



# Corrida da Liberdade 2019



## Classificação Geral

## 10 Km

Pos.	Dor.	Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	20	Carlos Ferreira,	clube	V	1	<b>34:45.51</b>	03:29	
2	56	João Manuel Paradela Teixeira,	Hoquei Clube Flaviense	V	2	<b>35:32.03</b>	03:33	0:00:46
3	6	António Campos,	CTM Vila Pouca de Aguiar	V	3	<b>36:01.27</b>	03:36	0:01:15
4	108	Rodrigo Lopes,	rcauto	S	1	<b>36:24.42</b>	03:38	0:01:38
5	24	Clarisse Cruz,	Equipa - Grecas de Vagos	VF	1	<b>37:37.68</b>	03:46	0:02:52
6	72	Manuel Pimenta Dias,	Individual	V	4	<b>37:42.95</b>	03:46	0:02:57
7	43	Gabriel Zarrete Vilela,	Individual	S	2	<b>37:53.27</b>	03:47	0:03:07
8	115	Susana,	ADC Sao joao da serra	VF	2	<b>38:08.62</b>	03:49	0:03:23
9	91	Norberto Loureiro,	Individual	V	5	<b>38:29.73</b>	03:51	0:03:44
10	45	Gonçalo Morais,	chaves running team	V	6	<b>38:34.36</b>	03:51	0:03:48
11	30	Diogo Machado,	CHAVES RUNNING TEAM	S	3	<b>38:35.00</b>	03:52	0:03:49
12	68	Ludgero Moreira,	Individual	V	7	<b>38:55.94</b>	03:54	0:04:10
13	9	António Magalhães,	Individual	V	8	<b>39:28.53</b>	03:57	0:04:43
14	128	Eurico Ferreira,		V	9	<b>39:45.20</b>	03:59	0:04:59
15	102	Pedro Moreiras,	individual	V	10	<b>39:54.66</b>	03:59	0:05:09
16	47	Guilhermino Meireles,	CTM Vila Pouca de Aguiar	V	11	<b>39:56.74</b>	04:00	0:05:11
17	104	Pedro Roxo,		V	12	<b>40:19.90</b>	04:02	0:05:34
18	93	Nuno Monteiro,	Chaves Running Team	S	4	<b>40:23.27</b>	04:02	0:05:37
19	35	Fábio Joel Teixeira Ferreira,		S	5	<b>40:23.88</b>	04:02	0:05:38
20	123	Norberto da Costa,	CHAVES RUNNING TEAM	V	13	<b>40:55.30</b>	04:06	0:06:09
21	7	António Carvalho,	individual	V	14	<b>40:56.96</b>	04:06	0:06:11
22	10	Artur Dias,	Clube - CRT	V	15	<b>40:59.69</b>	04:06	0:06:14
23	122	Diogo Alves,		S	6	<b>41:13.30</b>	04:07	0:06:27
24	15	Bruno Sousa,	Individual	S	7	<b>41:40.12</b>	04:10	0:06:54
25	129	Rui Valente,		V	16	<b>41:41.09</b>	04:10	0:06:55
26	52	Ivo,	individual	S	8	<b>42:03.26</b>	04:12	0:07:17
27	127	Diogo Magalhães,		S	9	<b>42:04.84</b>	04:12	0:07:19
28	94	Nuno Perdigão,	Individual	V	17	<b>42:14.24</b>	04:13	0:07:28
29	8	António Esteves de Abreu,	Individual	V	18	<b>42:24.37</b>	04:14	0:07:38
30	124	Eduardo Paiva,		S	10	<b>42:25.35</b>	04:15	0:07:39
31	60	José Carreira,	CHAVES RUNNING TEAM	S	11	<b>42:25.37</b>	04:15	0:07:39
32	120	Luis Carlos Augusto Jesus,	Hoquei Clube Flaviense	J	1	<b>42:25.47</b>	04:15	0:07:39
33	105	Pedro Sá,	CTM Vila Pouca de Aguiar	V	19	<b>42:47.99</b>	04:17	0:08:02
34	27	Cristiano Fererira,		S	12	<b>42:50.71</b>	04:17	0:08:05
35	19	Carlos Afonso Borges,	ChavesRunningTeam	V	20	<b>42:51.26</b>	04:17	0:08:05
36	5	Ângelo Costa,	CTM Vila Pouca de Aguiar	S	13	<b>43:37.74</b>	04:22	0:08:52
37	90	Nelson Rodrigues Cruz,	Individual	V	21	<b>44:07.92</b>	04:25	0:09:22
38	121	Rui Pedro,		V	22	<b>44:17.83</b>	04:26	0:09:32
39	89	Nelson Aguiar,	Sociedade Filarmónica Lealdade União R V		23	<b>44:27.39</b>	04:27	0:09:41
40	51	Hugo Morais,	Chaves Running Team	V	24	<b>44:28.25</b>	04:27	0:09:42
41	42	Firmino Morais,	Ginásio Clube de Bragança	V	25	<b>44:31.89</b>	04:27	0:09:46
42	25	Claudia,	Clube Nossa senhora da Conceição Vila F SF		1	<b>44:35.29</b>	04:28	0:09:49
43	107	Rafaela Bento,	CTM Vila Pouca de Aguiar	SF	2	<b>45:06.55</b>	04:31	0:10:21
44	38	Fernanda Tavares,	CHAVES RUNNING TEAM	SF	3	<b>45:17.80</b>	04:32	0:10:32
45	57	João oliveira,	Chaves Running Taem	V	26	<b>45:19.74</b>	04:32	0:10:34
46	23	Céu Costa,	Chaves Running Team	VF	3	<b>45:26.91</b>	04:33	0:10:41
47	97	Paulo Ferreira,	Flavigranitos Radical Team	V	27	<b>46:13.20</b>	04:37	0:11:27
48	118	Yolanda Ferreira,	Hoquei Clube Flaviense	VF	4	<b>46:13.51</b>	04:37	0:11:28
49	85	Miguel Batista Brás,	Individual	J	2	<b>47:56.62</b>	04:48	0:13:11
50	63	Jose Luis Rodrigues de Magal	Individual	V	28	<b>48:01.40</b>	04:48	0:13:15
51	125	José Bento,	CHAVES RUNNING TEAM	V	29	<b>48:27.28</b>	04:51	0:13:41
52	130	Paulo Oliveira,		S	14	<b>49:14.87</b>	04:55	0:14:29
53	106	Pedro Teixeira,	Individual	V	30	<b>49:24.97</b>	04:56	0:14:39
54	59	Jose Antonio lopes pereira,	Individual	V	31	<b>49:30.05</b>	04:57	0:14:44
55	67	Lúcia Lemos,	CTM Vila Pouca de Aguiar	VF	5	<b>49:31.20</b>	04:57	0:14:45



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56	112	Sérgio Vilela,	CTM Vila Pouca de Aguiar	V	32	<b>49:33.16</b>	04:57	0:14:47
57	21	Carlos Pires,	ChavesRunningTeam	V	33	<b>49:48.29</b>	04:59	0:15:02
58	41	Filipe Rodrigues,	Individual	V	34	<b>50:53.95</b>	05:05	0:16:08
59	34	Euclides Martinho Pires,	Individual	V	35	<b>52:26.01</b>	05:15	0:17:40
60	17	Candido Morais,	Chaves Running Team	V	36	<b>52:42.32</b>	05:16	0:17:56
61	78	Marilene Faria,	Chaves Running Team	VF	6	<b>52:44.55</b>	05:16	0:17:59
62	87	Miguel Valpaços,	Team OCR Flavius Challenge	S	15	<b>54:55.39</b>	05:30	0:20:09
63	50	Hugo Fonseca,	Individual	J	3	<b>54:59.26</b>	05:30	0:20:13
64	119	Solange rosa Rodrigues,		VF	7	<b>55:13.92</b>	05:31	0:20:28
65	36	Fátima Afonso,	chaves running team	VF	8	<b>55:15.77</b>	05:32	0:20:30
66	1	Alexandre Sousa,		V	37	<b>55:15.93</b>	05:32	0:20:30
67	58	Joel Soares,	Individual	S	16	<b>57:14.71</b>	05:43	0:22:29
68	96	Paulino José Batista,	Individual	V	38	<b>57:28.41</b>	05:45	0:22:42
69	44	Gonçalo Manuel Lage Dias A	individual	V	39	<b>1:01:10.61</b>	06:07	0:26:25
70	13	Bruno Manuel Costa Nscimento,		V	40	<b>1:01:15.35</b>	06:08	0:26:29
71	55	João Augusto Dias Alves,		S	17	<b>1:02:49.41</b>	06:17	0:28:03
72	48	Helena Teixeira,	Individual	JF	1	<b>1:04:19.10</b>	06:26	0:29:33
73	64	Lili Lopes,		VF	9	<b>1:04:19.40</b>	06:26	0:29:33
74	131	Gonçalo Alves,		S	18	<b>1:04:20.09</b>	06:26	0:29:34
75	11	Bertaço,		V	41	<b>1:04:20.30</b>	06:26	0:29:34
76	101	Pedro Ferreira,		S	19	<b>1:04:20.39</b>	06:26	0:29:34