



II Trail do Crasto



Classificação Geral

Trail Longo

30,00 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	46	José Tomás	Viseu PSP Runners	M40	1	2:21:58.95	04:44	
2	18	António Ferreira	Runners do Demo	M40	2	2:22:08.51	04:44	0:00:10
3	67	Miguel Gomes	JAVALIS - Amizade & Glória	S	1	2:30:20.35	05:01	0:08:21
4	14	Paulo Pires	Runners do Demo	M40	3	2:30:56.92	05:02	0:08:58
5	11	Pedro Pires	Runners do Demo	M40	4	2:31:41.69	05:03	0:09:43
6	35	Rui Pereira	Runners do Demo	S	2	2:32:25.23	05:05	0:10:26
7	68	Luís Filipe Oliveira	Viseu Trail	M40	5	2:35:11.64	05:10	0:13:13
8	54	Filipe Garcia	Viseu Running Team	S	3	2:35:13.97	05:10	0:13:15
9	21	Ferreira Coimbra	Viseu 360	S	4	2:40:10.03	05:20	0:18:11
10	70	Sérgio Miguel Lopes Monteiro	Sardonisca Runners	S	5	2:40:56.23	05:22	0:18:57
11	36	Americo pinho	Escapães Santa Maria da Feira	M40	6	2:41:12.40	05:22	0:19:13
12	30	Tiago Almeida	JAVALIS - Amizade & Glória	S	6	2:41:41.29	05:23	0:19:42
13	69	Pablo Conde Estévez	BOAVISTA TRAIL	M40	7	2:41:47.59	05:24	0:19:49
14	41	Nuno Miguel	BÁRTOLO SAÚDE by CLÍNICA FISIO!	S	7	2:43:25.19	05:27	0:21:26
15	42	Filipe Cruzeiro	BÁRTOLO SAÚDE by CLÍNICA FISIO!	S	8	2:44:17.98	05:29	0:22:19
16	31	José Costa	Runners do Demo	M40	8	2:50:07.02	05:40	0:28:08
17	73	Nuno Dias	Retificadora Dias Team	S	9	2:50:25.10	05:41	0:28:26
18	55	Pedro Amaro	Viseu Running Team	M50	1	2:50:49.95	05:42	0:28:51
19	29	Pedro Osório	Viseu 360	M40	9	2:52:15.53	05:45	0:30:17
20	5	Daniel Fonseca	Runners do Demo	S	10	2:57:01.44	05:54	0:35:02
21	51	Paula Penedo	NAZA-ABÓBODA	M50	2	3:00:15.28	06:01	0:38:16
22	38	Augusto Trindade	Runners do Demo	M40	10	3:01:41.95	06:03	0:39:43
23	12	Cristóvão Chaves	Runners do Demo	S	11	3:02:18.37	06:05	0:40:19
24	16	Nuno Oliveira	Runners do Demo	S	12	3:02:18.84	06:05	0:40:20
25	15	David Assis		M50	3	3:05:42.25	06:11	0:43:43
26	25	Nuno Alves		S	13	3:06:41.12	06:13	0:44:42
27	27	Nuno Cardoso	Viseu 360	S	14	3:07:12.44	06:14	0:45:13
28	7	Carlos Barbosa	Runners do Demo	S	15	3:07:43.40	06:15	0:45:44
29	3	Paulo Durao	Viseu Trail	M40	11	3:08:37.57	06:17	0:46:39
30	28	Carlos Ferreira	Viseu360	M40	12	3:08:43.79	06:17	0:46:45
31	1	Catarina Fernandes	Viriathvs Runners Viseu	SF	1	3:09:13.65	06:18	0:47:15
32	19	Joao Valério	PSP VISEU RUNNERS	M40	13	3:10:29.96	06:21	0:48:31
33	72	António Gomes		M40	14	3:10:54.98	06:22	0:48:56
34	33	Henrique Fernandes	Dão Nelas Runners	M40	15	3:13:13.26	06:26	0:51:14
35	53	Miguel Aguiar	Viseu 360	S	16	3:17:33.01	06:35	0:55:34
36	26	Angelo Lourenço	Viseu 360	S	17	3:17:34.32	06:35	0:55:35
37	39	Armanda Barroso	Runners do Demo	SF	2	3:23:34.59	06:47	1:01:36
38	37	Clemente Pinto	Runners do Demo	S	18	3:23:36.60	06:47	1:01:38
39	50	Gonçalo Couto	Runners do Demo	S	19	3:26:54.82	06:54	1:04:56
40	17	Andreia Oliveira	Runners do Demo	SF	3	3:28:06.25	06:56	1:06:07
41	8	Luís Costa	Runners do Demo	M40	16	3:28:06.34	06:56	1:06:07
42	63	José Moreira	Viriathvs Runners Viseu	M50	4	3:36:48.82	07:14	1:14:50
43	59	Rui Rodrigues	Viriathvs Runners Viseu	M50	5	3:36:50.42	07:14	1:14:51
44	44	Paulo Milheiro	Viriathvs Runners Viseu	S	20	3:36:53.92	07:14	1:14:55
45	62	Catarina regalo	Viriathvs Runners Viseu	SF	4	3:39:25.32	07:19	1:17:26
46	57	João Paulo Correia	Viriathvs Runners Viseu	M50	6	3:45:17.74	07:31	1:23:19
47	58	José Santos	Viriathvs Runners Viseu	M40	17	3:45:18.82	07:31	1:23:20
48	10	Paulo Lopes Lopes	Viseu 360	M40	18	3:50:25.82	07:41	1:28:27
49	6	joão martins		S	21	3:50:27.46	07:41	1:28:28
50	43	Emanuel Castro	A.R.D. Os Povoenses	S	22	3:51:01.52	07:42	1:29:03
51	48	Ângelo Fernandes	A.R.D. Os Povoenses	M40	19	3:51:02.43	07:42	1:29:03
52	49	Carlos Prado	Viseu Trail	M40	20	3:59:38.92	07:59	1:37:40
53	47	Fernando Simoes		S	23	3:59:39.78	07:59	1:37:41
54	40	Filipe Alexandre Duarte	JMP Team	S	24	4:11:13.00	08:22	1:49:14
55	9	Henrique Rocha		M50	7	4:16:33.72	08:33	1:54:35



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56	71	Ricardo Carvalheira		S	25	4:19:30.89	08:39	1:57:32
57	65	Viriato Coelho	Viriathvs Runners Viseu	M40	21	4:24:53.18	08:50	2:02:54
58	61	Claudia Nunes	Viriathvs Runners Viseu	SF	5	4:24:56.02	08:50	2:02:57
59	56	Rui Moura	Viriathvs Runners vialpeças viseu	S	26	4:24:58.61	08:50	2:03:00
60	66	Zélia Margarida	Viriathvs Runners Viseu	SF	6	4:25:02.42	08:50	2:03:03
61	60	António Batista	Viriathvs Runners Viseu	M40	22	4:25:08.41	08:50	2:03:09
62	34	Ricardo Batista	BOTA LAMBRA	M40	23	4:25:14.40	08:50	2:03:15
63	22	Christine WILMAN	PortaOestePortugal	F60	1	5:22:54.13	10:46	3:00:55
64	23	Francois WILMAN	PortaOestePortugal	M50	8	5:40:11.75	11:20	3:18:13
65	150	Jose Rodrigues Costa	Runners do Demo	M50	9	5:40:20.93	11:21	3:18:22