

Trail do Mira



Classificação Geral e Escalão

Mini-Trail

12/5/2019

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Diferença
1	1001	Francisco Guerreiro	NDC Odemira	M	M	1	00:51:03	00:00:00
2	1148	Pedro Poeira	NDC Odemira	M	M	2	00:52:10	00:01:07
3	1186	Licínio Matos	NDC Odemira	M	M	3	00:55:36	00:04:33
4	1187	Ângelo Dias	NDC demira	M	M	4	01:02:16	00:11:13
5	1144	Vasco Miguel Malveiro Rodrigues	Juventude atlético clube	M	M	5	01:02:29	00:11:26
6	11	Ana Margarida Lourenço	NDC Odemira	F	F	1	01:03:20	00:12:17
7	1162	Paulo Patrício	NDC Odemira	M	M	6	01:03:20	00:12:17
8	1129	Antonio Moita	Tálenos Team	M	M	7	01:05:02	00:13:59
9	1008	Jesus Monraia	AD IALBAX	F	F	2	01:05:02	00:13:59
10	1020	Richard jorge afonso dos santos	Box sw	M	M	8	01:06:36	00:15:33
11	1164	Paulo Oliveira	NDC Odemira	M	M	9	01:07:20	00:16:17
12	1118	Sussana Soares	Sines Crosstraining	F	F	3	01:07:33	00:16:30
13	1025	Solange Carina de Campos Guerreiro	NDC Odemira	F	F	4	01:08:11	00:17:08
14	1019	Ricardo Monraia	AD IALBAX	M	M	10	01:09:05	00:18:02
15	1105	André Louzeiro	SinesCrosstraining	M	M	11	01:10:16	00:19:13
16	1203	Nelson Martins	Individual	M	M	12	01:10:18	00:19:15
17	1012	José Francisco Almeida Russo	AD IALBAX	M	M	13	01:10:36	00:19:33
18	1049	Luís Miguel Mendes Rasteiro	Tálenos Team	M	M	14	01:10:57	00:19:54
19	1022	Bruno Frija	JAC	M	M	15	01:11:09	00:20:06
20	2019	José Alface	JAC	M	M	16	01:14:09	00:23:06
21	1029	Letícia Maria Nobre Esperança	Individual	F	F	5	01:16:46	00:25:43
22	1088	Ruben Manuel Guerreiro Pereira	Individual	M	M	17	01:17:12	00:26:09
23	1192	Enano Torres	Individual	M	M	18	01:17:39	00:26:36
24	1153	Vitor Jorge Marcelino Dias	NDC Odemira	M	M	19	01:17:48	00:26:45
25	1052	Dora Cristina de Jesus Reis	Tálenos Team	F	F	6	01:17:58	00:26:55
26	1160	Edmundo Pereira de Jesus	Amiciclo	M	M	20	01:18:04	00:27:01
27	1132	Paulo Miguel de Matos Rebelo	Individual	M	M	21	01:18:19	00:27:16
28	1125	Flávio Oliveira	Trail do Mira	M	M	22	01:19:43	00:28:40

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Diferenca
29	1069	Manuel Augusto da Silva Ferreira	Individual	M	M	23	01:20:03	00:29:00
30	1066	Nelson Ricardo dos Santos Barradinhas	Amiciclo Grândola	M	M	24	01:21:29	00:30:26
31	1007	João Carlos Caixeirinho Fragoso	B.V. Milfontes	M	M	25	01:22:38	00:31:35
32	1113	Tiago Baltazar Lopes Paulo	SinesCrosstraining	M	M	26	01:22:42	00:31:39
33	1149	Paulo Jorge Rovisco Freitas dos Reis Costa	Individual	M	M	27	01:24:06	00:33:03
34	1043	Paulo Pires	Talentos Team	M	M	28	01:24:07	00:33:04
35	1206	Miguel Dias	Individual	M	M	29	01:24:17	00:33:14
36	1205	Catia Fonseca	Individual	F	F	7	01:24:17	00:33:14
37	2110	José Carvalho	AD IALBAX	M	M	30	01:25:04	00:34:01
38	1096	Francisco José Sousa Rebelo	EDP Runners Sines	M	M	31	01:25:28	00:34:25
39	1165	Sandra Costa	Trail do Mira	F	F	8	01:25:42	00:34:39
40	1065	Paula Cristina Marcelino Matias	Amiciclo Grândola	F	F	9	01:26:56	00:35:53
41	1139	Antonio Jose Carrilho Fe	AD IALBAX	M	M	32	01:27:17	00:36:14
42	2067	Carla Leonor S. Ferreira Atilhó	Santana F C Trail Team	F	F	10	01:29:28	00:38:25
43	1136	António José Rodrigues dos Santos	Individual	M	M	33	01:29:34	00:38:31
44	1068	Sérgio Manuel Viana da Conceição	Individual	M	M	34	01:30:36	00:39:33
45	1189	José Augusto Cruz	Clube BTT odemira	M	M	35	01:31:04	00:40:01
46	1071	Pedro Antonio Mendes Rasteiro	Talentos Team	M	M	36	01:31:09	00:40:06
47	1157	Marília Alexandra Filipe Miguel	Amiciclo Grândola	F	F	11	01:32:08	00:41:05
48	1201	João Santos	Amiciclo Grândola	M	M	37	01:32:10	00:41:07
49	1150	João Da Maia	Amiciclo Grândola	M	M	38	01:32:10	00:41:07
50	1064	Lúcia Gonçalves	Amiciclo Grândola	F	F	12	01:32:19	00:41:16
51	1097	Maria João Almeida Pereira Emídio	Talentos Team	F	F	13	01:32:31	00:41:28
52	1017	Telmo Alexandre Amaro Marcarrão	Sines Crosstraining	M	M	39	01:33:25	00:42:22
53	1004	Luís Carlos Teixeira Ribeiro	Individual	M	M	40	01:34:19	00:43:16
54	1072	Pedro Miguel Poeira Serralha	NDC Odemira	M	M	41	01:34:20	00:43:17
55	1188	Teresa fernandes	NDC Odemira	F	F	14	01:35:30	00:44:27
56	1056	Carla Costa	Talentos Team	F	F	15	01:35:30	00:44:27
57	1190	Rita de Jesus Mestre	Individual	F	F	16	01:35:31	00:44:28
58	1053	Paulo Nunes	Talentos Team	M	M	42	01:36:44	00:45:41
59	1159	Carlos Manuel Nunes Galheto	Amiciclo Grândola	M	M	43	01:37:47	00:46:44
60	1145	Ana Seterio	Individual	F	F	17	01:37:50	00:46:47
61	1082	Rui Alves	Talentos Team	M	M	44	01:37:52	00:46:49
62	1044	Cremilde Raposo	Talntos Team	F	F	18	01:37:56	00:46:53

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Diferenca
63	1042	José Raposo	Támentos Team	M	M	45	01:37:57	00:46:54
64	1185	Patrícia Alexandra de Jesus viana	Trail do Mira	F	F	19	01:38:23	00:47:20
65	2070	Gi Ribeiro	Santana F. C.Trail	F	F	20	01:38:51	00:47:48
66	1184	Carla viana	Trail do Mira	F	F	21	01:38:52	00:47:49
67	1091	Natália Reis Antunes Bernardino	Individual	F	F	22	01:39:02	00:47:59
68	1067	Ana Maria de Oliveira Aleixo	Individual	F	F	23	01:39:03	00:48:00
69	1092	Jean-Claude Bazilio	Individual	M	M	46	01:39:03	00:48:00
70	1134	Paula Cristina Fonseca Ferreira	Asas de Almada	F	F	24	01:39:20	00:48:17
71	1030	Valter Rodrigues	Individual	M	M	47	01:39:41	00:48:38
72	1089	Suse Paula Ramos Ventura Guerreiro	Individual	F	F	25	01:39:41	00:48:38
73	1107	Fernando Manuel Inácio Pereira	Sines Cross Training	M	M	48	01:40:49	00:49:46
74	1080	Cremilde Seabra Peixe	Támentos Team	F	F	26	01:41:19	00:50:16
75	1108	Raquel alexandra candeias Bras da Cruz Luz	Sines Crosstraining	F	F	27	01:41:38	00:50:35
76	1024	Cláudia Saragoça	Támentos Team	F	F	28	01:41:49	00:50:46
77	1120	.	Sines Crosstraining	M	M	49	01:41:49	00:50:46
78	1093	Patricia Silva	Individual	F	F	29	01:42:01	00:50:58
79	1009	Sara Filipa de Jesus Raposo Rosa	Individual	F	F	30	01:42:07	00:51:04
80	1172	José Joaquim MENOITA Marques	Individual	M	M	50	01:43:02	00:51:59
81	1119	Marta Filipa Raposo Prata	SinesCrosstraining	F	F	31	01:43:04	00:52:01
82	1084	Julio Cesar Martins	Támentos Team	M	M	51	01:45:08	00:54:05
83	1103	Teresa Maria Machado pratas	Lebres de domingo	F	F	32	01:46:32	00:55:29
84	1002	Ricardo Filipe Gomes Gonçalves	Individual	M	M	52	01:47:30	00:56:27
85	1111	Mónica Veríssimo Venturinha	SinesCrosstraining	F	F	33	01:47:41	00:56:38
86	1123	vanessa de Jesus campos marques	Sines Crosstraining	F	F	34	01:47:45	00:56:42
87	1124	Micaela Manuel	Individual	F	F	35	01:49:04	00:58:01
88	1016	Carmen Rato	AD IALBAX	F	F	36	01:49:12	00:58:09
89	1035	Luís Brazona	Individual	M	M	53	01:49:16	00:58:13
90	1014	Luís Cordeiro	AD IALBAX	M	M	54	01:49:17	00:58:14
91	1015	Céu Cordeiro	AD IALBAX	F	F	37	01:49:18	00:58:15
92	1031	Susana Maria Soares Pereira Farinhas	Támentos Team	F	F	38	01:49:32	00:58:29
93	1146	Filipa Matias	DAP Trail Team	F	F	39	01:50:16	00:59:13
94	1028	Lurdes Henriques	Run and Smile	F	F	40	01:50:54	00:59:51
95	1011	Lina Comprido Renga	AD IALBAX	F	F	41	01:51:30	01:00:27
96	1021	Juliana Nobre de Campos Marreiros Cardoso	Box sw	F	F	42	01:51:56	01:00:53

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Diferenca
97	2113	Hugo Gaudencio	NDC Odemira	M	M	55	01:52:50	01:01:47
98	2078	Ana Manuela António Corriente Rosa	Individual	F	F	43	01:52:50	01:01:47
99	1073	Antonio Jacinto Baguinho Rasteiro	Tálenos Team	M	M	56	01:53:07	01:02:04
100	1090	Carlos Filipe Bernardino da Silva	Individual	M	M	57	01:53:34	01:02:31
101	1128	João Rafael Teodózio Amaro Martins Lopes	Individual	M	M	58	01:53:37	01:02:34
102	1138	Lucia Maria Cacheiro Barbas Fe	AD IALBAX	F	F	44	01:54:04	01:03:01
103	1058	Carla Maria Loureiro Sobreda	Ao Ritmo das 200ppm	F	F	45	01:55:29	01:04:26
104	1115	Cristina Filipe	Ao Ritmo das 200ppm	F	F	46	01:55:30	01:04:27
105	1098	Mário Manuel Beirão Emídio	Tálenos Team	M	M	59	01:55:55	01:04:52
106	1101	Cândida Pacheco	Santana FC trail team	F	F	47	01:56:00	01:04:57
107	1063	Daniela Teresa Cavaco Boleta	Amiciclo Grândola	F	F	48	01:56:02	01:04:59
108	1155	Marília Silva	Individual	F	F	49	01:58:48	01:07:45
109	1131	Sofia Catarina Chaparro Rosendo	Individual	F	F	50	01:58:53	01:07:50
110	1109	Alfredo Notário	Ao Ritmo das 200ppm	M	M	60	01:59:10	01:08:07
111	1112	Ana Lúcia Notário	Ao Ritmo das 200ppm	F	F	51	01:59:25	01:08:22
112	1114	Ana Rolo	Tálenos Team	F	F	52	02:00:26	01:09:23
113	2056	Célia Maria da Silva Sobral	Tálenos Team	F	F	53	02:00:30	01:09:27
114	1074	Maria José Candeias Carriço Fernandes	Tálenos Tean	F	F	54	02:00:36	01:09:33
115	1054	Isabel Nunes	Tálenos Team	F	F	55	02:00:43	01:09:40
116	2037	Bruno Tavares	Tálenos Team	M	M	61	02:01:01	01:09:58
117	1038	João Carlos Martins valente vitória	Tálenos Team	M	M	62	02:02:34	01:11:31
118	1046	Dina Sofia Guerreiro da Silva	Individual	F	F	56	02:07:32	01:16:29
119	1169	Alcinda Inacio	Individual	F	F	57	02:07:33	01:16:30
120	1087	Filipe Miguel Correia da silva Nobre	Individual	M	M	63	02:07:34	01:16:31
121	1158	Ana Rita Viana	Individual	F	F	58	02:08:05	01:17:02
122	1151	Lénia Isabel José de Oliveira	Individual	F	F	59	02:08:06	01:17:03
123	1133	Garry Mercer	Individual	M	M	64	02:12:00	01:20:57
124	1135	Aurora Oiveira	Tálenos Team	F	F	60	02:12:23	01:21:20
125	1204	Marta A	Individual	F	F	61	02:12:24	01:21:21
126	1041	Açucena Besson	Talentos Team	F	F	62	02:12:58	01:21:55
127	1037	Helena Maria da Costa facundo vitória	Tálenos Team	F	F	63	02:13:00	01:21:57
128	1023	Claudia Marisa Silva Pinto Araujo	Individual	F	F	64	02:13:27	01:22:24
129	1085	Rita do Carmo Fortunata balbino Freitas costa	Individual	F	F	65	02:14:09	01:23:06
130	1141	Maria Rosário Vilhena	Os Kotas	F	F	66	02:15:17	01:24:14

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131	1140	Maria Fatima P. Chainho	Os Kotas	F	F	67	02:15:18	01:24:15
132	1154	Margarida Polícia Gonçalves	Individual	F	F	68	02:20:38	01:29:35
133	1194	Susana Silva	Individual	F	F	69	02:20:42	01:29:39
134	1116	Florabela Sousa	Ao Ritmo das 200ppm	F	F	70	02:22:00	01:30:57
135	1121	Ana Rosa caliça	Alverca Urban Runners	F	F	71	02:22:01	01:30:58
136	1086	Sara Sofia Pires Barata	Alverca Urban Runners	F	F	72	02:22:08	01:31:05
137	1034	Joana Santos	Individual	F	F	73	02:26:44	01:35:41
138	1102	Ricardo Martins	Saúde de Elite	M	M	65	02:29:03	01:38:00
139	1178	Ana Maria Henriques Soares	Saúde de Elite	F	F	74	02:29:05	01:38:02
140	1040	Filipa Santos	Saúde de Elite	F	F	75	02:30:30	01:39:27
141	1180	Sara Filipa Martinho Oliveira	Saúde de Elite	F	F	76	02:30:46	01:39:43
142	1076	Beatriz Silva	Tá lentos Team	F	F	77	02:33:30	01:42:27
143	1078	Fernanda Vieira	Tá lentos Team	F	F	78	02:33:34	01:42:31
144	1170	Flávia Alegria	Tá lentos Team	F	F	79	02:37:22	01:46:19
145	1075	Helena Dores	Tá lentos Team	F	F	80	02:37:56	01:46:53
146	1179	Susana Matos	Saúde de Elite	F	F	81	02:45:39	01:54:36
147	1050	Fernando jose de Jesus Nascimento	Tá lentos Team	M	M	66	02:48:27	01:57:24