



VI TRAIL ERDAL



Classificação Geral

Mini Trail

12 Km

Pos.	Dor.	Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	320	Marco Santos,	Adosa - Os Santa Apolónia	SenM-M	1	1:09:22.07	05:47	
2	388	Bruno Silva,	SC ESPINHO - ATLETISMO / ANTÓNIO LE	SenM-M	2	1:09:22.26	05:47	0:00:00
3	101	Luciano Pereira,	THE SHIELD	SenM-M	3	1:13:00.82	06:05	0:03:39
4	356	Sérgio Sampaio,	FisioPedro Trail	M40-M	1	1:13:12.53	06:06	0:03:51
5	115	João Ribeiro,	Manu's Therapy Trail Running	M40-M	2	1:16:53.15	06:24	0:07:31
6	389	Pedro Magalhães,	SC ESPINHO - ATLETISMO / ANTÓNIO LE	SenM-M	4	1:16:53.24	06:24	0:07:31
7	403	José Félix,	BTT POLVOREIRA	M40-M	3	1:17:23.15	06:27	0:08:01
8	424	Renato Ribeiro,		M40-M	4	1:17:41.09	06:28	0:08:19
9	135	José Carneiro,	Fisioponte	M50-M	1	1:18:34.78	06:33	0:09:13
10	443	Miguel Lima,		SenM-M	5	1:19:09.10	06:36	0:09:47
11	229	Helder Pereira,	Travassós Running Fafe	M40-M	5	1:19:30.41	06:38	0:10:08
12	355	João Pedro Silva,	FisioPedro Trail	SenM-M	6	1:20:52.48	06:44	0:11:30
13	133	Carlos Palma,	Fisioponte	SenM-M	7	1:21:10.37	06:46	0:11:48
14	553	Hugo Sampaio,	HABCARPINTARIA	M40-M	6	1:21:12.00	06:46	0:11:50
15	465	Filipe Castro,	LF2 - Guiberço	M40-M	7	1:22:00.20	06:50	0:12:38
16	491	Madalena Silva,	Amigos da corrida	F40-M	1	1:22:00.62	06:50	0:12:39
17	457	Diogo Ferreira,		SenM-M	8	1:22:05.07	06:50	0:12:43
18	550	Diogo peixoto,		SenM-M	9	1:22:41.02	06:53	0:13:19
19	230	Cardoso Lino,	NBA Barrosas	M50-M	2	1:22:50.40	06:54	0:13:28
20	217	António Azevedo ,		M40-M	8	1:23:23.93	06:57	0:14:02
21	363	Abilio Marques,	Escola de Atletismo da Trofa	M50-M	3	1:23:35.39	06:58	0:14:13
22	284	Nuno Sousa,	Kitty team	M40-M	9	1:24:00.18	07:00	0:14:38
23	357	Nuno Gomes,	FisioPedro Trail	SenM-M	10	1:24:01.10	07:00	0:14:39
24	181	Marco André Fernandes Silva,		SenM-M	11	1:24:54.05	07:05	0:15:32
25	315	Nelson Abreu,		SenM-M	12	1:25:09.15	07:06	0:15:47
26	422	Pedro Abreu,		SenM-M	13	1:25:38.17	07:08	0:16:16
27	121	Claudio Lopes,	Lustosa	SenM-M	14	1:27:07.37	07:16	0:17:45
28	283	Sergio Sousa,	Kitty team	M40-M	10	1:27:10.62	07:16	0:17:49
29	130	José Faustino Pereira Novais,		M40-M	11	1:27:10.83	07:16	0:17:49
30	267	Nelson Guimarães,		SenM-M	15	1:27:11.14	07:16	0:17:49
31	387	César Sousa,	SC ESPINHO - ATLETISMO / ANTÓNIO LE	M40-M	12	1:28:04.47	07:20	0:18:42
32	458	Tiago Silva,		SenM-M	16	1:28:06.97	07:21	0:18:45
33	488	Diogo Lopes,		SenM-M	17	1:28:53.09	07:24	0:19:31
34	185	Paulo Sá,		SenM-M	18	1:29:08.94	07:26	0:19:47
35	1010	Tania Costa,	.COM-Clube Ori Minho	F40-M	2	1:29:23.00	07:27	0:20:01
36	365	Carlos Ribeiro,	Trail4Fun	M40-M	13	1:29:23.21	07:27	0:20:01
37	341	Rogério Silva,	Vimarruners	M40-M	14	1:29:38.06	07:28	0:20:16
38	410	Célia Neto,	paços runners	SenF-M	1	1:29:44.18	07:29	0:20:22
39	344	Carlos Silva,	CrossFit FunMove	SenM-M	19	1:29:45.00	07:29	0:20:23
40	141	Rui Lopes,		SenM-M	20	1:29:50.61	07:29	0:20:29
41	300	Bruno Marques,	Hab carpintaria	SenM-M	21	1:29:55.82	07:30	0:20:34
42	142	Jorge Cunha,		SenM-M	22	1:30:10.27	07:31	0:20:48
43	336	Nuno Guerra Guerra,		SenM-M	23	1:31:00.49	07:35	0:21:38
44	175	Agostinho Novais,		M40-M	15	1:31:17.56	07:36	0:21:56
45	352	Rosa Pereira,	Academia desportiva dos arcos de valdevez	SenF-M	2	1:31:18.64	07:37	0:21:57
46	243	JOSE LUIS SOUSA,	CLUBE ATLETISMO DE BRITO	M50-M	4	1:31:20.63	07:37	0:21:59
47	198	Rui Lage,		SenM-M	24	1:31:22.57	07:37	0:22:01
48	407	Pedro Coelho,	Vila do Conde	SenM-M	25	1:31:30.47	07:38	0:22:08
49	359	Daniel Neto,	FisioPedro Trail	SenM-M	26	1:31:40.45	07:38	0:22:18
50	165	Ricardo Ceia,	BoraLáCorrer	M40-M	16	1:31:55.00	07:40	0:22:33
51	406	Rui Lopes Lopes,	CrossFit FunMove	SenM-M	27	1:31:58.56	07:40	0:22:37
52	346	Bruno Correia,	CrossFit FunMove	SenM-M	28	1:31:59.66	07:40	0:22:38
53	564	Eva Carneiro,	paços runners	F40-M	3	1:32:31.17	07:43	0:23:09
54	271	José Oliveira,		M50-M	5	1:32:42.56	07:44	0:23:21
55	345	Bruno Marinho,	CrossFit FunMove	SenM-M	29	1:32:44.41	07:44	0:23:22



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56	216 Rui Almeida,		M40-M	17	1:32:45.81	07:44	0:23:24
57	160 Cristiano Fernandes,		M40-M	18	1:32:48.00	07:44	0:23:26
58	340 Marco Pinheiro,	Vimarruners	SenM-M	30	1:32:51.05	07:44	0:23:29
59	239 João Correia,	SEM MEDO	M40-M	19	1:33:11.53	07:46	0:23:50
60	400 Juliana Ferreira,		SenF-M	3	1:33:15.00	07:46	0:23:53
61	484 Hugo Leite,	TORWORKFOR INFINITY	SenM-M	31	1:34:20.24	07:52	0:24:58
62	211 Olga Mota,		SenF-M	4	1:34:32.26	07:53	0:25:10
63	435 Francisco Silva,	Paredes Aventura	M50-M	6	1:34:35.34	07:53	0:25:13
64	307 paulo pedrosa,		SenM-M	32	1:34:37.00	07:53	0:25:15
65	354 José Pacheco,		M50-M	7	1:34:40.07	07:53	0:25:18
66	552 Marcia Silva,		SenF-M	5	1:35:18.84	07:57	0:25:57
67	460 João Machado,	Squadra Di Potenza	SenM-M	33	1:35:30.61	07:58	0:26:09
68	371 João Salgado,		SenM-M	34	1:36:15.89	08:01	0:26:54
69	362 Leonel Veloso Vieira,	Escola Santos Simões	M50-M	8	1:36:41.02	08:03	0:27:19
70	285 Bruno Ribeiro,	Kitty team	SenM-M	35	1:37:23.35	08:07	0:28:01
71	399 Marta Freitas,	ASAFIT	SenF-M	6	1:37:24.96	08:07	0:28:03
72	224 Alcino silva,	BoraLáCorrer	M40-M	20	1:37:27.00	08:07	0:28:05
73	259 Alberto Carvalho,		M40-M	21	1:37:41.74	08:08	0:28:20
74	107 Maria José Ribeiro Lima,	ASES de Santa Eufêmea	F40-M	4	1:37:46.90	08:09	0:28:25
75	324 Ricardo Antunes,		SenM-M	36	1:37:52.50	08:09	0:28:31
76	561 Agostinho Freitas,		SenM-M	37	1:38:07.02	08:11	0:28:45
77	383 Marco Ferreira,		SenM-M	38	1:38:19.00	08:12	0:28:57
78	370 Andreia Vale,		SenF-M	7	1:39:41.38	08:18	0:30:19
79	405 Camilo Couto,	Magic Friends Runners	M40-M	22	1:39:42.61	08:19	0:30:21
80	248 Avelino Pereira,	Bota&Siga	M50-M	9	1:39:50.66	08:19	0:30:29
81	193 João Maia,	MAGNUNSSSENS	SenM-M	39	1:40:36.64	08:23	0:31:15
82	351 José Santos,		M40-M	23	1:40:37.94	08:23	0:31:16
83	222 Natália Pinto,	Manu's Therapy Trail Running	SenF-M	8	1:41:15.39	08:26	0:31:53
84	180 Luis Machado,		SenM-M	40	1:41:33.53	08:28	0:32:12
85	382 Luís Silva,	Vaicomcalma	M40-M	24	1:41:34.41	08:28	0:32:12
86	425 Alice Lopes,		F40-M	5	1:41:39.28	08:28	0:32:17
87	474 Fernando Mendes,		M40-M	25	1:41:48.27	08:29	0:32:26
88	145 Andreia Faria,		SenF-M	9	1:42:21.12	08:32	0:32:59
89	263 Paula Carvalho,	Associação Moinho de Vermoim (AMVE)	F40-M	6	1:42:21.48	08:32	0:32:59
90	249 Filipe Vieira,		SenM-M	41	1:42:23.00	08:32	0:33:01
91	471 Antonio Manuel Martins Vaz Vaz,		M50-M	10	1:42:26.03	08:32	0:33:04
92	273 Jorge Gonçalves,		M40-M	26	1:42:28.76	08:32	0:33:07
93	234 Priscila Nantua,	GUIMARUNNING	SenF-M	10	1:42:46.08	08:34	0:33:24
94	116 Manuela Pinto,	Manu's Therapy Trail Running	SenF-M	11	1:42:46.93	08:34	0:33:25
95	342 António Freitas,	BTT POLVOREIRA	M40-M	27	1:42:57.12	08:35	0:33:35
96	194 Emanuel Correia,	MAGNUNSSSENS	SenM-M	42	1:43:16.00	08:36	0:33:54
97	1321 João Carlos Da Silva Gomes,		M40-M	28	1:43:24.94	08:37	0:34:03
98	555 Paulo Santos,		M40-M	29	1:43:38.54	08:38	0:34:17
99	183 Diogo Figueiredo,		SenM-M	43	1:43:38.72	08:38	0:34:17
100	223 victor castro,		M50-M	11	1:44:04.13	08:40	0:34:42
101	326 Carla Gonçalves,		F40-M	7	1:44:10.21	08:41	0:34:48
102	327 Francisco Gonçalves,		M40-M	30	1:44:10.48	08:41	0:34:48
103	215 JOSÉ CRUZ,	COMANDOS - DELEGAÇÃO DE GUIMARÃES	M40-M	31	1:45:15.54	08:46	0:35:54
104	156 Manuel Magalhães,	#focoteam24	M40-M	32	1:45:17.23	08:46	0:35:55
105	421 José Lopes,		M40-M	33	1:45:32.04	08:48	0:36:10
106	419 Jorge Vasconcelos,	Equipa A	M40-M	34	1:45:33.44	08:48	0:36:11
107	297 Marta Dias,	Melgaço alvarinho trail	SenF-M	12	1:45:49.24	08:49	0:36:27
108	209 José Freitas,	Tika Massala	M40-M	35	1:46:10.06	08:51	0:36:48
109	220 Rui Silva,		SenM-M	44	1:46:26.70	08:52	0:37:05
110	200 Paulo Silva,	Amigos de Guimarães	SenM-M	45	1:46:29.84	08:52	0:37:08
111	312 Helder Ribeiro,		SenM-M	46	1:46:37.97	08:53	0:37:16
112	241 CRISTIANA RIBEIRO,	CLUBE ATLETISMO DE BRITO	F40-M	8	1:46:39.68	08:53	0:37:18
113	314 Jose Alberto Sampaio,		M40-M	36	1:46:40.96	08:53	0:37:19



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114	207 Rafael Ramirez,		SenM-M	47	1:46:43.97	08:54	0:37:22
115	192 Paulo Santos,	MAGNUNSSSENS	SenM-M	48	1:46:45.00	08:54	0:37:23
116	427 JOAQUIM RIBEIRO,	CLUBE ATLETISMO DE BRITO	M50-M	12	1:47:25.90	08:57	0:38:04
117	293 Hugo Pereira,		M40-M	37	1:47:29.78	08:57	0:38:08
118	444 Simão Cruz,	Team Cruz	SenM-M	49	1:48:08.22	09:01	0:38:46
119	100 sandra Marques,		F40-M	9	1:48:18.60	09:02	0:38:57
120	446 Pedro Araújo,	Team Cruz	SenM-M	50	1:48:22.00	09:02	0:39:00
121	436 Manuel Fernandes,	Paredes Aventura	M50-M	13	1:48:25.35	09:02	0:39:03
122	256 Carlos Silva,	ArcoRun	M50-M	14	1:48:32.67	09:03	0:39:11
123	361 Marciano Alves,		SenM-M	51	1:49:04.52	09:05	0:39:43
124	125 Pedro Ribeiro,		SenM-M	52	1:49:34.32	09:08	0:40:12
125	102 Vitor Gonçalves,		SenM-M	53	1:49:37.12	09:08	0:40:15
126	104 Nuno Vieira,		SenM-M	54	1:49:37.92	09:08	0:40:16
127	212 Miguel Silva,		SenM-M	55	1:49:52.84	09:09	0:40:31
128	213 Flavio Miguel,		SenM-M	56	1:49:52.99	09:09	0:40:31
129	461 Jorge Ferreira,	TORWORKFOR INFINITY	M40-M	38	1:49:54.26	09:10	0:40:32
130	270 José Pedro Pereira,		SenM-M	57	1:50:14.22	09:11	0:40:52
131	358 Miguel Gonçalves,	FisioPedro Trail	SenM-M	58	1:50:30.00	09:13	0:41:08
132	414 Andreia Machado,	Lordelo-Guimaraes	SenF-M	13	1:50:42.73	09:14	0:41:21
133	556 José Miguel Silva,		SenM-M	59	1:50:43.47	09:14	0:41:21
134	308 vera ferreira,		SenF-M	14	1:50:58.68	09:15	0:41:37
135	449 Daniel Ribeiro,		SenM-M	60	1:51:01.59	09:15	0:41:40
136	332 Ricardo Ramos,		M40-M	39	1:51:04.75	09:15	0:41:43
137	487 pedro henriques,	Jagunços	SenM-M	61	1:51:06.01	09:16	0:41:44
138	319 Filipe Faria,		M40-M	40	1:51:07.48	09:16	0:41:45
139	114 Sylvie Ribeiro,	Manu's Therapy Trail Running	SenF-M	15	1:51:10.08	09:16	0:41:48
140	301 Francisco Freitas,	Os Malotas	SenM-M	62	1:51:11.11	09:16	0:41:49
141	302 Nuno Salgado,	Os Malotas	SenM-M	63	1:51:11.48	09:16	0:41:49
142	251 João Soares,	Dumiense Xallenge Runners	M50-M	15	1:51:11.54	09:16	0:41:50
143	252 Rosário Lemos,	Dumiense Xallenge Runners	F50-M	1	1:51:13.14	09:16	0:41:51
144	559 Adriana Queirós,	Go Rookie	SenF-M	16	1:51:13.51	09:16	0:41:52
145	210 David Soares,		M40-M	41	1:51:15.00	09:16	0:41:53
146	437 José Augusto Barroso,		M40-M	42	1:51:18.36	09:17	0:41:56
147	1048 José Rodrigues,		M50-M	16	1:51:39.01	09:18	0:42:17
148	1047 Alzira Pereira,		F50-M	2	1:51:50.93	09:19	0:42:29
149	450 Duarte Moura,		SenM-M	64	1:51:54.34	09:20	0:42:32
150	214 Vitor Fernandes,		SenM-M	65	1:51:56.87	09:20	0:42:35
151	122 Tiago Ferreira,		SenM-M	66	1:51:58.00	09:20	0:42:36
152	313 Patrícia Mendes,		SenF-M	17	1:52:01.05	09:20	0:42:39
153	431 Ana Alves,	Vila nova de Gaia	F40-M	10	1:52:01.44	09:20	0:42:39
154	557 Rui Romão Cunha,		SenM-M	67	1:52:01.76	09:20	0:42:40
155	430 Vitor Oliveira,	Vila nova de Gaia	M50-M	17	1:52:03.17	09:20	0:42:41
156	373 Celeste Carvalho,		F40-M	11	1:52:28.52	09:22	0:43:07
157	372 Sidónio Pereira,		M40-M	43	1:52:28.53	09:22	0:43:07
158	149 Ângela Hora,		SenF-M	18	1:52:58.29	09:25	0:43:36
159	148 Carlos Gonçalves,		SenM-M	68	1:52:59.00	09:25	0:43:37
160	235 Celina Correia,	SEM MEDO	F40-M	12	1:53:34.77	09:28	0:44:13
161	292 Herculano Fernandes,		M40-M	44	1:53:40.14	09:28	0:44:18
162	151 Joel Teixeira,	Os Lobos Do Saibro	SenM-M	69	1:53:53.83	09:29	0:44:32
163	281 Ana Silva,	Kitty team	SenF-M	19	1:53:56.15	09:30	0:44:34
164	279 Bruno Leite,		SenM-M	70	1:53:58.09	09:30	0:44:36
165	225 Teresa Rodrigues,	PT LUIS BESSA	F40-M	13	1:54:06.23	09:31	0:44:44
166	226 Ernesto Gonçalves,	PT LUIS BESSA	M40-M	45	1:54:11.39	09:31	0:44:49
167	408 Nuno Oliveira,	CB RUN	SenM-M	71	1:54:34.92	09:33	0:45:13
168	304 João Silva,	Os Malotas	SenM-M	72	1:56:33.88	09:43	0:47:12
169	448 Helder Pinho,		SenM-M	73	1:56:38.09	09:43	0:47:16
170	337 Andreia Martins,	Só Trilhos	SenF-M	20	1:56:54.38	09:45	0:47:32
171	124 Bruno Roda,		SenM-M	74	1:57:24.25	09:47	0:48:02



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172	404	Alberto Lopes,	BTT POLVOREIRA	SenM-M	75	1:57:26.31	09:47	0:48:04
173	464	Francisco Freitas,	No Pain No Gain	SenM-M	76	1:57:32.76	09:48	0:48:11
174	272	Elsa Gonçalves,		F40-M	14	1:57:32.85	09:48	0:48:11
175	374	Jaime Gonçalves,	CR CANDOSO	M50-M	18	1:57:33.55	09:48	0:48:12
176	228	Paulo Fernandes,	CR CANDOSO	M40-M	46	1:57:33.95	09:48	0:48:12
177	274	Marília Barroso,		F50-M	3	1:57:34.14	09:48	0:48:12
178	330	Daniela Martins,		SenF-M	21	1:57:39.85	09:48	0:48:18
179	478	José Carlos Fonseca,	TORWORKFOR INFINITY	M40-M	47	1:57:52.78	09:49	0:48:31
180	1083	Filomena Costa,	Dumiense Xallenge Runners	F40-M	15	1:57:55.00	09:50	0:48:33
181	429	Isabel Domingues,	Lebres Minhotas	F40-M	16	1:58:02.64	09:50	0:48:41
182	202	Alessandra Moscato,	Correr Leça	SenF-M	22	1:58:23.11	09:52	0:49:01
183	432	Paulo Carvalho,		SenM-M	77	1:58:30.00	09:53	0:49:08
184	398	Carlos Piairol,		M40-M	48	1:58:35.84	09:53	0:49:14
185	219	Sandra Costa,	PT LUIS BESSA	F40-M	17	1:58:37.00	09:53	0:49:15
186	333	Danilo Conceição,		M40-M	49	1:58:42.00	09:54	0:49:20
187	299	Pedro Fonseca,		M40-M	50	1:59:27.10	09:57	0:50:05
188	413	Ana Magalhaes,	Vizela	SenF-M	23	1:59:31.99	09:58	0:50:10
189	411	Sandra Machado,	É pra meninos	SenF-M	24	1:59:32.72	09:58	0:50:11
190	442	Diogo Costa,	Team Cruz	SenM-M	78	1:59:42.35	09:59	0:50:20
191	1094	Nuno Marques,	Os Turbomula	M40-M	51	2:00:13.48	10:01	0:50:51
192	182	Alcídio Figueiredo,		M50-M	19	2:00:15.01	10:01	0:50:53
193	128	Fernanda Macedo,	onlineteam	F50-M	4	2:00:18.54	10:02	0:50:57
194	1095	Dulce Ribeiro,	Os Turbomula	F40-M	18	2:00:19.55	10:02	0:50:58
195	394	Carlos Castro,	CastroTeam	M40-M	52	2:00:20.44	10:02	0:50:58
196	479	Pedro Pereira,		SenM-M	79	2:00:29.74	10:02	0:51:08
197	208	Angela Pinto,		F40-M	19	2:00:31.57	10:03	0:51:10
198	240	JOSEFINA TINOCO,	CLUBE ATLETISMO DE BRITO	F50-M	5	2:00:39.33	10:03	0:51:17
199	412	Teresa Cunha,		SenF-M	25	2:00:41.06	10:03	0:51:19
200	376	Natália Neves,		F40-M	20	2:00:54.84	10:05	0:51:33
201	323	Antonio Rocha,	ASAFIT	SenM-M	80	2:00:57.89	10:05	0:51:36
202	426	Ricardo Silva,	ASAFIT	M40-M	53	2:00:57.92	10:05	0:51:36
203	154	Maria Vasconcelos,		F40-M	21	2:01:31.41	10:08	0:52:09
204	155	Lúcia Lopes,		SenF-M	26	2:01:32.24	10:08	0:52:10
205	367	Fábio Almeida,		SenM-M	81	2:01:33.98	10:08	0:52:12
206	1198	Sónia Cabaça,	RioFit	SenF-M	27	2:01:55.07	10:10	0:52:33
207	184	Miguel Sampaio,	No Pain No Gain	SenM-M	82	2:01:56.00	10:10	0:52:34
208	445	Joana Mendes,	Team Cruz	SenF-M	28	2:01:56.33	10:10	0:52:34
209	447	Diana Marques,	Team Cruz	SenF-M	29	2:01:56.39	10:10	0:52:34
210	246	FERNANDO OLIVEIRA,	CLUBE ATLETISMO DE BRITO	SenM-M	83	2:02:57.44	10:15	0:53:35
211	247	TÂNIA TINOCO,	CLUBE ATLETISMO DE BRITO	SenF-M	30	2:02:57.85	10:15	0:53:36
212	275	Ana Oliveira,	Travassós Running Fafe	SenF-M	31	2:03:17.73	10:16	0:53:56
213	276	Ana Freitas,	Travassós Running Fafe	SenF-M	32	2:03:18.63	10:17	0:53:57
214	309	Joao Meireles,		SenM-M	84	2:03:42.14	10:19	0:54:20
215	257	José Peixoto,	GUIMARUNNING	M40-M	54	2:04:00.71	10:20	0:54:39
216	221	Silvia Dias,	Vimarruners	SenF-M	33	2:04:11.42	10:21	0:54:49
217	250	Júlia Batista,		F50-M	6	2:04:19.31	10:22	0:54:57
218	348	Fátima Freitas,	Travassós Running Fafe	F40-M	22	2:04:20.15	10:22	0:54:58
219	353	Ricardo Fernandes,	ADTTR-Travassós Running Fafe	SenM-M	85	2:04:25.00	10:22	0:55:03
220	168	Hélder Faria,	CR CANDOSO	SenM-M	86	2:04:35.73	10:23	0:55:14
221	129	Bárbara Feio,		SenF-M	34	2:04:46.18	10:24	0:55:24
222	110	Sandra Paiva,	Paiva	SenF-M	35	2:04:47.57	10:24	0:55:26
223	467	Susana Baptista,	LF2 - Guiberço	SenF-M	36	2:05:05.49	10:25	0:55:43
224	321	Vânia Teixeira,	Manu's Therapy Trail Running	SenF-M	37	2:05:38.95	10:28	0:56:17
225	123	Helena Costa,	RioFit	F40-M	23	2:05:43.64	10:29	0:56:22
226	375	Hugo Guimaraes,		SenM-M	87	2:06:05.59	10:30	0:56:44
227	150	Jorge Rodrigues,		M40-M	55	2:06:16.00	10:31	0:56:54
228	379	Armindo Machado,	Gráfica Covense	M40-M	56	2:06:16.15	10:31	0:56:54
229	278	Vanessa Mendes,	ProFisio eupago Team	SenF-M	38	2:06:24.00	10:32	0:57:02



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230	112 Jorge Oliveira,	Azeitonas	M40-M	57	2:06:26.06	10:32	0:57:04
231	113 Sandra Oliveira,	Azeitonas	SenF-M	39	2:06:26.26	10:32	0:57:04
232	409 Eduardo Gonçalves,	FU JIPU TASKAI BEMOSMAXOS	SenM-M	88	2:06:59.78	10:35	0:57:38
233	170 David Branco,	Os Brigantinos	M40-M	58	2:07:15.45	10:36	0:57:53
234	171 Pedro Gomes,	Os Brigantinos	SenM-M	89	2:07:15.45	10:36	0:57:53
235	476 Liliana Barbosa,		SenF-M	40	2:07:18.01	10:37	0:57:56
236	303 Rui Fernandes,	Os Malotas	SenM-M	90	2:07:39.94	10:38	0:58:18
237	306 Jorge Ribeiro,	Os Malotas	SenM-M	91	2:07:39.94	10:38	0:58:18
238	111 Ricardo Magalhães,	GDNFAMALICAO	M40-M	59	2:07:49.71	10:39	0:58:28
239	126 Paula Morais,	éjáli...clube de amigos trailrunners	F40-M	24	2:08:13.13	10:41	0:58:51
240	161 Luis Moniz,		SenM-M	92	2:08:28.07	10:42	0:59:06
241	162 Isabel Santos,		SenF-M	41	2:08:28.65	10:42	0:59:07
242	269 Estefânia Miranda,		F40-M	25	2:08:37.01	10:43	0:59:15
243	466 João Bernardino,	LF2 - Guiberço	M50-M	20	2:09:15.86	10:46	0:59:54
244	396 Joaquim Ribeiro,		M50-M	21	2:09:26.05	10:47	1:00:04
245	475 Eva Carneiro,		F40-M	26	2:09:27.87	10:47	1:00:06
246	159 Marta Oliveira,	Amigos da Borga	F40-M	27	2:09:35.39	10:48	1:00:13
247	485 Anabela Henriques,	Manu's Therapy Trail Running	F50-M	7	2:09:45.41	10:49	1:00:23
248	331 Alea Ferreira,	Vimarruners	SenF-M	42	2:09:58.63	10:50	1:00:37
249	106 Miguel Martins,		SenM-M	93	2:11:21.56	10:57	1:02:00
250	322 Liliana Silva,	ASAFIT	F40-M	28	2:11:24.01	10:57	1:02:02
251	418 Célia Faria,	ASAFIT	F40-M	29	2:11:24.76	10:57	1:02:03
252	152 Barbara Vasconcelos,		SenF-M	43	2:12:35.47	11:03	1:03:13
253	153 Luís Melo,		SenM-M	94	2:12:36.57	11:03	1:03:15
254	137 Natalia Pereira,		F40-M	30	2:13:13.18	11:06	1:03:51
255	366 Ana Oliveira,	ORALKLASS-AMIGOS DO TRAIL	F50-M	8	2:13:33.76	11:08	1:04:12
256	105 Marisa Alexandra Da Cunha Ribeiro,		SenF-M	44	2:13:35.67	11:08	1:04:14
257	289 Idalina Ferreira,		F40-M	31	2:13:37.15	11:08	1:04:15
258	451 Manuel Lopes,		SenM-M	95	2:13:38.70	11:08	1:04:17
259	266 Norberta Grilo,		F40-M	32	2:13:39.23	11:08	1:04:17
260	139 florbel martins,	Amigos das Sapatilhas	F40-M	33	2:13:50.38	11:09	1:04:28
261	138 Alexandre Rodrigues,	Amigos das Sapatilhas	M40-M	60	2:14:17.51	11:11	1:04:56
262	188 José Silva,	G. D. Vale do Ave	SenM-M	96	2:14:21.00	11:12	1:04:59
263	381 João Domingos Fernandes,		M50-M	22	2:14:42.56	11:14	1:05:21
264	415 Maria Ribeiro,		F40-M	34	2:15:03.72	11:15	1:05:42
265	416 Vitor Jose leite ferreira,		M40-M	61	2:15:03.86	11:15	1:05:42
266	463 sandra Peixoto,	TORWORKFOR INFINITY	F40-M	35	2:16:08.43	11:21	1:06:46
267	268 Teixeira Ricardo,	BTT POLVOREIRA	M40-M	62	2:16:20.06	11:22	1:06:58
268	334 Ana Rita Costa,		SenF-M	45	2:16:33.99	11:23	1:07:12
269	335 Jorge Mesquita,		SenM-M	97	2:16:34.61	11:23	1:07:13
270	469 Diogo Novais,	TORWORKFOR INFINITY	SenM-M	98	2:16:57.18	11:25	1:07:35
271	490 Susana Santos,	Topfit24	SenF-M	46	2:16:58.30	11:25	1:07:36
272	489 Rodrigo Silva,	Topfit24	M40-M	63	2:16:58.93	11:25	1:07:37
273	462 Miguel Silva,		SenM-M	99	2:17:23.73	11:27	1:08:02
274	480 Rui Moreira,	TORWORKFOR INFINITY	M40-M	64	2:18:13.45	11:31	1:08:51
275	454 Aires Cunha,	TWF	M40-M	65	2:18:14.21	11:31	1:08:52
276	441 Maria Costa,	Team Cruz	SenF-M	47	2:18:15.00	11:31	1:08:53
277	227 Ana Paula Almeida Amaro das N	Escola Santos Simões	F50-M	9	2:19:51.59	11:39	1:10:30
278	253 Helena Matos,	Escola Santos Simões	F40-M	36	2:19:51.60	11:39	1:10:30
279	1049 Luís Costa,		SenM-M	100	2:20:03.36	11:40	1:10:41
280	1046 Bárbara Rodrigues,		SenF-M	48	2:20:04.41	11:40	1:10:42
281	369 Susana Fernandes,	Paredes Aventura	SenF-M	49	2:20:35.11	11:43	1:11:13
282	294 Jacqueline Pereira,		F40-M	37	2:21:19.91	11:47	1:11:58
283	470 João Veloso Costa,	TORWORKFOR INFINITY	SenM-M	101	2:21:22.01	11:47	1:12:00
284	232 Henrique Pereira,		M40-M	66	2:21:50.30	11:49	1:12:28
285	117 Orquidea Maria Sousa Ferreira,		F50-M	10	2:22:28.90	11:52	1:13:07
286	288 Luis Gomes,	Devesa Runner's	SenM-M	102	2:22:31.00	11:53	1:13:09
287	286 Ricardo Gomes,	Devesa Runner's	SenM-M	103	2:22:41.97	11:53	1:13:20



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288	329	Filipe Gomes,	Devesa Runner's	SenM-M	104	2:22:42.46	11:54	1:13:20
289	287	Tiago Silva,	Devesa Runner's	SenM-M	105	2:22:43.02	11:54	1:13:21
290	203	Rui Jorge Almeida,		M40-M	67	2:23:24.24	11:57	1:14:02
291	132	Patrícia Graça,	Novais Family	SenF-M	50	2:24:06.78	12:01	1:14:45
292	131	Rui Novais,	Novais Family	SenM-M	106	2:24:07.67	12:01	1:14:46
293	338	David costa,	Manu's therapy	M40-M	68	2:24:10.79	12:01	1:14:49
294	350	Jorge Ribeiro,		SenM-M	107	2:24:12.88	12:01	1:14:51
295	349	Helena Leite,		F40-M	38	2:24:13.34	12:01	1:14:51
296	434	Catarina Sousa,	Vitória Sport Clube	SenF-M	51	2:24:38.00	12:03	1:15:16
297	433	João Magalhães,	Vitória Sport Clube	SenM-M	108	2:24:38.49	12:03	1:15:16
298	205	Nuno Sousa,	Vitória Sport Clube	SenM-M	109	2:24:39.56	12:03	1:15:18
299	204	Ana Paula Lopes,	Vitória Sport Clube	SenF-M	52	2:24:39.71	12:03	1:15:18
300	295	Silvia Bonjardim,	Bola Rebola	SenF-M	53	2:24:41.50	12:03	1:15:20
301	459	Pedro Pinto,		SenM-M	110	2:24:57.87	12:05	1:15:36
302	558	Vânia Jorge,	Go Rookie	F40-M	39	2:25:04.57	12:05	1:15:43
303	206	Bruno Sousa,	Fit Gaia Trail	SenM-M	111	2:27:30.79	12:18	1:18:09
304	186	Hugo Tavares,	Fit Gaia Trail	SenM-M	112	2:27:31.63	12:18	1:18:10
305	265	JOSÉ COSTA,	A.C. VERMOIM	M50-M	23	2:27:36.09	12:18	1:18:14
306	264	ASSUNÇÃO RIBEIRO,	A.C. VERMOIM	F50-M	11	2:27:36.69	12:18	1:18:15
307	439	Barbara cruz,	Team Cruz	SenF-M	54	2:28:18.49	12:22	1:18:56
308	360	Manuel Silva,	Projeto 56K	M40-M	69	2:28:47.06	12:24	1:19:25
309	452	Sara Duarte,	RioFit	SenF-M	55	2:28:52.35	12:24	1:19:30
310	473	Cristina Lopes,		F40-M	40	2:28:52.41	12:24	1:19:30
311	296	Juliana Oliveira,	Bola Rebola	SenF-M	56	2:28:54.85	12:25	1:19:33
312	179	Andréa Fernandes,		SenF-M	57	2:28:58.72	12:25	1:19:37
313	169	Roberto Magalhaes,		SenM-M	113	2:29:01.62	12:25	1:19:40
314	245	ROSARIO CARDOSO,	CLUBE ATLETISMO DE BRITO	F40-M	41	2:29:28.46	12:27	1:20:06
315	242	CARLOS GUIMARAES,	CLUBE ATLETISMO DE BRITO	M50-M	24	2:29:29.41	12:27	1:20:07
316	244	EMILIA SOUSA,	CLUBE ATLETISMO DE BRITO	F40-M	42	2:29:29.45	12:27	1:20:07
317	140	Pedro Ferreira,		M40-M	70	2:29:54.41	12:30	1:20:32
318	173	Madalena Fernandes,		SenF-M	58	2:29:55.19	12:30	1:20:33
319	119	Madalena Costa,	Fânzeres	SenF-M	59	2:29:58.92	12:30	1:20:37
320	339	Sandra João,	Manu's therapy	F40-M	43	2:30:00.28	12:30	1:20:38
321	163	Mónica Gomes,	Fânzeres	M40-M	71	2:30:00.79	12:30	1:20:39
322	298	Andreia Brandão,	Bola Rebola	SenF-M	60	2:30:39.74	12:33	1:21:18
323	176	Cristina Lima,		SenF-M	61	2:30:43.00	12:34	1:21:21
324	397	Tania Castro,	Bota&Siga	SenF-M	62	2:30:54.43	12:35	1:21:32
325	191	vera pereira,		SenF-M	63	2:31:12.74	12:36	1:21:51
326	174	Ana Manuela Soares Teixeira Silva,		F40-M	44	2:31:14.19	12:36	1:21:52
327	343	Cristina Meira,	Adosa - Os Santa Apolónia	SenF-M	64	2:31:15.28	12:36	1:21:53
328	231	Fátima Dias,		F40-M	45	2:31:24.92	12:37	1:22:03
329	477	Emanuela Fernandes,	TORWORKFOR INFINITY	SenF-M	65	2:31:33.21	12:38	1:22:11
330	560	Lara Ornelas,		F40-M	46	2:31:33.34	12:38	1:22:11
331	472	Ana Guerra,		F40-M	47	2:32:22.15	12:42	1:23:00
332	291	Daniel Oliveira,	ARC vale.cosme	SenM-M	114	2:32:25.00	12:42	1:23:03
333	440	Juliana cruz,	Team Cruz	SenF-M	66	2:33:21.39	12:47	1:23:59
334	189	Arménio Teixeira,	Colheita de 73'	M40-M	72	2:35:34.84	12:58	1:26:13
335	190	José Manuel Lourenço,	Colheita de 73'	M40-M	73	2:35:35.44	12:58	1:26:13
336	481	Tiago Pereira,	TORWORKFOR INFINITY	SenM-M	115	2:36:11.78	13:01	1:26:50
337	378	Andreia Pelicano,	Befitness	SenF-M	67	2:39:44.00	13:19	1:30:22
338	377	Vitor Mendes,	Befitness	SenM-M	116	2:39:45.00	13:19	1:30:23
339	261	Isaura Sousa,	Bota&Siga	SenF-M	68	2:40:08.50	13:21	1:30:47
340	158	Filipe Almeida,	Amigos da Borga	SenM-M	117	2:41:36.96	13:28	1:32:15
341	237	Celso Soares,		M40-M	74	2:42:13.61	13:31	1:32:52
342	258	Teresa Ribeiro,		F40-M	48	2:42:14.43	13:31	1:32:52
343	236	Cláudia Araújo,		F40-M	49	2:42:18.41	13:32	1:32:56
344	420	Tina Lopes,		SenF-M	69	2:42:21.67	13:32	1:33:00
345	282	Joaquim Sousa,	Kitty team	M50-M	25	2:42:29.16	13:32	1:33:07



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346	1185	Romeu Gomes,	GUIMARUNNING	M40-M	75	2:42:35.00	13:33	1:33:13
347	401	Nelson Pacheco,		SenM-M	118	2:43:33.33	13:38	1:34:11
348	402	Ana Marques,		SenF-M	70	2:43:35.22	13:38	1:34:13
349	392	Rita Teixeira,	CastroTeam	SenF-M	71	2:44:01.81	13:40	1:34:40
350	428	Ana Sofia Fernandes,	CastroTeam	F40-M	50	2:44:02.17	13:40	1:34:40
351	395	Vera Novais,	CastroTeam	SenF-M	72	2:44:02.89	13:40	1:34:41
352	391	Lúcia Castro,	CastroTeam	F40-M	51	2:44:02.90	13:40	1:34:41
353	393	Catarina Castro,	CastroTeam	SenF-M	73	2:44:03.87	13:40	1:34:42
354	390	Su Castro,	CastroTeam	F40-M	52	2:44:03.88	13:40	1:34:42
355	551	Manuela Pinheiro,		F40-M	53	2:44:14.00	13:41	1:34:52
356	456	Anabela Mota,		SenF-M	74	2:45:02.30	13:45	1:35:40
357	455	Marlene Pedrosa,		SenF-M	75	2:45:03.52	13:45	1:35:42
358	453	Andreia Flor Silva Neves,		SenF-M	76	2:45:04.38	13:45	1:35:42
359	347	Dores Alves,	Travassós Running Fafe	F40-M	54	2:45:36.41	13:48	1:36:14
360	316	Nuno Oliveira,		M40-M	76	2:45:51.84	13:49	1:36:30
361	317	Anokas Patrício,		F50-M	12	2:45:52.70	13:49	1:36:31
362	318	Maria João Moreira,		F40-M	55	2:45:53.07	13:49	1:36:31
363	483	Domingos Almeida,	TORWORKFOR INFINITY	M40-M	77	2:46:37.57	13:53	1:37:16
364	482	Albano Fernandes,		M40-M	78	2:46:41.50	13:53	1:37:20
365	562	Sara Brandão,		SenF-M	77	3:06:04.86	15:30	1:56:43
366	554	Miguela Monteiro,		SenF-M	78	3:12:15.00	16:01	2:02:53
367	187	Bruno Anjos,	Fit Gaia Trail	SenM-M	119	3:25:14.03	17:06	2:15:52