

Classificação Geral

Trail Longo

30,00 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	1121	Carlos Bárbara,	A. C. S. Mamede	SM-L	1	2:35:07.97	05:10	
2	1140	SERGIO CORREIA,	ZONA ALTA TRAIL	SM-L	2	2:36:36.56	05:13	0:01:29
3	1001	Luiz Mota,	CASA DO BENFICA EM ABRANTES	V40M-I	1	2:37:08.61	05:14	0:02:01
4	1138	JOÃO FERNANDES,	ZONA ALTA TRAIL	SM-L	3	2:43:08.92	05:26	0:08:01
5	1041	Bruno Pereira,		V40M-I	2	2:44:39.82	05:29	0:09:32
6	1093	Micael Costa,	Clube Desportivo de Espite	SM-L	4	2:47:03.23	05:34	0:11:55
7	1100	Luís Alexandre,	Trilhos dos Templários / XPORFIT	V40M-I	3	2:48:17.58	05:37	0:13:10
8	1141	MIGUEL RIBEIRO,	ZONA ALTA TRAIL	V40M-I	4	2:50:20.77	05:41	0:15:13
9	1153	Fernando Ferreira,	União FCI Tomar	SM-L	5	2:50:33.51	05:41	0:15:26
10	1137	ANDRÉ ROSÁRIO,	ZONA ALTA TRAIL	SM-L	6	2:51:35.29	05:43	0:16:27
11	1125	Fábio Mendes,	MONTANHA CLUBE TRAIL RUNNIN	SM-L	7	2:54:53.19	05:50	0:19:45
12	1091	Jose Rosario,	Porto de Mós a Correr	V40M-I	5	2:55:46.46	05:52	0:20:38
13	1072	José Narciso,	Casas do Ambiente Estruturas de Madeir	V40M-I	6	2:56:50.06	05:54	0:21:42
14	1105	Paulo Roque,	CASA DO BENFICA EM ABRANTES	V40M-I	7	2:56:51.50	05:54	0:21:43
15	1034	Alfredo Gaspar,	GRVilaverdense	SM-L	8	2:57:33.39	05:55	0:22:25
16	1126	Valter Vieira,	EKMA/JPR Motorsbike	SM-L	9	2:58:05.23	05:56	0:22:57
17	1101	Ricardo Mordomo,	Clube Desportivo de Espite	SM-L	10	3:00:33.14	06:01	0:25:25
18	1113	Nelson Lebre,	Trail Chicharo da Serra	V40M-I	8	3:01:08.18	06:02	0:26:00
19	1111	Francisco Gaio,	Caracol Trail Team	V50M-I	1	3:02:45.08	06:06	0:27:37
20	1120	Ricardo Carreira,	A. C. S. Mamede	SM-L	11	3:04:41.04	06:09	0:29:33
21	1075	Carlos Ferreira,	Caracol Trail Team	V40M-I	9	3:06:28.60	06:13	0:31:21
22	1095	José Mestre,	Clube de Atletismo Viana do Alentejo	SM-L	12	3:07:10.40	06:14	0:32:02
23	1127	Arlindo Ribeiro,	ARCD Venda da Luísa	V40M-I	10	3:07:14.09	06:14	0:32:06
24	1123	Helder Costa,	Porto de Mós a Correr	V40M-I	11	3:08:00.06	06:16	0:32:52
25	1103	Dinis Santos,	Clube Desportivo de Espite	SM-L	13	3:08:39.04	06:17	0:33:31
26	1102	ANTÓNIO SIMÕES,	Rx Runners	V40M-I	12	3:08:44.08	06:17	0:33:36
27	1096	Jose Manuel Marques Ferreira	painho trail	V40M-I	13	3:09:10.34	06:18	0:34:02
28	1116	Emanuel Batista,	A. C. S. Mamede	V40M-I	14	3:10:33.31	06:21	0:35:25
29	1148	Eurico Silva,	vespinga saudavel / FET	SM-L	14	3:12:06.70	06:24	0:36:59
30	1032	Diogo Cunha,	RÓÓDINHAS-Santos Silva /OXYGEN-C	SM-L	15	3:14:18.58	06:29	0:39:11
31	1129	Jorge Vieira,	Porto de Mós a Correr	SM-L	16	3:15:38.24	06:31	0:40:30
32	1071	Diogo Silva,	CASA DO BENFICA EM ABRANTES	SM-L	17	3:16:11.41	06:32	0:41:03
33	1012	António Madeira,	Clube de Praças da Armada	V50M-I	2	3:16:31.12	06:33	0:41:23
34	1097	Ricardo Salgueiro,	COA / Corvus Trail Team	SM-L	18	3:17:00.45	06:34	0:41:52
35	1074	Joaquim da Teieira,	Caracol Trail Team	V60M-I	1	3:17:03.70	06:34	0:41:56
36	1084	Miguel Bértolo,	vespinga saudavel / FET	SM-L	19	3:17:20.46	06:35	0:42:12
37	1130	Idalina Marques,	CLAC Entroncamento/OndaTrilhos	F40-L	1	3:18:05.61	06:36	0:42:58
38	1070	Bruno Vilela,		V40M-I	15	3:18:07.47	06:36	0:42:59
39	1083	Joana Alves,	Caracol Trail Team	SF-L	1	3:20:28.70	06:41	0:45:21
40	1106	Fernando Homem,	C.A.S.P.A.(Clube Amador Só Para Atleti	V40M-I	16	3:20:40.93	06:41	0:45:33
41	1000	João Paulo Oliveira Nepomuc	Dá-lhe Gás team	V40M-I	17	3:22:02.71	06:44	0:46:55
42	1009	Leonel Campos,		V50M-I	3	3:22:11.86	06:44	0:47:04
43	1039	Amílcar Ramos,	GRVilaverdense	V40M-I	18	3:23:53.84	06:48	0:48:46
44	1026	Paulo Carvalho,	CDM running	V40M-I	19	3:24:37.80	06:49	0:49:30
45	1025	Miguel Ângelo Ferreira,	CDM Running	V40M-I	20	3:24:38.81	06:49	0:49:31
46	1004	Edgar Gomes,	SOURE MOV	SM-L	20	3:27:34.23	06:55	0:52:26
47	1150	MILTON BRANCO,	GIM RUNNING TEAM/ INÉRCIA	SM-L	21	3:27:52.51	06:56	0:52:45
48	1053	Helder Domingues Gante,		V50M-I	4	3:29:08.60	06:58	0:54:01
49	1134	Henrique Dias,	Caracol Trail Team	SM-L	22	3:29:32.35	06:59	0:54:24
50	1142	Miguel Costa,	Abrantes	SM-L	23	3:29:53.64	07:00	0:54:46
51	1023	Miguel Marques,	CA Barreira	V40M-I	21	3:30:49.49	07:02	0:55:41
52	1040	Rogério Horta,	COA / Corvus Trail Team	V40M-I	22	3:31:49.67	07:04	0:56:42
53	1082	Guilherme Ferreira David,	Meca - Alenquer	V50M-I	5	3:31:54.33	07:04	0:56:46
54	1007	José Fonseca,	União FCI de Tomar	V50M-I	6	3:32:09.57	07:04	0:57:02
55	1085	Rita Eusébio,	vespinga saudavel / FET	SF-L	2	3:32:30.44	07:05	0:57:22

56	1089	Délio Nunes,	vespinga saudavel / FET	V40M-I	23	3:32:32.07	07:05	0:57:24
57	1065	Carlos Palaio,	GRVilaverdense	V40M-I	24	3:32:38.45	07:05	0:57:30
58	1076	Tiago Esperança,		V40M-I	25	3:33:25.42	07:07	0:58:17
59	1152	Manuel Moreno,		V60M-I	2	3:35:16.94	07:11	1:00:09
60	1077	Bruno Branquinho,		SM-L	24	3:35:54.85	07:12	1:00:47
61	1043	Cristóvão Ginja,	M.R. Runners	V40M-I	26	3:35:57.19	07:12	1:00:49
62	1115	David Antunes,	A. C. S. Mamede	SM-L	25	3:35:58.32	07:12	1:00:50
63	1005	Mário Caridade,	COA / Corvus Trail Team	SM-L	26	3:36:26.48	07:13	1:01:18
64	1122	Filipa Casimiro,	A. C. S. Mamede	SF-L	3	3:38:21.62	07:17	1:03:14
65	1035	Diogo Gamito,	Salamandrecos	V50M-I	7	3:38:26.67	07:17	1:03:19
66	1119	Leonor Mota,	A. C. S. Mamede	F40-L	2	3:42:25.86	07:25	1:07:18
67	1090	Pedro Batista,		SM-L	27	3:43:27.47	07:27	1:08:19
68	1019	Paulo Manuel Costa,		V50M-I	8	3:44:06.18	07:28	1:08:58
69	1058	Paula Branco,	UNIÃO FCI TOMAR	F40-L	3	3:44:31.92	07:29	1:09:24
70	1080	Eurico Joao,	FreeRunners	SM-L	28	3:44:40.99	07:29	1:09:33
71	1112	Paulo Ferreira,	Porto de Mós a Correr	SM-L	29	3:44:42.45	07:29	1:09:34
72	1038	Faustino Matos,		V40M-I	27	3:44:48.92	07:30	1:09:41
73	1029	Luis Oliveira,	Grupo Desportivo da Parreira	V40M-I	28	3:46:53.63	07:34	1:11:46
74	1145	Cláudia Medeiros,	Boavista Trail	F50-L	1	3:48:38.22	07:37	1:13:30
75	1143	Carlos Martins,	Ases da Imperial	V40M-I	29	3:49:18.42	07:39	1:14:10
76	1131	Conceição Castanheira,	CLAC Entroncamento/OndaTrilhos	F50-L	2	3:49:38.00	07:39	1:14:30
77	1124	Margarida Nobre Nunes,	Porto de Mós a Correr	F40-L	4	3:50:20.17	07:41	1:15:12
78	1086	Dany Alexandre Ramos Grilo,	GAU BAJOUCA	SM-L	30	3:50:25.73	07:41	1:15:18
79	1094	António Simões,		V40M-I	30	3:51:58.73	07:44	1:16:51
80	1133	Paula Falacho,		F40-L	5	3:52:00.99	07:44	1:16:53
81	1018	João Filipe Alves Martelo De	GRV	V40M-I	31	3:52:23.41	07:45	1:17:15
82	1036	Daniel Cavalheiro,		V40M-I	32	3:52:48.69	07:46	1:17:41
83	1055	Paula oliveira,	GRV Trail	F40-L	6	3:53:17.89	07:47	1:18:10
84	1081	David Mendes,		V40M-I	33	3:53:19.97	07:47	1:18:12
85	1132	Pedro Carmo,	CLAC Entroncamento/OndaTrilhos	V40M-I	34	3:53:22.80	07:47	1:18:15
86	1135	Nelson Pereira,	CLAC Entroncamento/OndaTrilhos	V40M-I	35	3:53:23.14	07:47	1:18:15
87	1128	João Batista,	Gim Running Team	SM-L	31	3:54:18.83	07:49	1:19:11
88	1099	Nádia Afonso,	COA / Corvus Trail Team	SF-L	4	3:55:36.00	07:51	1:20:28
89	1059	Rafael Coelho,	CASA DO BENFICA EM ABRANTES	SM-L	32	3:58:54.61	07:58	1:23:47
90	1092	António Neto,	SNR	V40M-I	36	3:58:57.27	07:58	1:23:49
91	1046	Antonio Pereira Goncalves,	O MUNDO DA CORRIDA	V50M-I	9	3:58:57.77	07:58	1:23:50
92	1037	Ni Do,		F40-L	7	4:03:29.17	08:07	1:28:21
93	1079	Joao Lobato,		SM-L	33	4:03:31.42	08:07	1:28:23
94	1087	Hugo Faria,	vespinga saudavel / FET	V40M-I	37	4:03:57.71	08:08	1:28:50
95	1015	Olga caiado,	Arte dos trilhos	F40-L	8	4:03:59.70	08:08	1:28:52
96	1147	David Clemente,	Cuab	SM-L	34	4:04:00.45	08:08	1:28:52
97	1117	Gonçalo** Vieira,	A. C. S. Mamede	SM-L	35	4:04:20.80	08:09	1:29:13
98	1118	Hugo Carreira,	A. C. S. Mamede	SM-L	36	4:04:21.77	08:09	1:29:14
99	1064	Vitor Marques,		SM-L	37	4:04:22.77	08:09	1:29:15
100	1051	David Catela,	Associação Académica de Santarém	V50M-I	10	4:04:45.24	08:10	1:29:37
101	1136	ANA TOMÉ,	ZONA ALTA TRAIL	F40-L	9	4:05:15.36	08:11	1:30:07
102	1107	Luis Bartolomeu,	DESTRAVADOS	V40M-I	38	4:06:16.51	08:13	1:31:09
103	1068	Ricardo Manuel Apura,	Quenianos do Ribatejo	SM-L	38	4:07:15.46	08:15	1:32:07
104	1024	António Baptista,		V40M-I	39	4:07:36.69	08:15	1:32:29
105	1054	Augusto Sousa,	TEAM DIABRETE	V40M-I	40	4:08:18.49	08:17	1:33:10
106	1104	Lina Mateus,	CASA DO BENFICA EM ABRANTES	F40-L	10	4:09:09.35	08:18	1:34:01
107	1078	Nuno Barata,	COA / Corvus Trail Team	V40M-I	41	4:10:11.43	08:20	1:35:03
108	1047	Maria de Fátima Carvalho Miu	O MUNDO DA CORRIDA	F50-L	3	4:11:10.62	08:22	1:36:03
109	1030	Artur Oliveira,	COA / Corvus Trail Team	SM-L	39	4:11:28.84	08:23	1:36:21
110	1088	Diogo Leite,		V40M-I	42	4:11:54.61	08:24	1:36:47
111	1033	Emmanuel Domingos,		SM-L	40	4:12:45.23	08:26	1:37:37
112	1048	Sonia Neto,	Tomar Runners	SF-L	5	4:14:46.87	08:30	1:39:39
113	1042	Carlos Mendes,		V40M-I	43	4:14:49.60	08:30	1:39:42
114	1073	André Alves,		SM-L	41	4:16:47.56	08:34	1:41:40

115	1146	Joel Jacinto,	GRUPO RECREATIVO VILAVERDEN	V40M-I	44	4:19:10.57	08:38	1:44:03
116	1027	Ricardo Pereira,	GRVilaverdense	SM-L	42	4:19:10.57	08:38	1:44:03
117	1028	Kevin Gaspar,	Dá-lhe Gás team	SM-L	43	4:26:49.40	08:54	1:51:41
118	1045	Benilde Santos,	M.R. Runners	F40-L	11	4:31:48.10	09:04	1:56:40
119	1017	Manuel Estevens,	GMCJamor	V50M-I	11	4:32:06.67	09:04	1:56:59
120	1067	Marco Monteiro,		V40M-I	45	4:34:28.60	09:09	1:59:21
121	1062	António Trindade,	CALMA - Tomar	V50M-I	12	4:37:55.47	09:16	2:02:47
122	1063	Carlos Eira,	CALMA - Tomar	V50M-I	13	4:37:56.09	09:16	2:02:48
123	1066	Miguel Vitorino,	Caracol Trail Team	V40M-I	46	4:38:52.36	09:18	2:03:44
124	1031	Raquel Oliveira,	Grupo Desportivo da Parreira	SF-L	6	4:42:01.47	09:24	2:06:53
125	1057	Manuela Pinto,	O MUNDO DA CORRIDA	F50-L	4	4:54:41.97	09:49	2:19:34
126	1056	José Simões,	O MUNDO DA CORRIDA	V50M-I	14	4:54:42.29	09:49	2:19:34
127	1149	João Ferreira,	GMCJamor	V40M-I	47	5:05:39.31	10:11	2:30:31
128	1021	Vitor Paulino,	GMCJamor	V40M-I	48	5:05:42.66	10:11	2:30:35
129	1098	Helena marques,	Os Tolinhos	F40-L	12	5:07:31.52	10:15	2:32:24
130	1020	Cristina Oliveira,	GMCJamor	F50-L	5	5:47:44.00	11:35	3:12:36
131	1006	Fernanda Tavares,	COA / Corvus Trail Team	SF-L	7	5:56:55.00	11:54	3:21:47