

Geral

13,00 km

| Pos. | Dor. | Nome | Clube | Cat. | Pos. Cat. | Tempo | T/Km. | Dif. |
|------|------|-----------------------|---------------------------------------|--------|-----------|------------|-------|---------|
| 1 | 134 | Adriano Morais | MSP/Padela Natural Team/Fisiofreixo | SM | 1 | 1:01:09.45 | 04:42 | |
| 2 | 67 | Ruben Veloso | Academia Desportiva arcos de Valdevez | SM | 2 | 1:01:40.47 | 04:45 | 0:00:31 |
| 3 | 79 | Manuel José Bessada | Correr por Monção | SM | 3 | 1:01:55.31 | 04:46 | 0:00:46 |
| 4 | 178 | Luis Dantas | Estrelas de Brandara | SM | 4 | 1:02:13.97 | 04:47 | 0:01:05 |
| 5 | 182 | Lúís Silva | Acra running | V40+ M | 1 | 1:03:31.78 | 04:53 | 0:02:23 |
| 6 | 184 | Fernando Gomes | | V40+ M | 2 | 1:04:00.00 | 04:55 | 0:02:51 |
| 7 | 73 | Sérgio Ramos | EDV-VIANATRIL | V40+ M | 3 | 1:04:46.61 | 04:59 | 0:03:38 |
| 8 | 185 | Bruno Porto | | SM | 5 | 1:07:31.56 | 05:12 | 0:06:23 |
| 9 | 16 | Marco Dantas | | SM | 6 | 1:12:19.37 | 05:34 | 0:11:10 |
| 10 | 101 | Bruno Monteiro | TOG Associação Running Team | SM | 7 | 1:13:11.37 | 05:38 | 0:12:02 |
| 11 | 125 | Jose porto | JOMI | V40+ M | 4 | 1:13:34.01 | 05:40 | 0:12:25 |
| 12 | 14 | Mário Crujeira | Team workout 48/Cam | SM | 8 | 1:14:02.76 | 05:42 | 0:12:54 |
| 13 | 136 | Manuel Garcia | | V55+ M | 1 | 1:14:06.36 | 05:42 | 0:12:57 |
| 14 | 78 | Ricardo Lopes | Correr por Monção | SM | 9 | 1:15:20.33 | 05:48 | 0:14:11 |
| 15 | 5 | José Amorim | KER SPORT TRAIL | V55+ M | 2 | 1:15:21.00 | 05:48 | 0:14:12 |
| 16 | 49 | PAULO CHINÊS | | SM | 10 | 1:15:38.60 | 05:49 | 0:14:30 |
| 17 | 10 | FERNANDO | | V55+ M | 3 | 1:16:40.15 | 05:54 | 0:15:31 |
| 18 | 50 | Carlos Dias | | V40+ M | 5 | 1:16:44.57 | 05:54 | 0:15:36 |
| 19 | 130 | Alexandre Ribeiro | Ronfe A Correr | SM | 11 | 1:16:50.83 | 05:55 | 0:15:42 |
| 20 | 181 | Ana Queirós | | V40+ F | 1 | 1:16:54.98 | 05:55 | 0:15:46 |
| 21 | 2 | José Afonso | Olímpico Vianense | V40+ M | 6 | 1:17:19.97 | 05:57 | 0:16:11 |
| 22 | 34 | Leandro Oliveira | Correr por Monção | V40+ M | 7 | 1:17:50.22 | 05:59 | 0:16:41 |
| 23 | 93 | Marco Correia | | SM | 12 | 1:18:16.75 | 06:01 | 0:17:08 |
| 24 | 131 | Marisa Salgado | Ronfe A Correr | SF | 1 | 1:18:17.68 | 06:01 | 0:17:09 |
| 25 | 157 | Hugo Barreiro | Correr por Monção | SM | 13 | 1:18:20.36 | 06:02 | 0:17:11 |
| 26 | 108 | Isabel Cunha | Cerveira Team Running | V40+ F | 2 | 1:18:46.80 | 06:04 | 0:17:38 |
| 27 | 54 | Bruno Miguel | | V40+ M | 8 | 1:18:49.70 | 06:04 | 0:17:41 |
| 28 | 80 | Elisabete Alves | TROGLODITAS RUNNERS | SF | 2 | 1:19:53.80 | 06:09 | 0:18:45 |
| 29 | 99 | Rui Guia | | V40+ M | 9 | 1:20:35.43 | 06:12 | 0:19:26 |
| 30 | 85 | Paulo Silva Fernandes | | V40+ M | 10 | 1:21:10.15 | 06:15 | 0:20:01 |
| 31 | 102 | Vitor Gonçalves | TROGLODITAS RUNNERS | SM | 14 | 1:21:16.92 | 06:15 | 0:20:08 |
| 32 | 62 | Pedro Cacaís | Caminha | SM | 15 | 1:21:39.41 | 06:17 | 0:20:30 |
| 33 | 104 | Márcia Lourenço | Correr por Monção | SF | 3 | 1:21:39.61 | 06:17 | 0:20:31 |
| 34 | 3 | Eduardo Martins | AMC Trail | V40+ M | 11 | 1:21:54.62 | 06:18 | 0:20:46 |
| 35 | 137 | Duarte Dias | | SM | 16 | 1:22:08.93 | 06:19 | 0:21:00 |
| 36 | 110 | Pedro Oliveira | Cerveira Team Running | SM | 17 | 1:22:18.09 | 06:20 | 0:21:09 |
| 37 | 39 | Pedro Almeida | | SM | 18 | 1:22:34.86 | 06:21 | 0:21:26 |
| 38 | 89 | Humberto Alves | Correr por Monção | V40+ M | 12 | 1:22:39.05 | 06:21 | 0:21:30 |
| 39 | 113 | Viana | Bravos do pelotão | SM | 19 | 1:22:55.78 | 06:23 | 0:21:47 |
| 40 | 112 | João Rodrigues | Bravos do Pelotão | SM | 20 | 1:22:55.83 | 06:23 | 0:21:47 |
| 41 | 92 | marlene puga | ker sport trail running | SF | 4 | 1:23:10.47 | 06:24 | 0:22:01 |
| 42 | 88 | Diogo Alves | Correr por Monção | SM | 21 | 1:23:45.66 | 06:27 | 0:22:37 |
| 43 | 186 | Manuel Sousa | | V40+ M | 13 | 1:23:55.65 | 06:27 | 0:22:47 |
| 44 | 7 | Frutuoso Sousa | | SM | 22 | 1:24:01.70 | 06:28 | 0:22:53 |
| 45 | 120 | Celsa Perez | Cerveira Team Running | SF | 5 | 1:24:15.99 | 06:29 | 0:23:07 |
| 46 | 61 | Florinda Fernandes | Team Workout 48 / CAM | V40+ F | 3 | 1:24:22.81 | 06:29 | 0:23:14 |
| 47 | 6 | Rui Manuel Fonseca | | SM | 23 | 1:24:28.25 | 06:30 | 0:23:19 |
| 48 | 27 | Filipe Fonseca | Rookies | SM | 24 | 1:24:31.32 | 06:30 | 0:23:22 |
| 49 | 36 | Manuel Pimenta | correr por monção | SM | 25 | 1:24:41.41 | 06:31 | 0:23:32 |
| 50 | 97 | Antonio Lourenco | MRC Caminha | V40+ M | 14 | 1:24:57.53 | 06:32 | 0:23:49 |
| 51 | 100 | ANTONIO COELHO | | V40+ M | 15 | 1:25:56.64 | 06:37 | 0:24:48 |
| 52 | 32 | Miguel | As Verdadeiras | SM | 26 | 1:25:59.90 | 06:37 | 0:24:51 |
| 53 | 13 | Bruno Pinheiro | Trail Team Montaria | SM | 27 | 1:26:49.49 | 06:41 | 0:25:40 |
| 54 | 35 | Hugo Oterelo | Correr por Monção | V40+ M | 16 | 1:26:52.55 | 06:41 | 0:25:44 |
| 55 | 15 | Célia Monjardim | Team workout 48/Cam | SF | 6 | 1:27:08.68 | 06:42 | 0:26:00 |

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|-----|------------|------------------------|----------------------------------|--------|----|-------------------|-------|---------|
| 56 | 123 | fernando rocha | grupo desportivo leoes do veneza | V55+ M | 4 | 1:28:00.66 | 06:46 | 0:26:52 |
| 57 | 24 | Joao Faria | As verdadeiras | SM | 28 | 1:28:17.18 | 06:47 | 0:27:08 |
| 58 | 183 | Nuno Cabral | | V40+ M | 17 | 1:29:03.90 | 06:51 | 0:27:55 |
| 59 | 75 | Pedro Mota | Bombarral Run Team | SM | 29 | 1:29:20.79 | 06:52 | 0:28:12 |
| 60 | 26 | Luís Rufo | Rookies | SM | 30 | 1:29:54.91 | 06:55 | 0:28:46 |
| 61 | 106 | Jorge Pires | Trail Team Montaria | V40+ M | 18 | 1:30:14.47 | 06:56 | 0:29:05 |
| 62 | 41 | Tiago Martins | Trail Team Montaria | SM | 31 | 1:30:15.62 | 06:57 | 0:29:07 |
| 63 | 64 | Marco Viana | EDV-VIANATRAIL | V40+ M | 19 | 1:30:19.06 | 06:57 | 0:29:10 |
| 64 | 83 | João Sousa | | SM | 32 | 1:32:21.27 | 07:06 | 0:31:12 |
| 65 | 103 | Joel Taborda | Olímpico Vianense | SM | 33 | 1:32:21.35 | 07:06 | 0:31:12 |
| 66 | 63 | Décio Esteves | | V40+ M | 20 | 1:32:25.41 | 07:07 | 0:31:16 |
| 67 | 57 | Carlos cruz | | V40+ M | 21 | 1:32:27.56 | 07:07 | 0:31:19 |
| 68 | 37 | Miguel Ferreira | | SM | 34 | 1:33:36.72 | 07:12 | 0:32:28 |
| 69 | 132 | José Ferreira | | V40+ M | 22 | 1:33:48.44 | 07:13 | 0:32:39 |
| 70 | 30 | Sandra Silva :) | | SF | 7 | 1:34:38.82 | 07:17 | 0:33:30 |
| 71 | 68 | Catarina Amorim | | SF | 8 | 1:34:47.74 | 07:18 | 0:33:39 |
| 72 | 11 | Mário Araújo | Equipa A | V40+ M | 23 | 1:35:58.61 | 07:23 | 0:34:50 |
| 73 | 53 | André Mendes | Correr por Monção | SM | 35 | 1:37:32.88 | 07:30 | 0:36:24 |
| 74 | 95 | António Matos | Trail Team Montaria | V40+ M | 24 | 1:37:48.06 | 07:31 | 0:36:39 |
| 75 | 19 | Francisco Abuin Garcia | | V40+ M | 25 | 1:37:51.88 | 07:32 | 0:36:43 |
| 76 | 22 | Sónia | | SF | 9 | 1:39:41.45 | 07:40 | 0:38:32 |
| 77 | 23 | Patrícia | Team Covas | SF | 10 | 1:39:43.25 | 07:40 | 0:38:34 |
| 78 | 129 | Nuno Alves | | SM | 36 | 1:40:03.61 | 07:42 | 0:38:55 |
| 79 | 21 | Nandinho | Team Covas | SM | 37 | 1:40:12.78 | 07:43 | 0:39:04 |
| 80 | 48 | Pedro Bonito | As verdadeiras | SM | 38 | 1:40:44.57 | 07:45 | 0:39:36 |
| 81 | 117 | Fernando Marques | | V40+ M | 26 | 1:40:49.98 | 07:45 | 0:39:41 |
| 82 | 114 | Jacinta Correia | | SF | 11 | 1:40:59.71 | 07:46 | 0:39:51 |
| 83 | 115 | Jorge Correia | | SM | 39 | 1:41:00.24 | 07:46 | 0:39:51 |
| 84 | 118 | Susana Barroso | | SF | 12 | 1:41:02.59 | 07:46 | 0:39:54 |
| 85 | 38 | MARISA FERREIRA | | SF | 13 | 1:43:10.04 | 07:56 | 0:42:01 |
| 86 | 111 | Sofia Alves | | SF | 14 | 1:43:11.87 | 07:56 | 0:42:03 |
| 87 | 65 | NUNO LIMA | | V40+ M | 27 | 1:43:15.21 | 07:57 | 0:42:06 |
| 88 | 59 | Carlos Azenha | | SM | 40 | 1:43:37.57 | 07:58 | 0:42:29 |
| 89 | 60 | Luís Santos | | SM | 41 | 1:43:38.23 | 07:58 | 0:42:29 |
| 90 | 107 | Filomena Barros | Correr Por Monção | V40+ F | 4 | 1:44:10.01 | 08:01 | 0:43:01 |
| 91 | 42 | Francisco Ferreira | | V40+ M | 28 | 1:45:25.74 | 08:07 | 0:44:17 |
| 92 | 43 | Carla Ferreira | Adeca | V40+ F | 5 | 1:45:26.43 | 08:07 | 0:44:17 |
| 93 | 25 | Susana Guimarães | Rookies | SF | 15 | 1:46:56.00 | 08:14 | 0:45:47 |
| 94 | 128 | Nuno Feijo | | SM | 42 | 1:48:47.00 | 08:22 | 0:47:38 |
| 95 | 45 | Mariana Oliveira | AS VERDADEIRAS | SF | 16 | 1:49:57.35 | 08:27 | 0:48:48 |
| 96 | 46 | Francisco Van Zeller | As Verdadeiras | SM | 43 | 1:49:57.62 | 08:28 | 0:48:49 |
| 97 | 44 | Marília Macieira | Macieirinhas | SF | 17 | 1:51:03.31 | 08:33 | 0:49:54 |
| 98 | 133 | Adriana Antunes | Afifense Trail | SF | 18 | 1:52:23.09 | 08:39 | 0:51:14 |
| 99 | 124 | Luis Filipe | Melgaço alvarinho trail | SM | 44 | 1:52:24.90 | 08:39 | 0:51:16 |
| 100 | 135 | Nuno Fernandes | OPraticante.pt | SM | 45 | 1:53:15.18 | 08:43 | 0:52:06 |
| 101 | 29 | Margarida Veiga | Rookies | SF | 19 | 1:56:22.61 | 08:57 | 0:55:14 |
| 102 | 28 | César Andrade | Rookies | SM | 46 | 1:56:23.08 | 08:57 | 0:55:14 |
| 103 | 127 | Maria do Céu Lopes | | V40+ F | 6 | 1:57:23.79 | 09:02 | 0:56:15 |
| 104 | 126 | Paulino Marques | | V40+ M | 29 | 1:57:26.90 | 09:02 | 0:56:18 |
| 105 | 122 | Alexandra Fão | | V40+ F | 7 | 1:59:06.24 | 09:10 | 0:57:57 |
| 106 | 180 | Isabel Gonçalves | Olímpico Vianense | V40+ F | 8 | 1:59:15.29 | 09:10 | 0:58:06 |
| 107 | 70 | Ligia Conceicao | | SF | 20 | 1:59:18.12 | 09:11 | 0:58:09 |
| 108 | 18 | Rosa Oliveira | | V40+ F | 9 | 1:59:21.26 | 09:11 | 0:58:12 |
| 109 | 51 | José Coelho | Adeca | V40+ M | 30 | 1:59:47.51 | 09:13 | 0:58:39 |
| 110 | 119 | Sofia Bastos | | SF | 21 | 2:00:13.81 | 09:15 | 0:59:05 |
| 111 | 84 | Sérgio Enes | | V40+ M | 31 | 2:00:33.04 | 09:16 | 0:59:24 |
| 112 | 40 | Maria Praça | | V40+ F | 10 | 2:02:15.76 | 09:24 | 1:01:07 |
| 113 | 74 | Ana Ramião | | V40+ F | 11 | 2:02:15.93 | 09:24 | 1:01:07 |
| 114 | 116 | Rosinda Campos | | V40+ F | 12 | 2:02:16.89 | 09:24 | 1:01:08 |

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| 115 | 12 Antónia Tomaz | Equipa A | V40+ F | 13 | 2:03:19.82 | 09:29 | 1:02:11 |
| 116 | 94 Paula Veiga | | V40+ F | 14 | 2:12:32.80 | 10:12 | 1:11:24 |
| 117 | 87 LUZIA GOMES | | V40+ F | 15 | 2:12:35.19 | 10:12 | 1:11:26 |
| 118 | 109 Vanesa García | | SF | 22 | 2:13:08.07 | 10:14 | 1:11:59 |
| 119 | 71 Sónia Carvalho | | V40+ F | 16 | 2:23:59.72 | 11:05 | 1:22:51 |
| 120 | 91 Bia | | SF | 23 | 2:35:11.45 | 11:56 | 1:34:02 |
| 121 | 98 Beta Guia | | SF | 24 | 2:35:12.86 | 11:56 | 1:34:04 |
| 122 | 96 Halyna | | V40+ F | 17 | 2:35:15.96 | 11:57 | 1:34:07 |
| 123 | 90 Mineiro | | SM | 47 | 2:35:28.42 | 11:58 | 1:34:19 |
| 124 | 77 Lúcia | | SF | 25 | 2:40:27.60 | 12:21 | 1:39:19 |
| 125 | 55 Nanda Ribeiro | | SF | 26 | 2:40:29.54 | 12:21 | 1:39:21 |
| 126 | 72 Sofia Veiga | | SF | 27 | 2:40:29.64 | 12:21 | 1:39:21 |
| 127 | 56 Ju Marques | | SF | 28 | 2:40:29.91 | 12:21 | 1:39:21 |
| 128 | 76 Sónia Araújo | | SF | 29 | 2:41:42.92 | 12:26 | 1:40:34 |