

Classificação Geral

Trail longo

25,00 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	1620	Miguel Arsenio,	Trilho Perdido Eventos / Imporlux	SenM	1	2:25:02.76	05:48	
2	1216	Luis Semedo,	AC Portalegre/ UTSM	SenM	2	2:27:41.02	05:54	0:02:38
3	1644	António Alexandre Almeida,	VITÓRIA FC Trail Running	SenM	3	2:29:38.23	05:59	0:04:35
4	1125	Diogo Baena,	VITÓRIA FC Trail Running	SenM	4	2:29:39.10	05:59	0:04:36
5	1041	João Lopes,	VITÓRIA FC Trail Running	SenM	5	2:33:51.93	06:09	0:08:49
6	1645	João Caetano,	VITÓRIA FC Trail Running	SenM	6	2:33:52.76	06:09	0:08:50
7	1308	João Fernandes,	Zona Alta Trail	SenM	7	2:34:06.34	06:10	0:09:03
8	1351	Roberto Baião,	AMCF – Arrábida Trail Team	SenM	8	2:35:51.51	06:14	0:10:49
9	1523	Paulo J D Serra,	Montanha Clube Trail Running	M40	1	2:37:25.59	06:18	0:12:23
10	1175	Pedro Ribeiro,	VITÓRIA FC Trail Running	SenM	9	2:38:45.61	06:21	0:13:43
11	1143	Paulo Morais,	AMCF – Arrábida Trail Team	M45	1	2:38:58.59	06:22	0:13:56
12	1550	Jorge Duarte,	Runners do Demo	SenM	10	2:39:44.41	06:23	0:14:41
13	1273	Davide Marques,	AMCF – Arrábida Trail Team	SenM	11	2:40:09.17	06:24	0:15:06
14	1460	Paulo Esteves,	Dão Nelas Runners	SenM	12	2:41:21.76	06:27	0:16:19
15	1692	Carlos Hugo Pacheco,	Runners do Demo	M40	2	2:42:28.90	06:30	0:17:26
16	1577	Eduardo Moreira,	A.R.Casaense/Escola de Atletismo de Co	M40	3	2:43:15.87	06:32	0:18:13
17	1629	Rui Narigueta,	AMCF – Arrábida Trail Team	M40	4	2:45:42.12	06:38	0:20:39
18	1170	Hélder Pereira,	Clube de Atletismo de Ferreira do Zêzere	M40	5	2:46:39.60	06:40	0:21:37
19	1303	André Rosário,	Zona Alta Trail	SenM	13	2:46:43.24	06:40	0:21:40
20	1576	Ricardo Aguiar,	A.R.Casaense/Escola de Atletismo de Co	M45	2	2:48:19.52	06:44	0:23:17
21	1310	Nelson Santos,	Dão Nelas Runners	M40	6	2:48:38.09	06:45	0:23:35
22	1001	Simão Seiça,	AMCF – Arrábida Trail Team	SenM	14	2:49:01.09	06:46	0:23:58
23	1643	Hélder Grosso,	VITÓRIA FC Trail Running	SenM	15	2:49:59.29	06:48	0:24:56
24	1642	Ricardo Fonseca,	VITÓRIA FC Trail Running	S23M	1	2:52:01.86	06:53	0:26:59
25	376	Miguel Pires,	A.R.Casaense/Escola de Atletismo de Co	M40	7	2:53:47.46	06:57	0:28:44
26	1622	Fábio Mendes,	Montanha Clube Trail Running/Efapel	SenM	16	2:53:48.00	06:57	0:28:45
27	1584	Carlos Simões,	ARSM – Associação Recreativa de S. Mi	M50	1	2:54:34.85	06:59	0:29:32
28	1559	Susana Rodríguez Echeverría,	Coímbra Trail Running	F45	1	2:57:36.72	07:06	0:32:34
29	1679	Gervásio Garcia,	VITÓRIA FC Trail Running	M40	8	2:57:38.11	07:06	0:32:35
30	1640	Rogério Costa,	VITÓRIA FC Trail Running	M40	9	2:58:46.63	07:09	0:33:44
31	1677	Miguel Cotrim,	Clube de Atletismo de Ferreira do Zêzere	SenM	17	3:00:00.75	07:12	0:34:58
32	1666	Vitor Faim,	Atletismo Clube da Tocha	M55	1	3:00:28.49	07:13	0:35:25
33	1309	Miguel Ribeiro,	Zona Alta Trail	M40	10	3:00:30.24	07:13	0:35:27
34	771	Pedro Santos,	COA / Corvus Trail Team	SenM	18	3:02:52.07	07:19	0:37:49
35	1174	Ricardo Duarte,	Clube de Atletismo de Ferreira do Zêzere	SenM	19	3:03:44.03	07:21	0:38:41
36	1520	Vasco Morais Pinheiro de Sot	Coímbra Trail Running	M50	2	3:04:42.84	07:23	0:39:40
37	1712	Rui Pereira,	Runners do Demo	SenM	20	3:07:04.21	07:29	0:42:01
38	1594	Diamantino Gomes,	Algarunners	M40	11	3:08:47.34	07:33	0:43:44
39	1086	Nuno Coelho,	Montanha Clube Trail Running/Efapel	SenM	21	3:09:09.45	07:34	0:44:06
40	1330	Paulo Castro,	Clube Efaced	SenM	22	3:10:07.00	07:36	0:45:04
41	1664	Henrique Dias,	Caracol Trail Team	S23M	2	3:10:34.12	07:37	0:45:31
42	1711	Fernando Rosa,	Individual	SenM	23	3:11:01.69	07:38	0:45:59
43	1583	Ricardo Pinheiro,	AB Cansado Trail	S23M	3	3:12:43.54	07:43	0:47:41
44	1592	Rui Lóia,	Algarunners	M45	3	3:12:55.20	07:43	0:47:52
45	1631	Estela São Martinho,	AMCF – Arrábida Trail Team	SenF	1	3:13:04.37	07:43	0:48:01
46	1423	Filipe Afonso,	ACPortalegre/UTSM	SenM	24	3:13:16.15	07:44	0:48:13
47	797	João Tiago Dias,	AB Cansado Trail	SenM	25	3:14:09.92	07:46	0:49:07
48	1531	Pedro Xavier Santos,	Grupo Desportivo Santander Totta	M45	4	3:14:30.60	07:47	0:49:28
49	1689	Mark Macedo,	Sport Events	SenM	26	3:15:52.11	07:50	0:50:49
50	1502	Rogério Horta,	COA / Corvus Trail Team	M45	5	3:16:07.89	07:51	0:51:05
51	1611	Bruno Neves,	ACPortalegre/UTSM	SenM	27	3:16:18.30	07:51	0:51:15
52	1653	José Ferreira,	Runners do Demo	SenM	28	3:17:45.73	07:55	0:52:43
53	907	Nuno Paiva,	AC Portalegre/UTSM	SenM	29	3:18:02.93	07:55	0:53:00
54	1565	Tiago Valério,	ACPortalegre/UTSM	SenM	30	3:18:03.98	07:55	0:53:01
55	1493	Telmo Carvalho,	ARSM - Associação Recreativa de S. Mi	SenM	31	3:18:33.53	07:57	0:53:31

56	791	Natércia Martins Silvestre,	AB Cansado Trail	SenF	2	3:19:51.65	08:00	0:54:49
57	1587	André Manita,	Factor X / S4L / Medense FC	SenM	32	3:20:41.73	08:02	0:55:39
58	1306	José Dias,	Zona Alta Trail	M55	2	3:22:38.21	08:06	0:57:35
59	987	José Carlos Santos,	Monsanto Running Team	M60	1	3:22:50.42	08:07	0:57:47
60	1593	Pedro Botelho,	Algarunners	SenM	33	3:22:52.85	08:07	0:57:50
61	1699	Luís Mendes,	Pinhal Total	SenM	34	3:23:03.46	08:07	0:58:00
62	1658	João Sacramento,	OzXtreme/ADCRPereira	SenM	35	3:23:17.77	08:08	0:58:15
63	1608	Sérgio Lourenço,	Individual	M45	6	3:23:28.79	08:08	0:58:26
64	1567	Fernando Oliveira,	Trilhos do Costume	M60	2	3:23:57.01	08:09	0:58:54
65	1529	Paulo Poiares,	Soc Rec Granja	M40	12	3:25:04.61	08:12	1:00:02
66	375	André Fonte,	A.R.Casaense/Escola de Atletismo de Co	SenM	36	3:25:18.22	08:13	1:00:15
67	1384	Fernando Marques,	DCI Trilhos Luso Bussaco	SenM	37	3:25:28.80	08:13	1:00:26
68	1604	Vasco Melo,	ARSM - Associação Recreativa de S. Mi	M45	7	3:25:28.99	08:13	1:00:26
69	1510	Sofia Coimbra,	ARSM - Associação Recreativa de S. Mi	F45	2	3:28:16.24	08:20	1:03:13
70	1563	Sofia Areias,	Coimbra Trail Running	SenF	3	3:28:37.79	08:21	1:03:35
71	1676	Miguel Lopes,	Clube de Atletismo de Ferreira do Zêzere	SenM	38	3:28:38.34	08:21	1:03:35
72	1407	José Manuel Zananar,	Atletismo Clube da Tocha	M55	3	3:29:57.33	08:24	1:04:54
73	1476	Paulo Osório,	Outdoor Clube de Setúbal - Strendure Ru	M50	3	3:31:36.15	08:28	1:06:33
74	269	Nuno Nunes,	Clube de Atletismo de Ferreira do Zêzere	SenM	39	3:31:51.66	08:28	1:06:49
75	1395	Tony Figueiredo,	Dão Nelas Runners	SenM	40	3:33:25.87	08:32	1:08:23
76	1626	Joaquim Ferreira,	Melres Trail Running ordem para arrear	M55	4	3:33:31.82	08:32	1:08:29
77	1114	Mafalda Moniz,	AMCF – Arrábida Trail Team	SenF	4	3:33:32.42	08:32	1:08:29
78	1540	Rui Machinho,	Grupo Desportivo Santander Totta	M40	13	3:33:38.12	08:33	1:08:35
79	1403	Lina Marques,	Clac Entroncamento/OndaTrilhos	F40	1	3:33:44.12	08:33	1:08:41
80	1398	Carlos Antunes Antunes,	Clac Entroncamento/OndaTrilhos	M50	4	3:33:48.53	08:33	1:08:46
81	1485	Pedro Mendes,	ARSM - Associação Recreativa de S. Mi	M45	8	3:34:22.47	08:34	1:09:19
82	1528	Artur Vasques,	Grupo Desportivo Santander Totta	SenM	41	3:34:58.05	08:36	1:09:55
83	1637	Miguel Saraiva,	CA Barreira	M50	5	3:35:04.53	08:36	1:10:02
84	1503	Nuno Salgado,	Nocturnos de Paredes	M45	9	3:36:00.20	08:38	1:10:57
85	953	Cidália Martins,	Individual	F50	1	3:36:24.19	08:39	1:11:21
86	1599	Filomena Sabino,	Algarunners	F45	3	3:37:02.35	08:41	1:11:59
87	1601	Filipe Saltão,	ACDRS Quinhendros	SenM	42	3:38:03.32	08:43	1:13:00
88	1498	Paulo Manuel Costa,	Individual	M50	6	3:38:40.64	08:45	1:13:38
89	1250	João Moreira,	Shfit Trail Team	M40	14	3:39:58.59	08:48	1:14:56
90	1625	Emanuel Faim,	M&M's	SenM	43	3:41:40.82	08:52	1:16:38
91	1553	Miguel Barnabé,	Vertical Navis	M50	7	3:41:56.72	08:53	1:16:54
92	1623	Roberto Caneira,	SCD Glória do Ribatejo	M45	10	3:42:00.90	08:53	1:16:58
93	955	Luisa Mesquita,	Coimbra Trail Running	SenF	5	3:43:06.96	08:55	1:18:04
94	1654	Francisco Nogueira,	Millenniumbcp	M50	8	3:44:14.85	08:58	1:19:12
95	1513	TóZé Serra,	ACDRS Quinhendros	M45	11	3:45:40.15	09:02	1:20:37
96	1490	Tiago Moreira,	Nocturnos de Paredes	SenM	44	3:45:57.88	09:02	1:20:55
97	1663	Pedro Neves,	Juventude Desportiva de Gondomar	SenM	45	3:46:33.49	09:04	1:21:30
98	164	José Carlos Brito,	C.A.S.P.A. - Clube Amador Só Para Atle	M50	9	3:46:34.63	09:04	1:21:32
99	1533	Luis Boal,	Dublin O' Seven	M40	15	3:46:39.06	09:04	1:21:36
100	1404	São Castanheira,	Clac Entroncamento/OndaTrilhos	F55	1	3:46:47.16	09:04	1:21:44
101	1609	Pedro Azeitona,	ACPPortalegre/UTSM	SenM	46	3:46:53.78	09:05	1:21:51
102	1443	Nuno Salvador,	Dão Nelas Runners	M40	16	3:47:01.11	09:05	1:21:58
103	1478	Pedro Tavares,	ACPPortalegre/UTSM	M45	12	3:47:05.45	09:05	1:22:02
104	1518	Paulo Pinto,	ARSM - Associação Recreativa de S. Mi	M40	17	3:47:12.55	09:05	1:22:10
105	1525	João Gonçalves,	Individual	SenM	47	3:47:23.37	09:06	1:22:20
106	1688	Júlia Conceição,	Sport Events	F50	2	3:47:28.18	09:06	1:22:25
107	1335	Carla Semedo,	ACPPortalegre/UTSM	F40	2	3:47:38.00	09:06	1:22:35
108	1526	Carmo Moser,	Monsanto Running Team	SenF	6	3:47:55.93	09:07	1:22:53
109	1648	Pedro Castro,	Clube Efacec	SenM	48	3:48:04.91	09:07	1:23:02
110	1328	Paulo Borges,	Clube Efacec	SenM	49	3:48:24.73	09:08	1:23:22
111	1238	Cristina Barros,	SINMETRO	F40	3	3:48:25.73	09:08	1:23:23
112	1665	Agostinho Neves,	Juventude Desportiva de Gondomar	M60	3	3:48:41.82	09:09	1:23:39
113	1662	Cláudio Roças,	Dão Nelas Runners	SenM	50	3:49:58.46	09:12	1:24:55

114	1495	Zenaide Alves,	ARSM - Associação Recreativa de S. Miç	F45	4	3:50:06.57	09:12	1:25:04
115	1327	Miguel Cruz,	Clube Efacec	M40	18	3:50:48.11	09:14	1:25:45
116	1532	José Raposo,	Grupo Desportivo Santander Totta	M50	10	3:51:29.44	09:16	1:26:26
117	1585	Ulisses Monteiro,	Correr na Cidade	M40	19	3:51:37.66	09:16	1:26:35
118	1534	Cidália Oliveira,	ACDRS Quinhendros	F50	3	3:51:41.83	09:16	1:26:39
119	1694	Pedro Costa,	AB Cansado Trail	M40	20	3:52:30.32	09:18	1:27:27
120	1618	Paulo Ferreira,	Talentos Team	M50	11	3:53:29.82	09:20	1:28:27
121	8	Ana Lucia Duarte,	AMCF – Arrábida Trail Team	F45	5	3:53:44.67	09:21	1:28:42
122	1706	Joao Antunes,	Individual	SenM	51	3:53:50.60	09:21	1:28:48
123	1646	Mariana Moreira,	VITÓRIA FC Trail Running	SenF	7	3:54:42.85	09:23	1:29:40
124	678	João Sanches,	Clube de Atletismo de Ferreira do Zêzere	M50	12	3:55:34.46	09:25	1:30:31
125	1669	Fernando Santos,	GTT – Trail Running Team	M50	13	3:55:56.02	09:26	1:30:53
126	1610	Miguel Navega,	ACPortalegre/UTSM	SenM	52	3:56:38.21	09:28	1:31:35
127	1582	Manuel Moreno,	HL Runners Club	M60	4	3:56:49.26	09:28	1:31:46
128	1639	Oscar Simões,	ARSM_Associação Recreativa de São M	M45	13	3:59:01.42	09:34	1:33:58
129	1627	José Pereira,	Runners do Demo	M40	21	3:59:32.48	09:35	1:34:29
130	1536	Helena Madeira,	Individual	SenF	8	3:59:41.59	09:35	1:34:39
131	1590	Luís Reis,	Algarunners	M40	22	3:59:45.71	09:35	1:34:43
132	1535	Marco Silva,	Outdoor Clube de Setubal - Strendure Ran	SenM	53	4:00:14.70	09:37	1:35:12
133	1687	Liliana Aguiar,	Gatus Trail	F40	4	4:01:11.16	09:39	1:36:08
134	1691	Pedro Lopes,	Gatus Trail	M40	23	4:01:12.25	09:39	1:36:09
135	569	Mário Cunha,	pace.makers	M45	14	4:01:13.80	09:39	1:36:11
136	1501	Artur Oliveira,	COA / Corvus Trail Team	SenM	54	4:01:25.06	09:39	1:36:22
137	752	Daniel Marcos,	Vikings Trail Runners / CCR Alcabidequ	SenM	55	4:02:58.45	09:43	1:37:55
138	1562	João Gil,	A.D. Amarante Trail Running	M60	5	4:03:52.73	09:45	1:38:50
139	1656	Carla Soares,	ARSM- Associação Recreativa de São M	F40	5	4:04:05.77	09:46	1:39:03
140	1524	Carla Reis,	ARSM - Associação Recreativa de S. Miç	F45	6	4:05:04.59	09:48	1:40:02
141	1489	António Brito,	Nocturnos de Paredes	M40	24	4:06:24.65	09:51	1:41:22
142	1698	Tiago Portugal,	Correr na cidade	SenM	56	4:08:09.07	09:56	1:43:06
143	337	Francisco Rebelo,	AB Cansado Trail	M40	25	4:08:14.65	09:56	1:43:12
144	498	António Serrano,	Trail Runners da Ponte	M40	26	4:09:17.77	09:58	1:44:15
145	1685	Ricardo Candeias,	Trail Runners Portimão	SenM	57	4:10:20.44	10:01	1:45:17
146	1682	André Santa,	Individual	M40	27	4:10:26.94	10:01	1:45:24
147	1548	Célia Sousa,	Individual	F40	6	4:10:34.94	10:01	1:45:32
148	1547	João Ribeiro,	Individual	M45	15	4:10:37.42	10:01	1:45:34
149	1701	Francisco Jesús Medina Jiménez	Club Alpino Universitario-UGR	M45	16	4:10:38.70	10:02	1:45:36
150	1602	Paulo Vilaverde,	EDV-Viana Trail	M50	14	4:10:54.63	10:02	1:45:52
151	1659	Icár Rodrigo,	Individual	F40	7	4:11:00.49	10:02	1:45:57
152	1690	Bruno Rodrigues,	ACDRS Quinhendros	M40	28	4:11:04.97	10:03	1:46:02
153	1660	Luís Ferreira,	ADC Os Ílhavos	SenM	58	4:11:21.46	10:03	1:46:18
154	1519	Mário Ferreira,	Clube Efacec	M45	17	4:11:44.95	10:04	1:46:42
155	1661	Cláudia Nunes,	Porto de Mós a Correr	F45	7	4:11:45.35	10:04	1:46:42
156	1570	Luis Santana,	Trilhos do Costume	M55	5	4:12:11.03	10:05	1:47:08
157	1569	Rui Esteves,	Trilhos do Costume	M45	18	4:12:11.45	10:05	1:47:08
158	1681	Ricardo Santa,	Individual	M40	29	4:12:55.44	10:07	1:47:52
159	23	Jan Hendrik Wolf,	Atlético Clube do Javali	SenM	59	4:13:46.14	10:09	1:48:43
160	1494	José Correia,	Nocturnos de Paredes	M40	30	4:14:51.50	10:12	1:49:49
161	1109	José Velez,	ACPortalegre/UTSM	M60	6	4:14:51.64	10:12	1:49:49
162	1612	Mariana Leirinha,	ACPortalegre/UTSM	SenF	9	4:14:52.17	10:12	1:49:49
163	914	Ana Miranda,	ACPortalegre/UTSM	SenF	10	4:14:52.46	10:12	1:49:49
164	913	Pedro Almeida,	Coimbra Trail Running	M40	31	4:15:19.38	10:13	1:50:16
165	1647	Gleiber Mendes,	Arribas	M40	32	4:15:38.18	10:14	1:50:35
166	1667	João Silva,	Individual	M50	15	4:17:08.58	10:17	1:52:06
167	1710	João Cardoso,	Atlético Clube do Javali	SenM	60	4:18:49.16	10:21	1:53:46
168	1521	Filipe Garcia,		M45	19	4:19:03.60	10:22	1:54:01
169	1722	Ana Tomé,	Zona Alta Trail	F45	8	4:19:14.42	10:22	1:54:11
170	979	João Silva,	COA / Corvus Trail Team	M45	20	4:20:12.54	10:25	1:55:10
171	1504	Luís Emídio,	COA / Corvus Trail Team	M50	16	4:20:26.31	10:25	1:55:23

172	1439	Pedro Oliveira,	Alentinsanos	M40	33	4:20:38.77	10:26	1:55:36
173	1497	Mário Caridade,	COA / Corvus Trail Team	SenM	61	4:21:31.64	10:28	1:56:29
174	404	Pedro Oliveira,	Grupo Desportivo da Parreira	SenM	62	4:24:01.97	10:34	1:58:59
175	1700	Filipe Domingues,	Pinhal Total	M40	34	4:25:35.34	10:37	2:00:32
176	1543	Sérgio Gonçalves,	Hotel Tryp Colina do Castelo	SenM	63	4:25:58.20	10:38	2:00:55
177	1600	Sílvia Cruz,	Algarunners	SenF	11	4:26:03.39	10:39	2:01:00
178	1581	Fernando Ferreira,	Trilhos do Costume	M40	35	4:26:33.76	10:40	2:01:31
179	1709	Andreia Lemos,	Trilhos do Costume	SenF	12	4:26:34.15	10:40	2:01:31
180	1571	João Ferreira,	Run4Eat	M45	21	4:27:44.29	10:43	2:02:41
181	1650	Tiago Lopes,	Run4All App Eventos Running Portugal	SenM	64	4:27:54.20	10:43	2:02:51
182	1678	Patrícia Simões,	Vikings Trail Runners/CCR Alcabideque	SenF	13	4:27:54.78	10:43	2:02:52
183	1546	João Ramos,	Arribas	M45	22	4:33:03.23	10:55	2:08:00
184	1614	Ana Bernardo,	Marvila Jovem	SenF	14	4:33:12.03	10:56	2:08:09
185	1606	Carmen Cristino,	Individual	F45	9	4:33:12.43	10:56	2:08:09
186	1568	José Francisco Rocha,	Trilhos do Costume	M50	17	4:35:29.15	11:01	2:10:26
187	1651	Cláudia Cravo,	Abutres	F45	10	4:36:55.44	11:05	2:11:52
188	1558	Sónia Brás,	A.D. Amarante Trail Running	SenF	15	4:42:47.51	11:19	2:17:45
189	1006	Mário Alberto,	Não Fazemos nem mais um... Km	M45	23	4:44:05.46	11:22	2:19:02
190	1633	João Bastos,	Individual	SenM	65	4:48:33.38	11:33	2:23:30
191	1021	Gustavo Baeta,	Santiagobikes	M40	36	4:49:31.79	11:35	2:24:29
192	1616	Susana Gomes,	Dá-lhe Gás Team	SenF	16	4:49:48.82	11:36	2:24:46
193	954	José Martins,	Individual	M55	6	4:49:55.49	11:36	2:24:52
194	1491	Susete Marques,	Run4Eat	F45	11	4:50:04.61	11:36	2:25:02
195	1505	Rogério Fernandes,	SÓBE - Só Bim Eu	M40	37	4:50:39.05	11:38	2:25:36
196	1615	Nelson Diabinho,	Alentinsanos	SenM	66	4:50:39.42	11:38	2:25:36
197	1544	Tiago Gonçalves,	Hotel Tryp Colina do Castelo	SenM	67	4:54:41.10	11:47	2:29:38
198	1619	Isabel Rodrigues,	Individual	F55	2	4:58:33.50	11:57	2:33:31
199	1713	Cláudia Ribeiro,	"C.D. ""Os Águias"" de Alpiarça "	SenF	17	4:58:34.44	11:57	2:33:31
200	1714	Daniel Gonçalo da Silva Vita	"C.D. ""Os Águias"" de Alpiarça "	SenM	68	4:58:36.72	11:57	2:33:34
201	180	Christof Carl,	Atlético Clube do Javali	M60	7	4:58:59.31	11:58	2:33:56
202	1542	Pedro Costa Pereira,	Hotel Tryp Colina do Castelo	M45	24	4:58:59.39	11:58	2:33:56
203	623	Joaquim Martins,	Estrela Campo da Aviação FC	M55	7	5:00:02.67	12:00	2:35:00
204	813	Soraia Ferreira,	AMCF - Arrábida Trail Team	F40	8	5:02:06.96	12:05	2:37:04
205	1598	Florinda Alves,	Algarunners	F40	9	5:02:40.17	12:06	2:37:37
206	1635	Joaquim Alberto Garrancho C	Ginçvaalcochete	M40	38	5:04:59.04	12:12	2:39:56
207	1496	Sandro Silva,	ATR-Algarve Trail Running	M40	39	5:08:15.40	12:20	2:43:12
208	568	Vanda Fernandes,	pace.makers	F40	10	5:13:57.46	12:33	2:48:54
209	195	Manuel Cordeiro,	Individual	M60	8	5:14:52.15	12:36	2:49:49
210	1628	Eric Gonçalves,	Individual	SenM	69	5:15:19.75	12:37	2:50:17
211	1668	Ângelo Silva,	Individual	SenM	70	5:15:52.83	12:38	2:50:50
212	163	Otília Leal,	C.A.S.P.A. - Clube Amador Só Para Atl	F50	4	5:16:53.91	12:41	2:51:51
213	1557	Helder Pais,	Run 4 Eat	SenM	71	5:23:09.53	12:56	2:58:07
214	149	Susana Santos,	Individual	F40	11	5:32:32.89	13:18	3:07:30
215	1499	Luis Leitão,	COA / Corvus Trail Team	M45	25	5:32:33.29	13:18	3:07:30
216	995	Nuno Miguel Dias,	Individual	M45	26	5:32:34.08	13:18	3:07:31
217	1586	Paulo Jorge Gonçalves,	Abutres	M45	27	5:35:53.87	13:26	3:10:51
218	1655	Helena Nogueira,	Millenniumbcp	F50	5	5:35:57.41	13:26	3:10:54
219	1541	Luís Ferreira,	Hotel Tryp Colina do Castelo	M40	40	5:52:46.87	14:07	3:27:44
220	1055	António Fernandes,	Individual	M40	41	5:52:48.40	14:07	3:27:45
221	1596	Elisabete Jerónimo,	Algarunners	SenF	18	6:02:44.77	14:31	3:37:42
222	1500	Fernanda Tavares,	COA / Corvus Trail Team	SenF	19	6:31:06.22	15:39	4:06:03
223	1597	Paula Nunes,	Algarunners	F50	6	7:10:39.95	17:14	4:45:37