

Classificação Geral

Trail Curto

18,00 Km.

Pos.	Dor. Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	1185 Ruben Veloso,	Academia Desportiva de Arcos de Valdev	CMSen	1	1:21:32.91	04:32	
2	1127 MARCELO COSTA,	AMC TRAIL	CMSen	2	1:29:34.99	04:59	0:08:02
3	1117 Sandro Silva,	EDL Trail	CMSen	3	1:32:14.72	05:07	0:10:42
4	999 Luis Magalhães,	MINHO E LIMA TRAIL	CM40	1	1:32:16.72	05:08	0:10:44
5	1227 António Campos,	CTM Vila Pouca de Aguiar	CM40	2	1:33:11.84	05:11	0:11:39
6	1010 DIOGO SILVA,	MINHO E LIMA TRAIL	CMSen	4	1:34:26.74	05:15	0:12:54
7	1254 Luís Silva,	ACRA Running	CM40	3	1:34:54.88	05:16	0:13:22
8	1059 Hélder Franco,	LETHES TRAIL TEAM	CMSen	5	1:35:39.04	05:19	0:14:06
9	1131 Adelino Aires,	Alexandra Carvalho Team	CM40	4	1:36:38.01	05:22	0:15:05
10	1166 Filipe Meneses,	Ker Spor Trail Running	CMSen	6	1:36:40.06	05:22	0:15:07
11	1282 MANUEL QUINTAIROS,	TROGLODITAS RUNNERS	CM40	5	1:39:35.42	05:32	0:18:02
12	1281 PABLO FEIJOO,	TROGLODITAS RUNNERS	CM50	1	1:39:35.61	05:32	0:18:03
13	1005 Nuno Miguel Morais,	EDL Trail	CM40	6	1:40:20.80	05:34	0:18:48
14	1181 Mario Gonçalves,	Olimpico Vianense	CM50	2	1:40:22.94	05:35	0:18:50
15	1014 FILIPE CORREIA,	MINHO E LIMA TRAIL	CMSen	7	1:41:05.44	05:37	0:19:32
16	1012 RAFAEL PEREIRA,	MINHO E LIMA TRAIL	CMSen	8	1:41:23.69	05:38	0:19:51
17	1020 Francisco Pakito,	EDL Trail	CMSen	9	1:41:25.68	05:38	0:19:53
18	1194 Andre Sendao,	LETHES TRAIL TEAM	CMSen	10	1:41:39.30	05:39	0:20:06
19	1133 Augusto Leitão,	Alexandra Carvalho Team	CM50	3	1:42:17.24	05:41	0:20:44
20	1081 Hilario Lopes,		CMSen	11	1:42:27.86	05:42	0:20:55
21	1085 Samuel Amorim,	EDL Trail	CMSen	12	1:42:51.44	05:43	0:21:18
22	1075 Rui Sousa,	TROGLODITAS RUNNERS	CM40	7	1:43:11.11	05:44	0:21:38
23	1201 José Lopes,	vidaativarunners	CMSen	13	1:44:29.67	05:48	0:22:57
24	1148 Bruno Barbosa,	AMC TRAIL	CMSen	14	1:45:21.84	05:51	0:23:49
25	1018 Jesús Ballesteros,	EDL Trail	CM50	4	1:45:23.71	05:51	0:23:51
26	1049 César Gonçalves,	AMC TRAIL	CM40	8	1:45:26.83	05:51	0:23:54
27	1198 Paulo Costa,	LETHES TRAIL TEAM	CMSen	15	1:45:28.98	05:52	0:23:56
28	1277 António Ribeiro,	OADA - Os Amigos da Aventura	CMSen	16	1:45:35.93	05:52	0:24:03
29	1044 Miguel Castro,		CMSen	17	1:46:14.51	05:54	0:24:42
30	1264 Jorge Esteves,	Olimpico Vianense	CM40	9	1:46:15.08	05:54	0:24:42
31	1011 Jorge AMORIM,	MINHO E LIMA TRAIL	CMSen	18	1:47:09.48	05:57	0:25:36
32	1116 Pedro Nuno da Silva pimenta	EDL Trail	CMSen	19	1:49:09.64	06:04	0:27:37
33	1180 Gonçalo Pinheiro,	Olimpico Vianense	CM40	10	1:49:10.32	06:04	0:27:37
34	1290 Carla Pereira,	Olimpico Vianense	CFSen	1	1:49:32.69	06:05	0:28:00
35	1175 Nuno Paredinha,	Olimpico Vianense	CM40	11	1:49:33.64	06:05	0:28:01
36	1061 António Amorim,	ACRA Running	CM50	5	1:49:34.64	06:05	0:28:02
37	1053 Vitor Gomes,	ACRA Running	CMSen	20	1:49:59.40	06:07	0:28:26
38	1229 Carlos Sousa,	CTM Vila Pouca de Aguiar	CM50	6	1:50:00.56	06:07	0:28:28
39	1019 José Lima Amorim,	Ker Spor Trail Running	CM50	7	1:50:20.00	06:08	0:28:47
40	1176 Paulo Alves,	Olimpico Vianense	CM50	8	1:50:22.04	06:08	0:28:49
41	1284 JAVIER RODRIGUEZ,	TROGLODITAS RUNNERS	CM50	9	1:51:17.21	06:11	0:29:44
42	1051 Rafael Abreu,	GD CASTELENSE	CMSen	21	1:51:24.46	06:11	0:29:51
43	1118 Armando Vieira,	EDL Trail	CM40	12	1:51:41.64	06:12	0:30:09
44	1009 BRUNO RODRIGUES,	MINHO E LIMA TRAIL	CMSen	22	1:51:57.13	06:13	0:30:24
45	1293 José Pais,	EDL Trail	CM40	13	1:52:30.59	06:15	0:30:58
46	1231 Guilhermino Meireles,	CTM Vila Pouca de Aguiar	CM40	14	1:52:30.65	06:15	0:30:58
47	1154 Marco Dantas,		CMSen	23	1:53:10.88	06:17	0:31:38
48	1077 Carlos Taveira,	TROGLODITAS RUNNERS	CMSen	24	1:53:38.50	06:19	0:32:06
49	1219 Zeca Martins,	TROGLODITAS RUNNERS	CMSen	25	1:53:41.27	06:19	0:32:08
50	1196 Vasco Rocha,	ACDAV / OLHAR ENCANTADOR	CM40	15	1:53:55.62	06:20	0:32:23
51	1267 Carlos Soares,	Olimpico Vianense	CM50	10	1:53:58.47	06:20	0:32:25
52	1057 Francisco Alves,	Cerveira Team Running	CM40	16	1:54:05.46	06:20	0:32:32
53	1080 Manuel Gomes,	Academia Desportiva de Arcos de Valdev	CM40	17	1:54:11.28	06:21	0:32:38
54	1265 Eusébio Ruas,	Olimpico Vianense	CM50	11	1:54:45.90	06:23	0:33:13
55	1220 Paulo Gomes,	ACRA Running	CMSen	26	1:54:49.66	06:23	0:33:17

56	1056	Gilbert Fernandes,	Alto do Picoto	CMSen	27	1:55:00.94	06:23	0:33:28
57	1034	Marco Amador,	Sportarc.running	CMSen	28	1:55:04.27	06:24	0:33:31
58	1153	PAULO SOARES,	LETHES TRAIL TEAM	CM40	18	1:55:15.04	06:24	0:33:42
59	1163	Arnaldo Azevedo,	Ker Spor Trail Running	CMSen	29	1:55:34.81	06:25	0:34:02
60	1103	Antonio Borbes,	Olimpico Vianense	CM40	19	1:55:37.46	06:25	0:34:04
61	1054	Eunice Sousa,	GD CASTELENSE	CFSen	2	1:55:37.76	06:25	0:34:05
62	1278	Ruben Salgado,	GTT armazem do cafe	CMS23	1	1:56:15.76	06:28	0:34:43
63	1286	Paula Costa,	Academia Desportiva de Arcos de Valdev	CFSen	3	1:56:21.21	06:28	0:34:48
64	1109	Bruno Loureiro,	AMC TRAIL	CMSen	30	1:56:59.90	06:30	0:35:27
65	1055	Diogo Silva,	ACRA Running	CMSen	31	1:57:28.00	06:32	0:35:55
66	1070	Flávio Pereira,		CMSen	32	1:58:04.62	06:34	0:36:32
67	1165	Tiago Lima,	Ker Spor Trail Running	CMSen	33	1:58:45.07	06:36	0:37:12
68	1162	Eduardo Barreiro,	Ker Spor Trail Running	CM40	20	1:58:46.20	06:36	0:37:13
69	1041	Marco Inês,	Ker Spor Trail Running	CMSen	34	1:58:53.44	06:36	0:37:20
70	1017	Gonçalo Freitas,	AMC TRAIL	CMS23	2	1:58:58.40	06:37	0:37:25
71	1158	Rui Maciel,	Alexandra Carvalho Team	CM40	21	1:59:10.20	06:37	0:37:37
72	1074	Ana Cerqueira,	TROGLODITAS RUNNERS	CFSen	4	1:59:33.28	06:39	0:38:00
73	1073	Filipe Lage,	TROGLODITAS RUNNERS	CMSen	35	1:59:34.14	06:39	0:38:01
74	1274	Rafael Loureiro,	Olimpico Vianense	CMS23	3	2:00:28.73	06:42	0:38:56
75	1064	João Carlos Pereira Morgado	MINHO E LIMA TRAIL	CM40	22	2:00:29.71	06:42	0:38:57
76	1191	André Felgueiras,	The Wolves-Amigos Do Desporto Da AC	CMSen	36	2:00:35.50	06:42	0:39:03
77	1232	Sérgio Vilela,	CTM Vila Pouca de Aguiar	CMSen	37	2:00:39.45	06:42	0:39:06
78	1187	Paulo Marques,	ENEGE TEAM	CMSen	38	2:01:00.93	06:43	0:39:28
79	1211	Pierre Gomes,	Cerveira Team Running	CMSen	39	2:01:06.96	06:44	0:39:34
80	1243	Bruno Pereira,	Endovelico	CMSen	40	2:01:38.24	06:45	0:40:05
81	1208	Sérgio Martins,	TRILHOS OCULTOS	CMSen	41	2:01:58.17	06:47	0:40:25
82	1128	Laura Costa,	ACRA Running	CFSen	5	2:02:34.57	06:49	0:41:02
83	1159	Carlos Campaíña,	Alexandra Carvalho Team	CMSen	42	2:03:07.44	06:50	0:41:34
84	1188	Diogo Pereira,	ENEGE TEAM	CMSen	43	2:03:10.12	06:51	0:41:37
85	1213	Bruno Pinheiro,	Trail Team Montaria	CMSen	44	2:03:19.36	06:51	0:41:46
86	1209	Eliseu Martins,		CM50	12	2:03:50.23	06:53	0:42:17
87	1146	Mario Braga,	Alexandra Carvalho Team	CM40	23	2:03:55.96	06:53	0:42:23
88	1045	Armando Teixeira,		CM50	13	2:03:59.28	06:53	0:42:26
89	1101	Alberto Cunha,	Olimpico Vianense	CM50	14	2:04:00.42	06:53	0:42:27
90	1125	Manuel Pinto Pinto,	Academia Desportiva de Arcos de Valdev	CM50	15	2:04:04.78	06:54	0:42:32
91	1139	Francisca Costa Leite,	Alexandra Carvalho Team	CFSen	6	2:04:08.77	06:54	0:42:36
92	1023	Paulo Bastos,	AMC TRAIL	CM40	24	2:04:10.09	06:54	0:42:37
93	1195	Miguel Barbosa,	Cerveira Team Running	CMSen	45	2:04:48.17	06:56	0:43:15
94	1225	Rui Guia,	Trail Team Montaria	CM40	25	2:04:53.73	06:56	0:43:21
95	1007	Eduardo Martins,	AMC TRAIL	CM40	26	2:05:02.31	06:57	0:43:29
96	1193	Sérgio Videira,	The Wolves-Amigos Do Desporto Da AC	CMSen	46	2:05:09.33	06:57	0:43:36
97	1042	Pedro Oliveira,	Cerveira Team Running	CMSen	47	2:05:21.05	06:58	0:43:48
98	1150	Miguel Gonçalves,	Melgaço alvarinho trail	CM40	27	2:05:53.52	07:00	0:44:21
99	1283	JOSE SEIJO,	TROGLODITAS RUNNERS	CM50	16	2:05:54.00	07:00	0:44:21
100	1016	Leandro Freitas,	AMC TRAIL	CM50	17	2:06:51.49	07:03	0:45:18
101	1250	Leticia Gonçalves,	Palmeira de Faro	CFSen	7	2:07:16.31	07:04	0:45:43
102	1249	César Machado,		CMSen	48	2:07:16.44	07:04	0:45:43
103	1268	Jose Loureiro,	Olimpico Vianense	CM40	28	2:07:18.77	07:04	0:45:46
104	1206	Diana Costa,	Academia Desportiva de Arcos de Valdev	CFSen	8	2:07:43.55	07:06	0:46:11
105	1222	Daniel Amorim,	ACDAV / OLHAR ENCANTADOR	CM40	29	2:08:30.96	07:08	0:46:58
106	1171	Marco Segadães,	Cerveira Team Running	CM40	30	2:08:33.36	07:09	0:47:00
107	1226	César Sousa,	CTM Vila Pouca de Aguiar	CM40	31	2:08:52.94	07:10	0:47:20
108	1287	Hernâni Veríssimo,		CMSen	49	2:08:58.25	07:10	0:47:25
109	1157	Jorge Alvarez,	VII Legio Gemina	CM40	32	2:09:30.01	07:12	0:47:57
110	1142	Filipe Lima,	Alexandra Carvalho Team	CM40	33	2:09:48.21	07:13	0:48:15
111	1068	Catarina Cerqueira,	ACRA Running	CFSen	9	2:11:52.53	07:20	0:50:20
112	1115	Luis Araújo,	Cerveira Team Running	CM50	18	2:11:55.02	07:20	0:50:22
113	1021	Manuel Vale,		CM40	34	2:12:52.87	07:23	0:51:20
114	1149	Frutuoso Sousa,	Os Sonos	CMSen	50	2:12:57.63	07:23	0:51:25

115	1105	Fernando Viana,	Olimpico Vianense	CM40	35	2:13:07.44	07:24	0:51:34
116	1233	Manuel Ferreira,	CTM Vila Pouca de Aguiar	CM50	19	2:13:12.48	07:24	0:51:39
117	1207	Carlos Dias,		CMSen	51	2:14:02.13	07:27	0:52:29
118	1221	Miguel Silva,		CMSen	52	2:14:02.60	07:27	0:52:30
119	1000	João Calheiros,	TROGLODITAS RUNNERS	CMSen	53	2:14:57.05	07:30	0:53:24
120	1192	Gilberto Videira,	The Wolves-Amigos Do Desporto Da AC	CMSen	54	2:16:41.36	07:36	0:55:08
121	1160	Anabela Fernandes,		CFSen	10	2:17:26.82	07:38	0:55:54
122	1266	Francisco Ferreira,	Olimpico Vianense	CM50	20	2:17:28.42	07:38	0:55:55
123	1270	Jose Silva,	Olimpico Vianense	CM50	21	2:17:37.73	07:39	0:56:05
124	1241	Francisco Branco,	CAAV	CMSen	55	2:17:39.82	07:39	0:56:07
125	1240	João Gomes,	Centro de atletismo de Arcos de Valdevez	CMSen	56	2:17:48.99	07:39	0:56:16
126	1182	Noemia Ferreira,	Olimpico Vianense	CFSen	11	2:19:19.38	07:44	0:57:46
127	1050	Edgar Costa,	B.T.M.	CM40	36	2:19:54.69	07:46	0:58:22
128	1096	João Baptista,	ACRA Running	CM40	37	2:20:02.24	07:47	0:58:29
129	1121	António Miranda,	Ker Spor Trail Running	CM50	22	2:20:22.33	07:48	0:58:49
130	1172	Marina Amorim,	ACRA Running	CFSen	12	2:20:22.39	07:48	0:58:49
131	1039	Libânia Lopes,	Ker Spor Trail Running	CFSen	13	2:20:22.67	07:48	0:58:50
132	1062	Ana Francisca Amorim,	ACRA Running	CFSen	14	2:20:23.02	07:48	0:58:50
133	1063	Miguel Pereira,	Alto do Picoto	CM40	38	2:20:52.78	07:50	0:59:20
134	1271	Luis Freitas,	Olimpico Vianense	CMSen	57	2:21:10.11	07:51	0:59:37
135	1228	Lúcia Lemos,	CTM Vila Pouca de Aguiar	CF50	1	2:22:08.45	07:54	1:00:35
136	1002	Maria Araújo,	TROGLODITAS RUNNERS	CFSen	15	2:22:16.92	07:54	1:00:44
137	1072	Arnaldo Torquato,	TROGLODITAS RUNNERS	CM50	23	2:22:18.19	07:54	1:00:45
138	1052	Helena Cerqueira,	ACRA Running	CFSen	16	2:22:28.35	07:55	1:00:55
139	1168	Silvia Viana,	Ker Spor Trail Running	CF40	1	2:24:21.58	08:01	1:02:49
140	1167	Francisco Cerqueira,	Ker Spor Trail Running	CM40	39	2:24:21.83	08:01	1:02:49
141	1036	Gabriel Sousa,	Solemates	CMSen	58	2:24:51.26	08:03	1:03:18
142	1256	Pedro Costa,		CM40	40	2:24:52.49	08:03	1:03:19
143	1035	Cristina Teixeira,		CFSen	17	2:24:52.76	08:03	1:03:20
144	1200	Vladmir Lenine,	3D	CMSen	59	2:25:09.36	08:04	1:03:36
145	1199	André Rodrigues,	3D	CMSen	60	2:25:09.44	08:04	1:03:36
146	1031	Vitor Rodrigues,	São Team	CM40	41	2:25:34.39	08:05	1:04:01
147	2010	Miguel Fernandes,	TROGLODITAS RUNNERS	CM40	42	2:25:37.62	08:05	1:04:05
148	1260	Fernanda Dias,	EcoBarcAventura	CF50	2	2:25:56.83	08:06	1:04:24
149	1147	Antonio Fernandes,	Alexandra Carvalho Team	CM40	43	2:26:16.71	08:08	1:04:44
150	1008	Marta Cunha,	MINHO E LIMA TRAIL	CFSen	18	2:26:46.62	08:09	1:05:14
151	1140	Susana Crasto,	Alexandra Carvalho Team	CF40	2	2:26:47.13	08:09	1:05:14
152	1136	Adosinda Maciel,	Alexandra Carvalho Team	CF50	3	2:27:06.59	08:10	1:05:34
153	1197	Pedro Ferreira,		CMSen	61	2:27:30.34	08:12	1:05:57
154	1273	Joel Taborda,	Olimpico Vianense	CMSen	62	2:27:34.02	08:12	1:06:01
155	1104	Carla Cruz,	Olimpico Vianense	CF40	3	2:27:34.41	08:12	1:06:01
156	1214	Carla Palmeiro,		CF40	4	2:29:19.99	08:18	1:07:47
157	1134	Eulália Miranda,	Alexandra Carvalho Team	CF50	4	2:29:31.83	08:18	1:07:59
158	1218	Carla Oliveira,	Braga	CF40	5	2:29:33.32	08:19	1:08:00
159	1086	Gonçalo Gomes,	OADA - Os Amigos da Aventura	CMS23	4	2:29:34.63	08:19	1:08:02
160	1262	Carla Dias,	EcoBarcAventura	CF40	6	2:30:27.35	08:22	1:08:54
161	1089	Oscar Sousa,	Olimpico Vianense	CMSen	63	2:30:28.80	08:22	1:08:56
162	1178	Marina Salgueiro,	Olimpico Vianense	CF40	7	2:30:37.72	08:22	1:09:05
163	1174	Marco Maciel,	Olimpico Vianense	CM40	44	2:30:39.59	08:22	1:09:07
164	1138	Alexandra Carvalho,	Alexandra Carvalho Team	CF40	8	2:31:17.96	08:24	1:09:45
165	1275	Andra Julio,	GTT armazem do cafe	CF40	9	2:31:19.06	08:24	1:09:46
166	2000	Ana Rita Fornelos,	TROGLODITAS RUNNERS	CFS23	1	2:31:37.85	08:25	1:10:05
167	1132	Isabel Leitão,	Alexandra Carvalho Team	CF40	10	2:31:44.36	08:26	1:10:11
168	1179	Anabela Salgado,	Olimpico Vianense	CF40	11	2:32:08.39	08:27	1:10:35
169	1090	Sara Sousa,	Olimpico Vianense	CFSen	19	2:32:18.61	08:28	1:10:46
170	1247	Augusta Martins,	ACRA Running	CF40	12	2:32:32.58	08:28	1:11:00
171	1129	SÍLVIA SILVA,	Alexandra Carvalho Team	CFSen	20	2:32:34.39	08:29	1:11:01
172	1164	Carla Marques Silva,	Ker Spor Trail Running	CF40	13	2:32:56.45	08:30	1:11:23
173	1161	Catarina Amorim,		CFSen	21	2:32:58.00	08:30	1:11:25

174	1093	Susana Cristina Ferreira,	ACRA Running	CFSen	22	2:32:58.49	08:30	1:11:25
175	1205	Cidália Barbosa,	Cerveira Team Running	CF50	5	2:33:03.72	08:30	1:11:31
176	1083	Marta Pinto,	#correratenumdarmais	CF40	14	2:33:38.41	08:32	1:12:05
177	1082	César Rocha,	#correratenumdarmais	CM40	45	2:33:39.26	08:32	1:12:06
178	1124	António Antunes,	Palmeira runners	CM50	24	2:33:55.18	08:33	1:12:22
179	1202	Jacinta Correia,		CFSen	23	2:34:58.56	08:37	1:13:26
180	1203	Jorge Correia,		CFSen	24	2:34:58.75	08:37	1:13:26
181	1215	Luís Borlido,		CM40	46	2:34:59.48	08:37	1:13:26
182	1122	Graça Soares Rodrigues,		CF40	15	2:34:59.84	08:37	1:13:27
183	1212	Filpe Ezeiras,	Ezeiras Team	CMS23	5	2:36:08.23	08:40	1:14:35
184	1255	Alexandre Rodrigues,		CMSen	64	2:36:11.79	08:41	1:14:39
185	1239	Paulo Carreira,		CM50	25	2:36:22.29	08:41	1:14:49
186	1294	Ricardo Esteves, o		CMS23	6	2:36:23.58	08:41	1:14:51
187	1204	Lurdes Oliveira,	ASCD-Vile	CMSen	65	2:37:05.19	08:44	1:15:32
188	1047	Sérgio Ferreira,	Clube de Atletismo de Arentim e Cunha -	CMSen	66	2:38:18.91	08:48	1:16:46
189	1087	Abilio Fornelos,	TROGLODITAS RUNNERS	CM40	47	2:38:21.80	08:48	1:16:49
190	1156	Juan Gonzalez,	VII Legio Gemina	CM50	26	2:38:38.16	08:49	1:17:05
191	1091	Rui Lopes,		CM40	48	2:38:38.99	08:49	1:17:06
192	1015	Nuno Martins,		CMSen	67	2:39:06.51	08:50	1:17:34
193	2001	Angela Fornelos,	TROGLODITAS RUNNERS	CF40	16	2:39:49.65	08:53	1:18:17
194	1183	Patricio Rodrigues,	Bagarinho temos tempo	CM40	49	2:40:20.37	08:54	1:18:47
195	1028	Fernando Jorge Oliveira,	São Team	CM50	27	2:40:33.06	08:55	1:19:00
196	1071	Carlos Costa,	TROGLODITAS RUNNERS	CM50	28	2:41:33.19	08:59	1:20:00
197	1230	Ângelo Costa,	CTM Vila Pouca de Aguiar	CMSen	68	2:42:43.58	09:02	1:21:11
198	1033	bruno silva,	Viana do Castelo	CMSen	69	2:43:41.68	09:06	1:22:09
199	1244	Francisco Lopes,	TRILHOS OCULTOS	CM40	50	2:44:39.11	09:09	1:23:06
200	1246	Nuno Gomes,	TRILHOS OCULTOS	CMSen	70	2:44:39.51	09:09	1:23:07
201	66	Sofia Venade,	Cerveira Team Running	CFSen	25	2:45:43.24	09:12	1:24:10
202	1170	Marisa Segadães,	Cerveira Team Running	CF40	17	2:45:43.68	09:12	1:24:11
203	1126	David Coelho Coelho,	Academia Desportiva de Arcos de Valdev	CM50	29	2:45:56.66	09:13	1:24:24
204	1186	Joana Amorim,	ACRA Running	CFSen	26	2:46:06.77	09:14	1:24:34
205	1108	Lurdes Magalhães,		CF40	18	2:46:10.92	09:14	1:24:38
206	1006	Daniel Gomes,		CM40	51	2:46:13.34	09:14	1:24:40
207	1120	Álvaro Amorim,	Ker Spor Trail Running	CMSen	71	2:46:18.69	09:14	1:24:46
208	1155	Nuno Lima,		CM40	52	2:46:31.54	09:15	1:24:59
209	1279	Cátia Salgado,	GTT armazen do cafe	CFSen	27	2:48:02.46	09:20	1:26:29
210	1065	luis Ramos,	Ei Team Trail	CMSen	72	2:48:11.55	09:21	1:26:39
211	1280	Marcelo Teles,	GTT armazen do cafe	CMSen	73	2:48:30.03	09:22	1:26:57
212	1276	Dina Amorim,	GTT armazen do cafe	CFSen	28	2:48:31.73	09:22	1:26:59
213	1261	Ana Paula Afonso,	EcoBarcAventura	CFSen	29	2:49:31.06	09:25	1:27:58
214	1292	Mariana Campos,		CFSen	30	2:49:31.33	09:25	1:27:58
215	1143	Edgar De Sousa,	Alexandra Carvalho Team	CM40	53	2:50:14.59	09:27	1:28:42
216	1145	Jorge Ribeiro,	Alexandra Carvalho Team	CM40	54	2:51:23.55	09:31	1:29:51
217	1190	Elisa Alves,		CFSen	31	2:51:25.22	09:31	1:29:52
218	1003	Maria Oliveira,	TROGLODITAS RUNNERS	CF40	19	2:53:08.15	09:37	1:31:35
219	1013	BRUNO NARCISO,	MINHO E LIMA TRAIL	CMS23	7	2:53:17.94	09:38	1:31:45
220	1291	Rafael Freitas,		CMSen	74	2:53:49.85	09:39	1:32:17
221	1257	Maria Alberta Centeno,	EcoBarcAventura	CF50	6	2:53:50.20	09:39	1:32:17
222	1043	Laura Gomes,		CF40	20	2:54:08.09	09:40	1:32:35
223	1037	Irene Martins,	Sportarc	CF40	21	2:54:09.05	09:41	1:32:36
224	1040	Paula Martins pinho,		CF40	22	2:54:15.50	09:41	1:32:43
225	1141	Helena Beirao,	Alexandra Carvalho Team	CF40	23	2:55:51.80	09:46	1:34:19
226	1137	Bruna Costa,	Alexandra Carvalho Team	CFSen	32	2:55:52.30	09:46	1:34:19
227	1259	Maria Clara Ferreira,	EcoBarcAventura	CF50	7	2:55:57.55	09:47	1:34:25
228	1106	Isabel Gonçalves,	Olimpico Vianense	CF40	24	2:56:54.73	09:50	1:35:22
229	1114	Rosa Rodrigues,	Cerveira Team Running	CFSen	33	2:56:59.46	09:50	1:35:26
230	1242	Carine Reis,	Desnivel positivo	CF40	25	2:56:59.80	09:50	1:35:27
231	1030	José Fernandes,	São Team	CM50	30	2:57:07.88	09:50	1:35:35
232	1184	Paula Araújo,	Trail Team Vila de Mouros	CFSen	34	2:57:44.23	09:52	1:36:11

233	1113	Sergio Enes,		CM50	31	3:01:53.45	10:06	1:40:20
234	1216	Maria do Céu Lopes,		CF40	26	3:04:03.57	10:14	1:42:31
235	1217	Paulino Marques,		CM40	55	3:04:04.27	10:14	1:42:31
236	1236	Carla Ribeiro,	GOMES	CF40	27	3:04:41.18	10:16	1:43:08
237	1223	Sílvia Martins,	Trail Team Montaria	CFS23	2	3:04:43.97	10:16	1:43:11
238	1224	Nascimento Rocha,	Trail Team Montaria	CM40	56	3:04:44.19	10:16	1:43:11
239	1235	Marco Gomes,	GOMES	CM40	57	3:04:44.32	10:16	1:43:11
240	1234	Pedro Gomes,	GOMES	CM40	58	3:04:45.13	10:16	1:43:12
241	2008	Paula Araújo,	TROGLODITAS RUNNERS	CFSen	35	3:04:45.75	10:16	1:43:13
242	1173	4960-522 Alves,	SOLOPISADAS TEAM	CF40	28	3:06:35.83	10:22	1:45:03
243	1263	Paula Brota,	Olimpico Vianense	CFSen	36	3:09:51.37	10:33	1:48:18
244	1123	Ilda Rodrigues Cardadeiro,		CF40	29	3:10:49.21	10:36	1:49:16
245	1029	António Raposo,	São Team	CM40	59	3:11:44.93	10:39	1:50:12
246	1289	Rosa Rocha,	TROGLODITAS RUNNERS	CF40	30	3:15:48.25	10:53	1:54:15
247	1238	Adelaide Filipe,	Cerveira Team Running	CF50	8	3:16:19.20	10:54	1:54:46
248	1248	Fátima Fernandes,	Cerveira Team Running	CF40	31	3:16:19.83	10:54	1:54:47
249	1237	Samanta Filipe,	Cerveira Team Running	CFSen	37	3:16:20.42	10:54	1:54:47
250	1067	Carlos Cerqueira,	EcoBarcAventura	CM40	60	3:19:26.71	11:05	1:57:54
251	1066	Bruno Rodrigues,	OJOGO	CM40	61	3:21:52.36	11:13	2:00:19
252	1058	Sandra Oliveira,		CFSen	38	3:21:52.63	11:13	2:00:20
253	1027	Rosário Guerra,	São Team	CF50	9	3:22:14.27	11:14	2:00:41
254	1210	Garcia Silva,	EcoBarcAventura	CM50	32	3:23:57.11	11:20	2:02:24
255	1258	Vitor Rodrigues,	EcoBarcAventura	CMSen	75	3:23:58.08	11:20	2:02:25
256	1269	Maria Negrão,	Olimpico Vianense	CM40	62	3:46:08.19	12:34	2:24:35
257	1272	Alexandre Negrão,	Olimpico Vianense	CM40	63	3:46:08.60	12:34	2:24:36
258	1285	Sofia Campos,	GTT armazem do cafe	CF40	32	3:46:13.89	12:34	2:24:41
259	1097	Sofia Silva,	Metralhas Runners	CFSen	39	3:47:36.91	12:39	2:26:04
260	1094	Sonia Sampaio,	Metralhas Runners	CF40	33	3:48:11.21	12:41	2:26:38
261	1026	Benedita Barreiros,	São Team	CFS23	3	3:54:46.97	13:03	2:33:14
262	1024	Conceição Pinto,	São Team	CF50	10	3:54:47.16	13:03	2:33:14