:42
11	2342	Sergio Vieira,	Vespinga Saudável / FET	SM	6	1:31:52.56	06:08	0:10:12
12	2128	David Pereira,	Ama(dores) Trail Team / ACRU	SM	7	1:32:03.60	06:08	0:10:23
13	2100	Ricardo Gonçalves,	CP CMP	SM	8	1:32:16.57	06:09	0:10:36
14	2290	Carlos Valente,	A. C. S. Mamede	V50M	3	1:32:25.04	06:10	0:10:44
15	2214	Gil Vicente,	Caracol Trail Team	V40M	4	1:32:55.55	06:12	0:11:15
16	2114	Luís Ramos,		V40M	5	1:32:56.42	06:12	0:11:15
17	2078	Filipe Marques,	Turres Trail Team	V40M	6	1:32:55.50	06:12	0:11:16
18	2017	José Dias,	ZONA ALTA TRAIL	V50M	4	1:33:40.51	06:15	0:12:00
19	2240	Tiago David,		SM	9	1:34:09.41	06:17	0:12:28
20	2248	Humberto Gonçalves,		V40M	7	1:34:29.08	06:18	0:12:48
21	2258	Eduardo Ferreira,	Trilho do Infante - Penela	SM	10	1:34:41.42	06:19	0:13:00
22	2235	Nuno Lopes,		SM	11	1:34:51.19	06:19	0:13:10
23	2005	Francisco Henriques,	CLAC Entroncamento/OndaTrilhos	V40M	8	1:35:12.86	06:21	0:13:32
24	2163	Pedro Mourão,	Caracol Trail Team	V40M	9	1:38:07.03	06:32	0:16:26
25	2259	Germano Capela,	CA Barreira	V50M	5	1:38:34.21	06:34	0:16:53
26	2124	Ricardo Goncalves,	Vespinga Saudável / FET	V40M	10	1:39:42.78	06:39	0:18:02
27	2162	Alberico Rosa,		SM	12	1:40:06.16	06:40	0:18:25
28	2280	Nuno Reis,	Vespinga Saudável / FET	V40M	11	1:40:10.26	06:41	0:18:29
29	2071	Pedro Reis,	Os Tolinhos	V40M	12	1:40:32.68	06:42	0:18:52
30	2233	José Guimas,	Os Matreco	V50M	6	1:40:33.87	06:42	0:18:53
31	2260	Jorge Agostinho,	CA Barreira	V60M	1	1:40:57.94	06:44	0:19:17
32	2254	Marco Franco,	Clube De Atletismo Ferreira Do Zêzere	SM	13	1:40:59.06	06:44	0:19:18
33	2308	Carlos António,	Não dá +	V40M	13	1:41:20.31	06:45	0:19:39
34	2075	Vitor Neves,	Expofat	V50M	7	1:41:27.42	06:46	0:19:46
35	2211	Carlos Duro,	A.D.R Águas Belas	V60M	2	1:41:56.10	06:48	0:20:15
36	2106	Jose Freitas Da Silva Silva,	CASA DO BENFICA EM ABRANTES	V50M	8	1:42:00.67	06:48	0:20:20
37	2204	ANDREIA CORREIA,	Vespinga Saudável / FET	SF	1	1:42:12.58	06:49	0:20:32
38	2159	FRED KALAHARI,	Vespinga Saudável / FET	V40M	14	1:42:12.58	06:49	0:20:32
39	2245	Fernando Jacinto,	Gasoutos-Grupo Atlético dos Soutos	V50M	9	1:42:40.79	06:51	0:21:00
40	2247	Mário Carvalho,	Gasoutos-Grupo Atlético dos Soutos	V40M	15	1:42:45.68	06:51	0:21:05
41	2273	António Reis,	SUPERFRESCO TRAIL TEAM	V50M	10	1:43:21.36	06:53	0:21:40
42	2268	Luis M Lopes,	Vespinga Saudável / FET	V40M	16	1:43:30.24	06:54	0:21:49
43	2293	Nicola Reis,	Furateam	SM	14	1:43:55.33	06:56	0:22:14
44	2294	Mickael Reis,	Furateam	SM	15	1:43:56.19	06:56	0:22:15
45	2238	Nuno Arelo,	Não dá +	SM	16	1:44:03.30	06:56	0:22:22
46	2236	João Proença,	Trilhos dos Templários / XPORFIT	SM	17	1:44:09.55	06:57	0:22:29
47	2109	Filipe Caldeira,	Scfz trail team	V40M	17	1:44:20.93	06:57	0:22:40
48	2356	Pedro Calvario,		V40M	18	1:44:26.30	06:58	0:22:45
49	2249	Nelson Sousa,	GAC - CARANGEJEIRA	V40M	19	1:45:26.93	07:02	0:23:46
50	2217	VERA VENÂNCIO,	CASA DO BENFICA EM ABRANTES	SF	2	1:45:47.27	07:03	0:24:06
51	2193	Jorge Santos,	BLUE TEAM	SM	18	1:46:01.22	07:04	0:24:20
52	2066	Carlos Major,	G.D.C. Eirapedrense	V50M	11	1:46:02.85	07:04	0:24:22
53	2195	Filipe Cristóvão,	BLUE TEAM	SM	19	1:46:15.03	07:05	0:24:34
54	2188	Patrício Gaspar,	ECODEPUR	SM	20	1:46:22.11	07:05	0:24:41
55	2336	Andreia Baptista,		SF	3	1:47:45.90	07:11	0:26:05

56	<b>2325</b>	Gracinda Lopes oliveira	Gracinda,	V40M	20	<b>1:47:50.94</b>	07:11	0:26:10
57	<b>2301</b>	Tiago Patuca,		SM	21	<b>1:48:11.81</b>	07:13	0:26:31
58	<b>2179</b>	Helder Marco Domingues,	Pombal	V40M	21	<b>1:49:20.61</b>	07:17	0:27:40
59	<b>2065</b>	Bruno Moço,	Grupo Desportivo da Parreira	SM	22	<b>1:49:37.05</b>	07:18	0:27:56
60	<b>2230</b>	Ricardo Rodrigues,	Só Tangas	SM	23	<b>1:49:38.26</b>	07:19	0:27:57
61	<b>2324</b>	Paulo Mota,	CLAC Entroncamento/OndaTrilhos	V40M	22	<b>1:49:40.95</b>	07:19	0:28:00
62	<b>2219</b>	Rui Fresco,	Vespinga Saudável / FET	V40M	23	<b>1:49:41.12</b>	07:19	0:28:00
63	<b>2213</b>	Domingos Casimiro,	A.D.R Águas Belas	V50M	12	<b>1:49:57.54</b>	07:20	0:28:17
64	<b>2073</b>	Isidro Oliveira,	S.Mamede Activo	V60M	3	<b>1:50:23.95</b>	07:22	0:28:43
65	<b>2143</b>	Marco Mendes,	Associação Pombal Jovem	SM	24	<b>1:50:37.05</b>	07:22	0:28:56
66	<b>2104</b>	Frederico Neves,	Ama(dores) Trail Team / ACRU	SM	25	<b>1:50:37.16</b>	07:22	0:28:56
67	<b>2102</b>	Toni Bento,		V40M	24	<b>1:50:57.62</b>	07:24	0:29:17
68	<b>2011</b>	Saúl Pereira,	Vespinga Saudável / FET	SM	26	<b>1:50:57.99</b>	07:24	0:29:17
69	<b>2246</b>	Rui Carreira,	Gasoutos-Grupo Atlético dos Soutos	V50M	13	<b>1:51:01.87</b>	07:24	0:29:21
70	<b>2172</b>	CRISTINA PEDRO,	CASA DO BENFICA EM ABRANTES	F40	1	<b>1:51:02.39</b>	07:24	0:29:21
71	<b>2012</b>	Pedro Alfaiate,	CASA DO BENFICA EM ABRANTES	V40M	25	<b>1:51:14.40</b>	07:25	0:29:33
72	<b>2101</b>	Nelson Santos,	CP CMP	V40M	26	<b>1:51:46.47</b>	07:27	0:30:05
73	<b>2332</b>	Nelson Oliveira,		V40M	27	<b>1:51:47.00</b>	07:27	0:30:06
74	<b>1069</b>	Artur Costa,	RX RUNNERS	V40M	28	<b>1:52:00.71</b>	07:28	0:30:20
75	<b>2265</b>	Paulo ferreira,	Trilhos dos Templários / XPORFIT	V40M	29	<b>1:52:01.25</b>	07:28	0:30:20
76	<b>2003</b>	Pedro Sá Pereira,		SM	27	<b>1:52:02.20</b>	07:28	0:30:21
77	<b>2269</b>	José Guerra,		V40M	30	<b>1:52:21.94</b>	07:29	0:30:41
78	<b>2174</b>	JOAO LUZ,	RX RUNNERS	SM	28	<b>1:52:26.22</b>	07:30	0:30:45
79	<b>2330</b>	André Gonçalves,	Ama(dores) Trail Team / ACRU	SM	29	<b>1:52:26.38</b>	07:30	0:30:45
80	<b>2027</b>	Nuno Barbosa,		SM	30	<b>1:52:43.91</b>	07:31	0:31:03
81	<b>2198</b>	Rui Silva,	Soutaria Team	V40M	31	<b>1:53:25.96</b>	07:34	0:31:45
82	<b>2074</b>	FILIPE NEVES,	Expofat	V40M	32	<b>1:53:35.18</b>	07:34	0:31:54
83	<b>2302</b>	Miguel Pires,		SM	31	<b>1:53:41.97</b>	07:35	0:32:01
84	<b>2210</b>	Andre Crespo,	Rota dos videeiros	SM	32	<b>1:53:42.86</b>	07:35	0:32:02
85	<b>2082</b>	Anabela Remédios,		F40	2	<b>1:54:06.87</b>	07:36	0:32:26
86	<b>2072</b>	Eliana Raimundo,	Ciáticos team	SF	4	<b>1:54:49.00</b>	07:39	0:33:08
87	<b>2334</b>	Cristiano silva,	Leiria	SM	33	<b>1:54:49.25</b>	07:39	0:33:08
88	<b>2296</b>	Vera Santos,		SF	5	<b>1:54:50.86</b>	07:39	0:33:10
89	<b>2295</b>	Jorge Tavares,		V40M	33	<b>1:54:52.16</b>	07:39	0:33:11
90	<b>2307</b>	Vasco Pessoa,		SM	34	<b>1:55:23.85</b>	07:42	0:33:43
91	<b>2170</b>	bruno venâncio,	marvila jovem	SM	35	<b>1:55:32.92</b>	07:42	0:33:52
92	<b>2139</b>	Luis Sales,		V40M	34	<b>1:55:52.48</b>	07:43	0:34:11
93	<b>2339</b>	Tiago Mendonça,		SM	36	<b>1:56:07.12</b>	07:44	0:34:26
94	<b>2085</b>	Joao Vinagre,		SM	37	<b>1:56:18.86</b>	07:45	0:34:38
95	<b>2206</b>	Joaquim Vieira,	Ama(dores) Trail Team / ACRU	V50M	14	<b>1:56:59.77</b>	07:48	0:35:19
96	<b>2177</b>	Diogo José,		SM	38	<b>1:57:03.69</b>	07:48	0:35:23
97	<b>2331</b>	Filipe Moleiro,	Ama(dores) Trail Team / ACRU	SM	39	<b>1:57:13.04</b>	07:49	0:35:32
98	<b>2136</b>	João Paulo Silva,	Soutaria Team	V50M	15	<b>1:57:17.57</b>	07:49	0:35:37
99	<b>2164</b>	João Costa,	Rota dos videeiros	SM	40	<b>1:57:20.55</b>	07:49	0:35:40
100	<b>2178</b>	Sérgio Ponte,		SM	41	<b>1:57:24.14</b>	07:50	0:35:43
101	<b>2099</b>	Filipe Santos,	CP CMP	SM	42	<b>1:57:45.11</b>	07:51	0:36:04
102	<b>2317</b>	Filipa Gameiro,	Bombeiros Caxarias	SF	6	<b>1:57:45.21</b>	07:51	0:36:04
103	<b>2202</b>	Raimundo Felismina,		SM	43	<b>1:57:46.76</b>	07:51	0:36:06
104	<b>2261</b>	Carina Matias,	CA Barreira	SF	7	<b>1:57:47.65</b>	07:51	0:36:07
105	<b>2242</b>	Jorge Rocha,	Ansibikers	V40M	35	<b>1:58:05.86</b>	07:52	0:36:25
106	<b>2175</b>	Silvia Dias,	Dá -lhe Gás Team	F40	3	<b>1:58:09.33</b>	07:53	0:36:28
107	<b>2279</b>	Rui Pereira,	Vespinga Saudável / FET	V40M	36	<b>1:58:19.67</b>	07:53	0:36:39
108	<b>2145</b>	Carlos Miguel,	Desgasta Montanhas	V40M	37	<b>1:58:20.53</b>	07:53	0:36:40
109	<b>2272</b>	Paulo Freitas,	SUPERFRESCO TRAIL TEAM	SM	44	<b>1:58:22.17</b>	07:53	0:36:41
110	<b>2117</b>	Pedro Rodrigues,	Peregrinos perdidos	V40M	38	<b>1:58:31.26</b>	07:54	0:36:50
111	<b>2205</b>	João Jacinto,	"C.C.D. ""O ALVITEJO"""	V60M	4	<b>1:58:39.96</b>	07:55	0:36:59
112	<b>2282</b>	Joel Martins,	CASA DO BENFICA EM ABRANTES	SM	45	<b>1:58:54.03</b>	07:56	0:37:13
113	<b>2252</b>	Bruno Ferreira,	ACDRS QUINHENDROS	SM	46	<b>2:00:00.00</b>	08:00	0:38:19
114	<b>2318</b>	João Dias,	CLAC Entroncamento/OndaTrilhos	V50M	16	<b>2:00:11.56</b>	08:01	0:38:31

115	2243	Jorge Galhispo,	GAC	V40M	39	2:00:14.63	08:01	0:38:34
116	2218	INÊS GUERREIRO,	CASA DO BENFICA EM ABRANTES	SF	8	2:00:19.24	08:01	0:38:38
117	2086	Marc Gandra,	RÓÓDINHAS Santos Silva / Oxygen Gy	SM	47	2:00:21.21	08:01	0:38:40
118	2297	Filipe Eusébio,	BLUE TEAM	V40M	40	2:01:14.02	08:05	0:39:33
119	2274	Nelson Martins,		V40M	41	2:01:15.31	08:05	0:39:34
120	2059	Cândido Alves,		V40M	42	2:01:15.79	08:05	0:39:35
121	2142	Nelson Godinho,		SM	48	2:01:17.68	08:05	0:39:37
122	2310	Miguel Ângelo Duarte das Ne	CSCRFCHARNECA	V40M	43	2:01:47.78	08:07	0:40:07
123	2039	RÚBEN BAETA,	CCD CRÉDITO AGRÍCOLA MÚTUO	SM	49	2:01:48.46	08:07	0:40:07
124	2333	Ricardo Pedrosa,		V40M	44	2:01:48.49	08:07	0:40:07
125	2289	Ana Nicolau,	Dá -lhe Gás Team	SF	9	2:01:50.00	08:07	0:40:09
126	2050	Catarina Oliveira,	Ciáticos Team	SF	10	2:01:50.88	08:07	0:40:10
127	2203	Antonio Pereira,	OURÉM	V60M	5	2:01:51.52	08:07	0:40:11
128	2107	Luis Mendes,	Nexebra Trail Team	V40M	45	2:01:51.57	08:07	0:40:11
129	2125	Nelson Aguiar,	SFLUR (Sociedade Filármonica Lealdade	V40M	46	2:02:00.81	08:08	0:40:20
130	2096	Nuno Pereira,	Seiça Running Team	V40M	47	2:02:22.68	08:10	0:40:42
131	2001	Paulo Jorge Matias,		V50M	17	2:02:33.07	08:10	0:40:52
132	2277	António Manuel de Leitão,	Tomar	V50M	18	2:02:37.39	08:10	0:40:56
133	2190	Flavio Francisco,		SM	50	2:03:45.55	08:15	0:42:05
134	2322	Fernando Almeida,		SM	51	2:03:47.67	08:15	0:42:07
135	2321	Petra Hrubá,	cross fit Faro	SF	11	2:04:02.80	08:16	0:42:22
136	2144	Clélia Conceição,	Desgasta Montanhas	F40	4	2:04:05.86	08:16	0:42:25
137	2208	Pedro Bargão,	Preta Runners	V40M	48	2:04:06.54	08:16	0:42:26
138	2083	Lisete Antunes,	Dá -lhe Gás Team	SF	12	2:04:16.76	08:17	0:42:36
139	2315	Rui Manuel Pascoal Neves,	CSCRFCHARNECA	SM	52	2:06:16.92	08:25	0:44:36
140	2068	Jorge Gomes,	G.D.C. Eirapedrense	V50M	19	2:06:35.95	08:26	0:44:55
141	2108	Cristiano Gante,		SM	53	2:06:45.13	08:27	0:45:04
142	2288	jose lages,	leiria	V50M	20	2:06:55.04	08:28	0:45:14
143	2002	Paulo Silva,	Vespinga Saudável / FET	V40M	49	2:07:23.80	08:30	0:45:43
144	2201	José Aleixo,	União FCI de Tomar	V60M	6	2:07:27.53	08:30	0:45:47
145	2300	Gil Marques,		SM	54	2:07:31.30	08:30	0:45:50
146	2018	Carlos Ribeiro,	Os Tolinhas	V40M	50	2:07:42.07	08:31	0:46:01
147	2197	Horácio Alexandre,	CP CMP	V50M	21	2:07:47.90	08:31	0:46:07
148	2110	Nuno Seabra,	Trailrunners	V40M	51	2:07:52.42	08:31	0:46:11
149	2057	João Ribeiro,	GMCJamor	V40M	52	2:08:05.02	08:32	0:46:24
150	2113	Isabel ribeiro,	GMCJamor	F50	1	2:08:05.30	08:32	0:46:24
151	2216	Mario Salgado,		V40M	53	2:08:12.97	08:33	0:46:32
152	2046	Jose Marques,		V40M	54	2:08:33.64	08:34	0:46:53
153	2223	Michel Gonçalves,	Vespinga Saudável / FET	V40M	55	2:08:34.46	08:34	0:46:53
154	2320	Manuel Rodrigues Julio,	CLAC Entroncamento/Onda Trilhos	V50M	22	2:09:14.78	08:37	0:47:34
155	2098	João Calado,		V40M	56	2:09:38.17	08:39	0:47:57
156	2250	Rui Abreu,	Dá -lhe Gás Team	V40M	57	2:10:11.74	08:41	0:48:31
157	2284	Inês Dias,	Clube de Atletismo de Viana do Alentejo	SF	13	2:10:13.94	08:41	0:48:33
158	2116	Rodrigo Rodrigues,	Peregrinos perdidos	SM	55	2:10:33.27	08:42	0:48:52
159	2009	Raul Martins,		V50M	23	2:10:48.87	08:43	0:49:08
160	2229	Telmo Gregório,	Só Tangas	V40M	58	2:10:56.89	08:44	0:49:16
161	2199	Nuno Dias,		V40M	59	2:10:57.32	08:44	0:49:16
162	2097	Joao Pereira,	Seiça Running Team	V40M	60	2:11:06.70	08:44	0:49:26
163	2019	André Lopes,	CCD CRÉDITO AGRÍCOLA MÚTUO	SM	56	2:11:32.21	08:46	0:49:51
164	2264	Pedro Rito,		V40M	61	2:11:33.03	08:46	0:49:52
165	2253	João Ramos,	Os Matrecos	V40M	62	2:11:51.06	08:47	0:50:10
166	2194	Rafael Vieira,	BLUE TEAM	V50M	24	2:13:20.37	08:53	0:51:39
167	2061	Amilcar Ribeiral,	GMCJamor	V60M	7	2:13:33.60	08:54	0:51:53
168	2093	Sara Fernandes,	The BearCave Trail-OCR	SF	14	2:13:34.98	08:54	0:51:54
169	2355	Adelino Santos,		V50M	25	2:14:03.25	08:56	0:52:22
170	2304	Maria Alexandra Maia,	GRVilaverdense	F40	5	2:14:10.59	08:57	0:52:30
171	2084	Vânia Leal,	Associação Pombal Jovem	SF	15	2:14:32.28	08:58	0:52:51
172	2126	Jorge Pimpão,		V40M	63	2:14:32.31	08:58	0:52:51
173	2021	Luis Vieira,	CCD CRÉDITO AGRÍCOLA MÚTUO	V50M	26	2:14:52.46	08:59	0:53:11

174	<b>2049</b>	Joao Manuel Damas Jacinto J: cem quedas	V50M	27	<b>2:14:54.32</b>	09:00	0:53:13
175	<b>2241</b>	Jorge Vieira,	V40M	64	<b>2:15:04.87</b>	09:00	0:53:24
176	<b>2309</b>	Nuno Santos, CSCRFCCHARNECA	V40M	65	<b>2:15:23.28</b>	09:02	0:53:42
177	<b>2305</b>	Nuno Guerreiro, Crossfit Renegade weightlifting Vilamoura	V40M	66	<b>2:15:23.88</b>	09:02	0:53:43
178	<b>2262</b>	Sandra Vieira, Casa do Benfica de Torres Vedras	F40	6	<b>2:15:31.24</b>	09:02	0:53:50
179	<b>2267</b>	Diogo Lourenço,	SM	57	<b>2:15:31.58</b>	09:02	0:53:51
180	<b>2154</b>	Micael Guiomar, Soutaria Team	SM	58	<b>2:15:45.93</b>	09:03	0:54:05
181	<b>2344</b>	André Eterovic, Os Marmotas	V50M	28	<b>2:15:55.49</b>	09:04	0:54:14
182	<b>2173</b>	Marina Barroca, Lama Solta	SF	16	<b>2:15:59.27</b>	09:04	0:54:18
183	<b>2278</b>	Ivone Vieira, Porto de Mós a Correr	F40	7	<b>2:16:05.45</b>	09:04	0:54:24
184	<b>2314</b>	Virginia Margarida Sintra, CSCRFCCHARNECA	SF	17	<b>2:16:05.69</b>	09:04	0:54:25
185	<b>2291</b>	Paulo Gonçalves, Vespinga Saudável / FET	SM	59	<b>2:16:09.41</b>	09:05	0:54:28
186	<b>2153</b>	Rui Dias,	V40M	67	<b>2:16:18.34</b>	09:05	0:54:37
187	<b>2275</b>	Carolina Santos,	F40	8	<b>2:16:25.02</b>	09:06	0:54:44
188	<b>2079</b>	Tiago Martins,	SM	60	<b>2:16:58.66</b>	09:08	0:55:18
189	<b>2063</b>	Sergio Rodelo, RUN CREW TRAIL MONTIJO	V40M	68	<b>2:17:14.31</b>	09:09	0:55:33
190	<b>2343</b>	Gisele Ducati,	F40	9	<b>2:17:46.42</b>	09:11	0:56:05
191	<b>2251</b>	Magali Costa, M.R. Runners	SF	18	<b>2:17:47.25</b>	09:11	0:56:06
192	<b>2134</b>	Jorge Martins, Soutaria Team	SM	61	<b>2:17:48.48</b>	09:11	0:56:07
193	<b>2266</b>	Manuel Silva, COA / Corvus Trail Team	V40M	69	<b>2:17:48.58</b>	09:11	0:56:08
194	<b>2299</b>	Gonçalo Coelho, ALCOBAÇA	SM	62	<b>2:17:55.43</b>	09:12	0:56:14
195	<b>2094</b>	Daniel Garizo,	V40M	70	<b>2:17:56.30</b>	09:12	0:56:15
196	<b>2196</b>	Verónica Vieira, BLUE TEAM	SF	19	<b>2:18:49.01</b>	09:15	0:57:08
197	<b>2192</b>	Hilário Nunes, BLUE TEAM	V40M	71	<b>2:18:52.12</b>	09:15	0:57:11
198	<b>2022</b>	César Ferreira, 2490-122 Cercal Ourem	V40M	72	<b>2:19:05.74</b>	09:16	0:57:25
199	<b>2228</b>	Pedro Pires, Minde Run	SM	63	<b>2:19:45.98</b>	09:19	0:58:05
200	<b>2237</b>	Pedro Silva, Trilhos dos Templários / XPORFIT	SM	64	<b>2:19:46.33</b>	09:19	0:58:05
201	<b>2006</b>	Gabriela Carraco, ACRM Silveirinha Grande Claras	SF	20	<b>2:19:52.86</b>	09:20	0:58:12
202	<b>2004</b>	Rosário Lourenço,	F40	10	<b>2:20:31.06</b>	09:22	0:58:50
203	<b>2306</b>	Mariana Mota, SLBenfica	SF	21	<b>2:20:31.46</b>	09:22	0:58:50
204	<b>2119</b>	Rui Oliveira, Peregrinos perdidos	V40M	73	<b>2:20:33.97</b>	09:22	0:58:53
205	<b>2080</b>	Carlos Gonçalves,	V60M	8	<b>2:20:37.38</b>	09:22	0:58:56
206	<b>2311</b>	Pascoal Duarte Oliveira, CSCRFCCHARNECA	V40M	74	<b>2:20:38.47</b>	09:23	0:58:57
207	<b>2256</b>	Fátima Antunes,	F40	11	<b>2:20:40.56</b>	09:23	0:59:00
208	<b>2231</b>	Thierry Pereira, Vespinga Saudável / FET	V40M	75	<b>2:21:18.09</b>	09:25	0:59:37
209	<b>2244</b>	Zita Machado, BearCave Trail-OCR	SF	22	<b>2:21:40.35</b>	09:27	0:59:59
210	<b>2285</b>	Gonçalo Gargaté, SNR	SM	65	<b>2:21:44.46</b>	09:27	1:00:03
211	<b>2160</b>	Pedro Catroga, Quenianos do Ribatejo	SM	66	<b>2:22:05.90</b>	09:28	1:00:25
212	<b>2058</b>	Bruno Amaro,	SM	67	<b>2:22:06.10</b>	09:28	1:00:25
213	<b>2007</b>	Nuno Silva,	SM	68	<b>2:22:14.79</b>	09:29	1:00:34
214	<b>2112</b>	Daniela Faustino, AC BATALHA	SF	23	<b>2:22:42.76</b>	09:31	1:01:02
215	<b>2286</b>	Gonçalo Valente, TFC - Trails	SM	69	<b>2:22:50.86</b>	09:31	1:01:10
216	<b>2167</b>	Eugenio Rodriguez, Shiadu Team	SM	70	<b>2:23:19.62</b>	09:33	1:01:39
217	<b>2186</b>	Luis Bento, SEAL TEAM	V40M	76	<b>2:23:39.95</b>	09:35	1:01:59
218	<b>2131</b>	Pedro Mesquito,	V40M	77	<b>2:24:42.89</b>	09:39	1:03:02
219	<b>2043</b>	Eva Moutinho,	SF	24	<b>2:24:43.34</b>	09:39	1:03:02
220	<b>2270</b>	Carlos Afonso, Negebra Trail	V40M	78	<b>2:24:43.75</b>	09:39	1:03:03
221	<b>2060</b>	daniel domingos, Sapatilhas & Petiscos	SM	71	<b>2:24:57.23</b>	09:40	1:03:16
222	<b>2151</b>	RAQUEL CORREIA, SAPATRILHOS	F40	12	<b>2:24:59.45</b>	09:40	1:03:18
223	<b>2091</b>	Eduardo Meireles, Umelga Runners	V50M	29	<b>2:25:44.01</b>	09:43	1:04:03
224	<b>2092</b>	Cristina Meireles, Umelga Runners	F50	2	<b>2:25:53.03</b>	09:44	1:04:12
225	<b>2048</b>	Luis Silva, BearCave Trail-OCR	V40M	79	<b>2:26:03.02</b>	09:44	1:04:22
226	<b>2088</b>	Marília RIBEIRO, TOKANDAR	SF	25	<b>2:26:11.63</b>	09:45	1:04:31
227	<b>2087</b>	BARBOTIN DAVID, TOKANDAR	SM	72	<b>2:26:12.62</b>	09:45	1:04:32
228	<b>2067</b>	Luis Oliveira, G.D.C. Eirapedrense	V40M	80	<b>2:26:24.53</b>	09:46	1:04:44
229	<b>2313</b>	Bruno Miguel Ferreira Simões, CSCRFCCHARNECA	SM	73	<b>2:27:21.90</b>	09:49	1:05:41
230	<b>2312</b>	Arlindo de Jesus Oliveira, CSCRFCCHARNECA	V50M	30	<b>2:27:51.81</b>	09:51	1:06:11
231	<b>2340</b>	Alberto Graça, União FCI de Tomar	V60M	9	<b>2:30:32.29</b>	10:02	1:08:51
232	<b>2168</b>	Milene Silva,	SF	26	<b>2:30:32.35</b>	10:02	1:08:51



233	<b>2105</b>	André Lopes,	Ama(dores) Trail Team / ACRU	SM	74	<b>2:30:43.49</b>	10:03	1:09:02
234	<b>2146</b>	Ricardo Lourenço,		V40M	81	<b>2:33:22.45</b>	10:13	1:11:41
235	<b>2150</b>	Fernanda pratas,		F50	3	<b>2:33:29.10</b>	10:14	1:11:48
236	<b>2337</b>	Ana Machado,	Porto de mós a correr	F40	13	<b>2:33:33.24</b>	10:14	1:11:52
237	<b>2292</b>	João Silva,	Vespinga Saudável / FET	SM	75	<b>2:33:33.85</b>	10:14	1:11:53
238	<b>2095</b>	Joao Pereira,	Seiça Running Team	V50M	31	<b>2:33:50.05</b>	10:15	1:12:09
239	<b>2052</b>	Karen Rojas,	Sapatilhas & Petiscos	SF	27	<b>2:34:20.60</b>	10:17	1:12:40
240	<b>2055</b>	Andreia Batista,	COA / Corvus Trail Team	SF	28	<b>2:34:24.37</b>	10:18	1:12:43
241	<b>2357</b>	Rafa Pedrosa,		SM	76	<b>2:34:50.72</b>	10:19	1:13:10
242	<b>2149</b>	Daniel Pedrosa,		SM	77	<b>2:34:55.67</b>	10:20	1:13:15
243	<b>2234</b>	Lurdes Pereira,	Os Tolinhos	F40	14	<b>2:35:06.10</b>	10:20	1:13:25
244	<b>2187</b>	Sónia Santos,	SEAL TEAM	SF	29	<b>2:35:48.24</b>	10:23	1:14:07
245	<b>2033</b>	Cristina Moreira,	GMCJamor	F40	15	<b>2:35:49.52</b>	10:23	1:14:09
246	<b>2255</b>	Cristina Oliveira,		F40	16	<b>2:36:00.21</b>	10:24	1:14:19
247	<b>2132</b>	Inês Vidal,		SF	30	<b>2:36:10.09</b>	10:25	1:14:29
248	<b>2263</b>	João Carlos Santos,		V60M	10	<b>2:37:30.41</b>	10:30	1:15:49
249	<b>2135</b>	Sara Santos,		SF	31	<b>2:38:10.46</b>	10:33	1:16:29
250	<b>2042</b>	Sérgio Antunes,		V40M	82	<b>2:40:32.31</b>	10:42	1:18:51
251	<b>2081</b>	Paulo Mendes,		SM	78	<b>2:40:41.79</b>	10:43	1:19:01
252	<b>2156</b>	Silvia Farto,	XX	F40	17	<b>2:40:59.34</b>	10:44	1:19:18
253	<b>2157</b>	João Santos,	XX	V40M	83	<b>2:41:00.09</b>	10:44	1:19:19
254	<b>2020</b>	Filipe Simões,	CCD CRÉDITO AGRÍCOLA MÚTUO	V40M	84	<b>2:41:22.46</b>	10:45	1:19:41
255	<b>2062</b>	marisa duarte,		F40	18	<b>2:41:28.90</b>	10:46	1:19:48
256	<b>2054</b>	Carlos Marques,	GMCJamor	V50M	32	<b>2:42:13.00</b>	10:49	1:20:32
257	<b>2025</b>	Carlos Matias,		V40M	85	<b>2:42:17.22</b>	10:49	1:20:36
258	<b>2070</b>	Manuel Santos,	G.D.C. Eirapedrense	V60M	11	<b>2:42:18.00</b>	10:49	1:20:37
259	<b>2130</b>	jose bugalho,	GRV Trail	V40M	86	<b>2:43:57.75</b>	10:56	1:22:17
260	<b>2140</b>	Fátima Oliveira,	GRVilaverdense	F40	19	<b>2:43:58.00</b>	10:56	1:22:17
261	<b>2141</b>	Tânia Ferreira,		F40	20	<b>2:44:56.01</b>	11:00	1:23:15
262	<b>2182</b>	Sónia Borrego,		F40	21	<b>2:44:56.56</b>	11:00	1:23:16
263	<b>2225</b>	Gonçalo Santos,		SM	79	<b>2:45:36.72</b>	11:02	1:23:56
264	<b>2224</b>	Mário Santos,	Santana Futebol Clube - Trail Team	V50M	33	<b>2:45:37.56</b>	11:03	1:23:57
265	<b>2103</b>	António Costa,	Seiça Running Team	V40M	87	<b>2:46:55.75</b>	11:08	1:25:15
266	<b>2189</b>	João Alexandre,	100 Travões Trail Team	SM	80	<b>2:47:50.22</b>	11:11	1:26:09
267	<b>2185</b>	Alexandra Simão,	100 Travões Trail Team	SF	32	<b>2:47:50.82</b>	11:11	1:26:10
268	<b>2283</b>	Jorge Natário,	100 Travões Trail Team	V50M	34	<b>2:47:51.42</b>	11:11	1:26:10
269	<b>2183</b>	Paulo Simão,	100 Travões Trail Team	V50M	35	<b>2:47:53.38</b>	11:12	1:26:12
270	<b>2221</b>	Paulo Vieira,	Preta Runners	V40M	88	<b>2:48:32.53</b>	11:14	1:26:52
271	<b>2222</b>	Catarina Fontinha,	Preta Runners	F40	22	<b>2:48:32.72</b>	11:14	1:26:52
272	<b>2077</b>	Julia Menezes,	Scalabis Night Runners	F50	4	<b>2:51:20.59</b>	11:25	1:29:40
273	<b>2276</b>	José Silva,		V60M	12	<b>2:51:49.04</b>	11:27	1:30:08
274	<b>2041</b>	Olinda Serrador,	Arte dos trilhos	F40	23	<b>2:52:28.21</b>	11:30	1:30:47
275	<b>2316</b>	HELENA MARISA RUIVO (CSCRFCHARNECA		F40	24	<b>2:52:52.36</b>	11:31	1:31:11
276	<b>2111</b>	Susana Duarte Rosa,		F40	25	<b>2:53:07.89</b>	11:33	1:31:27
277	<b>2051</b>	Joana Jacinto,	Sapatilhas & Petiscos	SF	33	<b>2:53:51.84</b>	11:35	1:32:11
278	<b>2180</b>	Maria João Santos,	correr ourem	F50	5	<b>2:54:03.72</b>	11:36	1:32:23
279	<b>2171</b>	CARLOS ALFAIATE,	CASA DO BENFICA EM ABRANTES	V60M	13	<b>2:59:43.62</b>	11:59	1:38:03
280	<b>2038</b>	Sara Santos,	GMCJamor	SF	34	<b>3:00:01.81</b>	12:00	1:38:21
281	<b>2030</b>	Susana Rodrigues,	GMCJamor	F40	26	<b>3:00:01.93</b>	12:00	1:38:21
282	<b>2040</b>	Antonio Lopes,	GMCJamor	V60M	14	<b>3:00:02.34</b>	12:00	1:38:21
283	<b>2044</b>	Helena Pedradas,	Arte dos trilhos	F60	1	<b>3:00:04.47</b>	12:00	1:38:23
284	<b>2328</b>	Jimmy Martins,	Not Fast Just Furious	SM	81	<b>3:00:10.76</b>	12:01	1:38:30
285	<b>2024</b>	Sonia Pinto,		F50	6	<b>3:01:57.22</b>	12:08	1:40:16
286	<b>2064</b>	Catarina Miriam,		SF	35	<b>3:03:13.02</b>	12:13	1:41:32
287	<b>2120</b>	Rita Santos,	Peregrinos perdidos	SF	36	<b>3:03:36.41</b>	12:14	1:41:55
288	<b>2121</b>	Elsa Silva,	Peregrinos perdidos	F40	27	<b>3:03:40.03</b>	12:15	1:41:59
289	<b>2115</b>	Ana Oliveira,	Peregrinos perdidos	SF	37	<b>3:03:40.75</b>	12:15	1:42:00
290	<b>2137</b>	Miquelina Silva,	Soutaria Team	F40	28	<b>3:04:07.98</b>	12:17	1:42:27
291	<b>2123</b>	Mafalda Rodrigues,	Peregrinos perdidos	SF	38	<b>3:04:10.50</b>	12:17	1:42:30

292	<b>2169</b>	Maria Carolina Salamanqueir	Peregrinos perdidos	SF	39	<b>3:04:12.45</b>	12:17	1:42:31
293	<b>2166</b>	Ricardo Rodrigues,	Shiadu Team	V40M	89	<b>3:04:47.97</b>	12:19	1:43:07
294	<b>2165</b>	Teresa Felício,	Shiadu Team	SF	40	<b>3:04:49.20</b>	12:19	1:43:08
295	<b>2147</b>	Irene Queiros,	GMCJamor	SF	41	<b>3:05:59.22</b>	12:24	1:44:18
296	<b>2036</b>	filomena santana,	GMCJamor	F50	7	<b>3:05:59.96</b>	12:24	1:44:19
297	<b>2034</b>	Sílvia Pedro,	GMCJamor	F40	29	<b>3:06:01.74</b>	12:24	1:44:21
298	<b>2232</b>	Manuel Machado,	Os Matrecos	V50M	36	<b>3:07:36.40</b>	12:30	1:45:55
299	<b>2161</b>	Nuno Oliveira,		V40M	90	<b>3:12:19.33</b>	12:49	1:50:38
300	<b>2026</b>	António Baptista,		V40M	91	<b>3:12:20.03</b>	12:49	1:50:39
301	<b>2076</b>	margarida macedo,	imparáveis	F40	30	<b>3:17:08.92</b>	13:09	1:55:28
302	<b>2016</b>	Eugenia Pinheiro,	bute lá	F50	8	<b>3:21:10.29</b>	13:25	1:59:29
303	<b>2014</b>	Antonio Carapuça,	bute lá	V50M	37	<b>3:21:12.13</b>	13:25	1:59:31
304	<b>2015</b>	Patricia Carapuça,	bute lá	SF	42	<b>3:21:12.57</b>	13:25	1:59:32
305	<b>2000</b>	Maria Da Conceição Alegria	imparáveis	F50	9	<b>3:22:58.09</b>	13:32	2:01:17
306	<b>2220</b>	Patrícia Marques,	imparáveis	SF	43	<b>3:22:59.51</b>	13:32	2:01:19
307	<b>2152</b>	Inês Diogo,	CASA DO BENFICA EM ABRANTES	SF	44	<b>3:27:54.16</b>	13:52	2:06:13
308	<b>2053</b>	Cristina Marques,	GMCJamor	F50	10	<b>3:33:18.26</b>	14:13	2:11:37
309	<b>2032</b>	Marina Baptista,	GMCJamor	SF	45	<b>3:33:18.52</b>	14:13	2:11:38
310	<b>2056</b>	Paula Machado,	GMCJamor	V60M	15	<b>3:33:18.74</b>	14:13	2:11:38
311	<b>2090</b>	Cristina Barata,		F40	31	<b>3:35:18.64</b>	14:21	2:13:38
312	<b>2335</b>	Bruno Martins,		V40M	92	<b>3:35:19.13</b>	14:21	2:13:38
313	<b>2089</b>	Carla Dias,		SF	46	<b>3:35:20.71</b>	14:21	2:13:40
314	<b>2329</b>	Sara Pires,	Not Fast Just Furious	SF	47	<b>4:20:15.30</b>	17:21	2:58:34
315	<b>2326</b>	Diana Nogueira,	Not Fast Just Furious	SF	48	<b>4:20:16.71</b>	17:21	2:58:36