

Classificação Geral

Mini Trail

10,00 Km.

Pos.	Dor. Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	2164 JOSE LOSADA,	TROGLODITAS RUNNERS	MSen	1	48:41.10	04:52	
2	2089 Ricardo Esteves,	Bela	MSen	2	49:31.85	04:57	0:00:51
3	2048 JOAO LUIS FERNANDES A COURA		M40	1	50:50.02	05:05	0:02:09
4	2093 Ricardo Cruz,	Ker Spor Trail Running	MS23	1	59:01.88	05:54	0:10:21
5	2122 Fernando Temporão,	FT Personal Trainer	MSen	3	1:02:20.80	06:14	0:13:40
6	2091 marlene puga,	Ker Spor Trail Running	FSen	1	1:02:57.69	06:18	0:14:17
7	2025 Carlos Oliveira,	OADA - Os Amigos da Aventura	M40	2	1:05:23.92	06:32	0:16:43
8	2068 Gustavo Cacho,		M40	3	1:05:48.05	06:35	0:17:07
9	2032 Rui Dias,	#correratenumdarmais	M40	4	1:05:48.97	06:35	0:17:08
10	2087 Rosa Pereira,	ACDAV / OLHAR ENCANTADOR	FSen	2	1:05:53.74	06:35	0:17:13
11	2092 Sara Carpinteira,	Ker Spor Trail Running	FSen	3	1:06:36.78	06:40	0:17:56
12	1169 Carla Amorim,	Ker Spor Trail Running	F40	1	1:06:37.61	06:40	0:17:57
13	2040 Antonio Machado,	Ei Team Trail	M40	5	1:08:19.66	06:50	0:19:39
14	2081 António Barreto,		MSen	4	1:08:20.43	06:50	0:19:39
15	2117 Rosa Pereira,		FSen	4	1:10:14.08	07:01	0:21:33
16	2170 Armando Pedreira,		M40	6	1:10:15.84	07:02	0:21:35
17	2050 maria nathalia fernandes afonso,		FSen	5	1:10:16.10	07:02	0:21:35
18	2101 Tiago Gonsalves,	Afifense Trail	MSen	5	1:11:31.89	07:09	0:22:51
19	2023 Henrique Gonçalves,	OADA - Os Amigos da Aventura	MSen	6	1:12:46.37	07:17	0:24:05
20	2166 Bruno martins,		MSen	7	1:13:01.00	07:18	0:24:20
21	2129 César Castro,		MSen	8	1:13:03.79	07:18	0:24:23
22	2043 Gilberto Machado,	TROGLODITAS RUNNERS	M40	7	1:13:05.78	07:19	0:24:25
23	2103 Jose Rodriguez,	ASALTAMONTES	M40	8	1:13:52.65	07:23	0:25:12
24	2104 ANTONIO GUEDE CONDE,	ASALTAMONTES	M40	9	1:13:52.70	07:23	0:25:12
25	2070 Cristina Matos,	Ker Spor Trail Running	FSen	6	1:14:36.17	07:28	0:25:55
26	2037 Armandina Torres,	GDCT INCM	F40	2	1:14:38.62	07:28	0:25:58
27	2011 Antonino Gonçalves,		M50	1	1:14:42.25	07:28	0:26:01
28	2118 Vanessa Cacheiro,	VII Legio Gemina	FSen	7	1:15:36.01	07:34	0:26:55
29	2056 Gonçalo Costa Neves,		MSen	9	1:17:49.39	07:47	0:29:08
30	2074 José Ferreira,		M50	2	1:17:53.00	07:47	0:29:12
31	2059 Sérgio Fernandes,	TROGLODITAS RUNNERS	MSen	10	1:18:07.39	07:49	0:29:26
32	2041 Dinis Machado,	TROGLODITAS RUNNERS	MS23	2	1:18:09.54	07:49	0:29:29
33	2105 MARCOS CONDE GONZAL	ASALTAMONTES	M40	10	1:18:40.41	07:52	0:29:59
34	2069 Marisa Esteves,		FSen	8	1:18:40.52	07:52	0:30:00
35	2079 Marta Dias,	Melgaço alvarinho trail	FSen	9	1:18:40.73	07:52	0:30:00
36	2167 Pedro Neves,		MSen	11	1:18:46.90	07:53	0:30:06
37	2027 Mónica Morais,	Alto do Picoto	FSen	10	1:18:48.58	07:53	0:30:08
38	2066 Silvina Pais,		F50	1	1:18:59.54	07:54	0:30:19
39	2144 Pedro Tiago Fernandes,		MSen	12	1:19:17.37	07:56	0:30:36
40	2031 Márcia Coelho,	Ei Team Trail	F40	3	1:19:20.53	07:56	0:30:40
41	2060 Carla Ferreira,	ADECA	F40	4	1:19:21.83	07:56	0:30:41
42	2075 Francisco Ferreira,	ADECA	M40	11	1:20:00.39	08:00	0:31:19
43	1152 Simao Pedro,		MSen	13	1:20:08.87	08:01	0:31:28
44	2036 jeane giacomozzi,	brasil	F40	5	1:20:09.30	08:01	0:31:28
45	2090 andreia ferraz,	Ker Spor Trail Running	FSen	11	1:20:18.28	08:02	0:31:37
46	2160 María José Tourón Novelle,	Box 001 Runmaniak	FSen	12	1:22:01.35	08:12	0:33:20
47	2084 Luis Alvarez,	VII Legio Gemina	M40	12	1:22:09.18	08:13	0:33:28
48	2119 Raul Alvarez,	VII Legio Gemina	M40	13	1:22:09.46	08:13	0:33:28
49	2123 Susana Costa,		FS23	1	1:22:12.95	08:13	0:33:32
50	2115 Mariana Souto,		FS23	2	1:22:14.72	08:13	0:33:34
51	2039 Liliana Rocha,	Ei Team Trail	FSen	13	1:23:59.08	08:24	0:35:18
52	2121 Clara Gonçalves,	Costa & Gonçalves	F40	6	1:24:01.34	08:24	0:35:20
53	2086 João Dias,	VII Legio Gemina	MSen	14	1:24:07.39	08:25	0:35:26
54	2017 Patricia Caldas,	GTT armazem do cafe	FSen	14	1:24:24.16	08:26	0:35:43
55	2114 Patrícia Ribeiro,		FSen	15	1:25:20.83	08:32	0:36:40

56	2026	Patrícia Daniela Rodrigues,	Alto do Picoto	FSen	16	1:28:03.60	08:48	0:39:23
57	2162	Albino Oliveira,	GTT armazem do cafe	M50	3	1:28:04.12	08:48	0:39:23
58	2029	Isabel Silva,	Alto do Picoto	FSen	17	1:28:04.84	08:48	0:39:24
59	2002	Patricia Castro,	TROGLODITAS RUNNERS	FSen	18	1:28:12.68	08:49	0:39:32
60	2161	Hugo Silva,	GTT armazem do cafe	M40	14	1:29:45.02	08:59	0:41:04
61	2076	Ana Rita Coelho Batalha,		FSen	19	1:29:48.62	08:59	0:41:08
62	2030	Sara Franco,	LETHES TRAIL TEAM	FSen	20	1:29:51.03	08:59	0:41:10
63	2152	Marta Seguin,		F40	7	1:29:52.31	08:59	0:41:11
64	2106	Jorge Sousa,	LETHES TRAIL TEAM	M50	4	1:30:07.92	09:01	0:41:27
65	2139	Aurora Cardoso,		F50	2	1:30:23.60	09:02	0:41:43
66	2098	Maria dos Anjos Amorim,	Alexandra Carvalho Team	F40	8	1:30:29.45	09:03	0:41:48
67	2052	Andreia Pelicano,	Befitness	FSen	21	1:30:39.53	09:04	0:41:59
68	2051	Vitor Mendes,	Befitness	M40	15	1:30:40.90	09:04	0:42:00
69	2142	Tiago Araujo,		MSen	15	1:30:51.52	09:05	0:42:11
70	2143	Lucia Carvalho,		FSen	22	1:30:51.80	09:05	0:42:11
71	2120	Rui Costa,	Costa & Gonçalves	M40	16	1:30:57.78	09:06	0:42:17
72	2033	Cidalia Silva,	#correratenumdarmais	F50	3	1:31:13.96	09:07	0:42:33
73	2155	Pedro Esteves,	O Pasquim da Vila	MSen	16	1:31:43.67	09:10	0:43:03
74	2022	Rosa Ribeiro,		F40	9	1:32:17.80	09:14	0:43:37
75	2021	Fernando Moreira,		M50	5	1:32:18.19	09:14	0:43:37
76	2113	Angela Nunes,		FSen	23	1:32:55.14	09:18	0:44:14
77	2015	Margarete Couto,	Afifense Trail	FSen	24	1:34:24.40	09:26	0:45:43
78	2147	Artur Centeno,	EcoBarcAventura	M50	6	1:35:33.61	09:33	0:46:53
79	1151	Pedro Filipe Ferreira,	matosinhos sul	M40	17	1:37:58.35	09:48	0:49:17
80	2095	José Coelho,	ADECA	M50	7	1:38:17.00	09:50	0:49:36
81	2158	Isabel Araujo,	Correrias	F40	10	1:38:18.72	09:50	0:49:38
82	2153	Daniel Rosell,		MSen	17	1:40:04.07	10:00	0:51:23
83	2138	Carla Martins,		F40	11	1:40:08.36	10:01	0:51:27
84	2116	Margarida Pereira,	ACRA Running	F40	12	1:40:09.59	10:01	0:51:29
85	2135	Hugo Lobo,	TRILHOS OCULTOS	MS23	3	1:40:26.35	10:03	0:51:45
86	2163	Cléia Santiago,	GTT armazem do cafe	FSen	25	1:42:06.30	10:13	0:53:25
87	2094	Isabel Nolasco,		F50	4	1:42:38.78	10:16	0:53:58
88	2072	Rita Pereira,		FSen	26	1:43:36.20	10:22	0:54:55
89	2071	Teresa Malheiro,		F40	13	1:44:27.40	10:27	0:55:46
90	2140	Vera Filipe,	Cerveira Team Running	FSen	27	1:44:52.74	10:29	0:56:12
91	2146	SILVIA FREITAS,	AMC TRAIL	F40	14	1:47:44.54	10:46	0:59:04
92	2034	Carlos Pereira,	Ruilhe Runners	MSen	18	1:49:02.59	10:54	1:00:22
93	2028	Sofia Peixoto,	Ruilhe Runners	FSen	28	1:49:03.39	10:54	1:00:22
94	0	*****, Dorsal		??????		1:49:37.84	10:58	1:00:57
95	2125	Ana Cardoso,		FSen	29	1:49:38.13	10:58	1:00:57
96	2042	Manuela Coelho,	TROGLODITAS RUNNERS	F40	15	1:50:04.97	11:00	1:01:24
97	2088	Marlene Afonso,	SPEM	FSen	30	1:50:05.74	11:01	1:01:25
98	2067	Artur Pereira,		M50	8	1:51:16.78	11:08	1:02:36
99	2141	Fernanda Ribeiro,	Vila Praia de Âncora	FSen	31	1:52:24.34	11:14	1:03:43
100	2124	Sofia Veiga,	Trail Team Montaria	FSen	32	1:52:25.26	11:15	1:03:44
101	2078	Marta Carvalho,		FSen	33	1:52:45.87	11:17	1:04:05
102	2077	César Bessa,		M40	18	1:52:46.19	11:17	1:04:05
103	2044	Cristiana Pereira,		FS23	3	1:52:56.96	11:18	1:04:16
104	2035	Mariana Lima,		FS23	4	1:52:57.84	11:18	1:04:17
105	2159	Manuela Costa,	Correrias	F40	16	1:54:54.27	11:29	1:06:13
106	2109	Daniel Barreto,	Alexandra Carvalho Team	MSen	19	1:55:06.48	11:31	1:06:25
107	2080	Ana Castro,	Ruilhe Runners	FSen	34	1:55:18.19	11:32	1:06:37
108	2003	Rui Rodrigues,	Ruilhe Runners	M40	19	1:55:18.28	11:32	1:06:37
109	2157	Ines Loureiro,	Olimpico Vianense	FS23	5	1:55:50.21	11:35	1:07:09
110	2111	Anabela Guiomar,		F40	17	2:00:14.89	12:01	1:11:34
111	2112	Sergio Silva,		M40	20	2:00:15.38	12:02	1:11:34
112	2110	Nuno Gonçalves,		M40	21	2:00:24.19	12:02	1:11:43
113	2064	Sandra Miquelino,	TROGLODITAS RUNNERS	F40	18	2:01:06.42	12:07	1:12:25
114	2065	Ricardo Brás,	TROGLODITAS RUNNERS	M40	22	2:01:06.47	12:07	1:12:25

115	2063	Francisco Augusto,	Afifense Trail	MS23	4	2:02:24.00	12:14	1:13:43
116	2061	Carina Mendes,	Afifense Trail	F40	19	2:02:25.01	12:15	1:13:44
117	2062	Lurdes Ramos,	Afifense Trail	F40	20	2:02:25.24	12:15	1:13:44
118	2016	Maria Rodrigues,	Lousado	F40	21	2:04:56.10	12:30	1:16:15
119	2097	Gabriela Martins,	Alexandra Carvalho Team	FSen	35	2:05:33.78	12:33	1:16:53
120	2096	Irene Dias,	Alexandra Carvalho Team	F50	5	2:05:34.21	12:33	1:16:53
121	2085	Maria Taboas,	VII Legio Gemina	F40	22	2:06:47.64	12:41	1:18:07
122	2127	Héliodono Taboas,	VII Legio Gemina	M50	9	2:06:48.52	12:41	1:18:08
123	2148	Adolfo Ferreira,	EcoBarcAventura	M50	10	2:07:29.79	12:45	1:18:49
124	2149	Rosa Vilar,	EcoBarcAventura	F50	6	2:07:30.07	12:45	1:18:49
125	2007	Isabel Araújo,	TROGLODITAS RUNNERS	F40	23	2:08:28.19	12:51	1:19:47
126	2100	Bárbara Araújo,	Alexandra Carvalho Team	FSen	36	2:08:58.68	12:54	1:20:18
127	2099	Rita Gonçalves,	Alexandra Carvalho Team	F40	24	2:09:00.04	12:54	1:20:19
128	2134	David Araújo,	TRILHOS OCULTOS	M40	23	2:14:49.04	13:29	1:26:08
129	2137	Leonel Gonçalves,	TRILHOS OCULTOS	M40	24	2:14:49.07	13:29	1:26:08
130	2136	Alda Vara,	TRILHOS OCULTOS	F40	25	2:16:45.47	13:41	1:28:04
131	2133	Sónia Lopes,	TRILHOS OCULTOS	F40	26	2:16:46.97	13:41	1:28:06
132	2049	Marcia Pinto,	Metralhas Runners	F40	27	2:21:31.54	14:09	1:32:51
133	2156	Susana Almeida,	O Pasquim da Vila	FSen	37	2:21:54.92	14:11	1:33:14
134	2177	Bruno Almeida, o		MSen	20	2:22:01.10	14:12	1:33:20
135	2083	Cristina Gonzalez,	VII Legio Gemina	F40	28	2:23:35.71	14:22	1:34:55
136	2082	Pablo Martinez,	VII Legio Gemina	M50	11	2:23:46.70	14:23	1:35:06
137	2151	Madalena Carneiro,	EcoBarcAventura	FSen	38	2:25:12.70	14:31	1:36:32
138	2057	Andreia Valente,	TROGLODITAS RUNNERS	FSen	39	2:27:38.21	14:46	1:38:57
139	2055	Cristina Gonçalves,	TROGLODITAS RUNNERS	F40	29	2:27:38.48	14:46	1:38:57
140	2058	Raquel Santos,	TROGLODITAS RUNNERS	FSen	40	2:27:39.91	14:46	1:38:59
141	2047	Isabel Canário,	TROGLODITAS RUNNERS	F40	30	2:28:49.46	14:53	1:40:08
142	2046	André Fernandes,	TROGLODITAS RUNNERS	MSen	21	2:28:50.25	14:53	1:40:09
143	2053	Patricia Santos,	TROGLODITAS RUNNERS	FSen	41	2:29:35.97	14:58	1:40:55
144	2054	Paulo Santos,	TROGLODITAS RUNNERS	M40	25	2:29:38.04	14:58	1:40:57
145	2130	Afonso Gonçalves,	TRILHOS OCULTOS	MSen	22	2:48:38.07	16:52	1:59:57
146	2131	Sandra Lopes,	TRILHOS OCULTOS	F40	31	2:48:39.91	16:52	1:59:59
147	2168	Raquel Lopo,		F40	32	2:52:20.95	17:14	2:03:40
148	2012	Albertina Silva,	São Team	F50	7	2:56:39.09	17:40	2:07:58
149	2013	Luis Lencastre,	São Team	M50	12	2:56:40.96	17:40	2:08:00